

**Ergebnis Einlauf >> AOK Halbmarathon - 21.0975km (Einzelwertung) <<**

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1.	1.		Goineau, Volker	SG TSV Kronshagen/Kieler TB	1. MHK	2587	01:09:55	01:09:55
2.	2.		Rolfe, Kevin		1. M40	3687	01:13:48	01:13:49
3.	3.		Wittmershaus, Horst	SC Weyhe	2. M40	2555	01:15:53	01:15:54
4.	4.		Pundt, Christian	LG Bremen-Nord	3. M40	4265	01:17:00	01:17:00
5.	5.		Naue, Torsten	LG Bremen-Nord	1. M45	2397	01:17:23	01:17:23
6.	6.		Brinkmann, Thorsten	Tri Speed Marienfeld	1. M35	2726	01:17:52	01:17:53
7.	7.		Papenfuß, Ulf	LG Wedel/Pinneberg	1. M30	2419	01:18:14	01:18:15
8.		1.	Hilschenz, Marina	LG Wedel/Pinneberg	1. WHK	2418	01:18:17	01:18:19
9.	8.		Meyer, Detlef	VSK-Triathlon	2. M35	4187	01:20:01	01:20:02
10.	9.		Ronkel, Marco	pingpank.de	3. M35	2523	01:20:31	01:20:33
11.	10.		Hufnagel, Michael		4. M35	3320	01:20:46	01:20:46
12.		2.	Hofmann, Fanka	LG Telis Finanz Regensburg	1. W30	4057	01:20:46	01:20:47
13.	11.		Mügge, Hans-Christian		4. M40	4316	01:21:21	01:21:24
14.	12.		Schröder, Björn	Triabolas Triathlon Hamburg e.V.	2. MHK	2728	01:21:45	01:21:46
15.	13.		Kortas, Tobias	LC Hansa Stuhr	3. MHK	2383	01:21:48	01:21:49
16.	14.		Meyer, Jens	LT Bittermark Dortmund	5. M35	2439	01:21:46	01:21:55
17.	15.		Tapken, Christoph	OT Bremen	2. M30	4153	01:22:01	01:22:01
18.	16.		Willner, Michael	SG Road Runners / Buntentor Bremen	2. M45	2584	01:22:09	01:22:09
19.	17.		Beisert, Michael	FC Hagen/ Uthlede	5. M40	2228	01:22:19	01:22:21
20.	18.		Grund, Andreas		6. M35	3231	01:23:02	01:23:03
21.	19.		Hanneken, Dirk	Schwarz-Weiß Oldenburg	4. MHK	2572	01:23:14	01:23:15
22.	20.		Schmidt, Walter	TuS Bersenbrück	1. M50	2811	01:23:15	01:23:16
23.	21.		Muth, Oliver	DJK Westen zu Berlin	6. M40	2192	01:23:26	01:23:28
24.	22.		Luhmann, Till	Team Laufrausch e.V.	3. M45	2715	01:23:29	01:23:30
25.	23.		Kolbe, Andreas	DJK Sparta Langenhagen	7. M40	2190	01:23:45	01:23:47
26.	24.		Grabsch, Peter	TuS Varrel	2. M50	4210	01:24:25	01:24:29
27.	25.		Andréani, Luc	LA	7. M35	4195	01:24:43	01:24:44
28.	26.		Willers, Jens	Team ERDINGER Alkoholfrei	5. MHK	2705	01:25:01	01:25:20
29.	27.		Böning, Birger	SV-Brake Lauffeuer	6. MHK	4082	01:25:18	01:25:20
30.	28.		Vanderschot, Sven	TSR Olympia Wilhelmshaven	8. M35	2746	01:25:30	01:25:32
31.	29.		Schmidt, Dennis	TV Scheeßel	7. MHK	2867	01:25:38	01:25:38
32.	30.		Roepke, Marcus		8. M40	3683	01:25:38	01:25:44
33.	31.		Dickebohm, Ralf		3. M30	3088	01:25:55	01:25:55
34.	32.		Griese, Marcus	-	4. M30	4064	01:25:54	01:25:57
35.	33.		Klindworth, Jürgen	Team ERDINGER Alkoholfrei	3. M50	4152	01:26:01	01:26:04
36.	34.		Seja, Christian		8. MHK	3798	01:26:04	01:26:07
37.	35.		Bannies, Holger	LT TV Schwanewede	4. M45	2451	01:26:08	01:26:10
38.	36.		Braun, Florian	AZUL Running Team	9. M35	2072	01:26:18	01:26:20
39.	37.		Röthemeyer, Marvin		9. MHK	3696	01:26:27	01:26:31
40.	38.		Brinkmann, Michael	bremer radkurier	5. M45	2121	01:26:38	01:26:38
41.	39.		Schumacher, Jörg		5. M30	3782	01:25:49	01:26:42
42.	40.		Fuhrmann, Reinhold	TSV Victoria Linden	4. M50	2797	01:26:37	01:26:45
43.	41.		Marg, Oskar	-	6. M30	4125	01:27:07	01:27:07
44.	42.		Keyssner, Joerg	MTV Soltau	5. M50	2482	01:27:13	01:27:13
45.	43.		Hauschild, Wolfgang	LGKV	6. M45	2422	01:27:20	01:27:22
46.	44.		Röthemeyer, Vincent		1. MJA	3698	01:27:29	01:27:29
47.	45.		Sander, Kai-Harry	MTV Soltau	7. M45	2483	01:27:34	01:27:36
48.	46.		Weinrich, Oliver	OT Bremen	2. MJA	4241	01:28:05	01:28:05
49.	47.		Richard, Rembert	VfL Lönigen	8. M45	2884	01:28:19	01:28:19
50.	48.		Rolf-Pissarczyk, Malte	VSK Osterholz Triathlon	10. MHK	2898	01:28:24	01:28:24
51.	49.		Bonesky, Thomas	Triathlon Club Bremen	11. MHK	2729	01:28:21	01:28:25
52.	50.		Rudolf, Bernhard		12. MHK	4095	01:28:49	01:28:49
53.	51.		Blau, Oliver	keiner	7. M30	2308	01:29:00	01:29:01
54.	52.		Piotrowski, Carsten	LG Wilhelmshaven	8. M30	2420	01:28:58	01:29:03
55.	53.		Kampmeyer, Malte	SV Werder Bremen	10. M35	2664	01:29:09	01:29:09
56.	54.		Schmidt, Timo		9. M30	3757	01:29:12	01:29:12
57.	55.		Kremming, Martin	Sonntagsrundan	9. M40	2603	01:29:07	01:29:13
58.	56.		Terkivatan, Ahmed	Sport Lounge Munte	11. M35	2618	01:29:16	01:29:16
59.	57.		Braatz, Hartmut	TSV Schönberg	6. M50	2791	01:29:19	01:29:22
60.	58.		Schulz, Detlef	btv von 1877 Bremen	7. M50	2152	01:29:21	01:29:22
61.	59.		Pfannenschmidt, Ralf	BSG SPARKASSE BREMEN	8. M50	2140	01:29:20	01:29:27
62.	60.		Erich, Olaf	TSV Gnarrenburg	12. M35	2770	01:29:26	01:29:41
63.	61.		Glaser, Anatol		13. MHK	3198	01:29:35	01:29:41
64.	62.		Schumacher, Stefan	TuS Sudweyhe	10. M40	2829	01:29:34	01:29:43
65.	63.		Herbig, Sven	Marathon Club Walsrode 007	13. M35	4253	01:29:53	01:29:54
66.	64.		Buck, Lars		14. M35	3051	01:27:31	01:29:57
67.	65.		Trojahn, Thorsten	Schutzengel für Mukoviszidose	15. M35	2571	01:29:59	01:30:01
68.	66.		Collins, James		14. MHK	3066	01:29:38	01:30:01
69.	67.		Schmidt, Hans-Jürgen	Team Laufrausch e.V.	9. M50	2718	01:30:04	01:30:08
70.	68.		Gehrke, Ralf	TSV Schwarme	11. M40	2792	01:30:09	01:30:09
71.	69.		Fenske, Rolf	Road Runners Bremen	10. M50	3979	01:30:11	01:30:13
72.		3.	Weise-Jung, Rebecka	LG- Bremen Nord Lauffreff	1. W50	4167	01:30:09	01:30:13
73.	70.		Gribble, Martin		1. M55	3221	01:29:59	01:30:17
74.	71.		Niemöller, Edgar	TuS Ofen	12. M40	2824	01:30:37	01:30:38
75.	72.		Popp, Oleg		15. MHK	3627	01:30:26	01:30:56
76.	73.		Klöcker, Ingo		16. M35	3389	01:30:59	01:30:59
77.	74.		Flottemesch, Andreas	TuS Ofen	9. M45	2819	01:31:00	01:31:03
78.	75.		Savas, Spanudis	AEK	10. M30	4085	01:31:06	01:31:12
79.	76.		Schulz, Lars		17. M35	4303	01:29:46	01:31:13
80.		4.	Kaiser, Janine	VSK-Triathlon	2. W30	4235	01:31:16	01:31:16
81.	77.		Laverentz, Joachim	sc weyhe	11. M50	2553	01:30:51	01:31:17
82.	78.		Spöttel, Michael	LGKV Verden	12. M50	4239	01:30:14	01:31:17
83.	79.		Heidemann, Rico		13. M40	4205	01:31:28	01:31:30
84.	80.		Arndt, Philipp	Team Laufrausch e. V.	11. M30	4280	01:31:06	01:31:33
85.	81.		Bürgel, Günter	TSV Lemke	2. M55	2786	01:31:39	01:31:44

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
86.	82.		Koc, Benjamin	Weyhe meets Bremen	16. MHK	2906	01:31:51	01:31:59
87.	83.		Holste, Thomas	TV Jahn Walsrode	14. M40	2852	01:32:04	01:32:05
88.	84.		Wassermann, Bernd	TUS Komet Arsten	10. M45	2818	01:32:09	01:32:13
89.	85.		Bröker, Stefan	LT Bremen-Vahr	15. M40	4115	01:32:08	01:32:17
90.	86.		Kaare, Jan	AK Kilen	3. M55	2025	01:32:16	01:32:25
91.	87.		Hübner, Torsten	Tus-Holtenau	16. M40	4162	01:32:05	01:32:27
92.	88.		Bartzke, Jens	BSG Sparkasse Bremen	17. M40	2135	01:32:39	01:32:39
93.	89.		Ruten, Wolfgang	TSV Kirchlinteln	18. M40	2783	01:32:40	01:32:46
94.	90.		Cermak, Kai	VfL Sindelfingen	18. M35	2887	01:32:44	01:32:52
95.	91.		Schönfelder, Richard		17. MHK	4081	01:32:56	01:32:58
96.	92.		Wichern, Thomas	TSV Wehdel	11. M45	2799	01:32:47	01:32:58
97.	93.		Beszczynski, Ralf	LT Hochschule Bremen	13. M50	4027	01:33:03	01:33:03
98.	94.		Beszczynski, Simon	LT Hochschule Bremen	3. MJA	4028	01:32:28	01:33:04
99.	95.		Ehrhardt, Tobias	Werder Bremen	18. MHK	4038	01:32:45	01:33:18
100.	96.		Kammeier, Torsten	Atlas Elektronik	12. M45	2053	01:33:19	01:33:19
101.	97.		Reichwald, Karlheinz	sg-Findorff	4. M55	4124	01:33:33	01:33:33
102.		5.	Kusserow, Sandra	BSG-Polizei	1. W35	4181	01:33:32	01:33:34
103.	98.		Cornelius, Stephan		19. M35	4126	01:28:59	01:33:41
104.	99.		Düngefeld, Björn		20. M35	3114	01:33:39	01:33:42
105.		6.	Armstrong, Sarah		2. WHK	4178	01:33:45	01:33:50
106.	100.		Alt, Attila		19. M40	2937	01:33:39	01:33:50
107.	101.		Rolf, Christian	Laufakademie Bremen	13. M45	2312	01:33:53	01:33:53
108.	102.		Dietze, Olaf		14. M50	3093	01:32:52	01:33:57
109.		7.	von Einem, Gina-Franziska		3. WHK	3890	01:33:43	01:34:00
110.		8.	Zimmermann, Katrin	LG Bremen-Nord	3. W30	2400	01:33:56	01:34:03
111.	103.		Kögler, Michael	TV Scheeßel	20. M40	2865	01:33:37	01:34:05
112.	104.		Feder, Herbert		5. M55	4249	01:34:02	01:34:12
113.	105.		Wegener, Gunter	MPI Runners	12. M30	4294	01:33:54	01:34:15
114.	106.		Langenbuch, Olaf	OAS Runner	14. M45	4166	01:34:11	01:34:16
115.		9.	Otterbach, Rebekka		4. WHK	4318	01:33:17	01:34:17
116.	107.		große Holthaus, Marzellus	IWT	13. M30	4004	01:34:22	01:34:28
117.	108.		Meyer, Jens	TSV Kropp	15. M45	2781	01:34:25	01:34:32
118.	109.		Weniger, Tilman		16. M45	3916	01:34:15	01:34:34
119.	110.		Stelljes, Frank		14. M30	3822	01:34:06	01:34:34
120.		10.	Wolschendorf, Wiebke	Silvesterlauf Trier e.V.	1. W45	2595	01:34:26	01:34:42
121.	111.		Wittenbrock, Werner	Airbus SG Bremen	17. M45	2018	01:34:32	01:34:47
122.	112.		Pahl, Matthias		15. M30	3596	01:34:39	01:34:55
123.	113.		van Marwick, Klaus	OT Bremen	15. M50	2505	01:35:01	01:35:01
124.	114.		von Der Lieth, Stefan		19. MHK	3888	01:33:31	01:35:08
125.	115.		Kintzel, Marcus	LC Duisburg	21. M40	2374	01:34:55	01:35:11
126.	116.		Finck, Felix		20. MHK	3155	01:35:08	01:35:12
127.	117.		Gorniak, Thomas	-	16. M30	4311	01:35:11	01:35:15
128.	118.		Ceccarelli, Letizia Alessandra	CIRCOLO SPORTIVO...A AMATORI NUORO	18. M45	2164	01:35:05	01:35:18
129.	119.		Todde, Orlando	C	19. M45	2157	01:35:05	01:35:18
130.	120.		Kellermann, Matthias	-	21. MHK	4100	01:35:05	01:35:27
131.	121.		Wilden, Peter	SV Kirchboitzen	22. M40	2657	01:35:07	01:35:27
132.	122.		Krüger, Andy	VfL Stade	17. M30	2888	01:35:27	01:35:29
133.	123.		Mahn, Erhard	SC Weyhe	23. M40	4143	01:35:25	01:35:29
134.	124.		Drage, Sönke		22. MHK	3104	01:33:54	01:35:30
135.	125.		Uluer, Ertekin	al-Fitness	18. M30	2035	01:35:31	01:35:35
136.	126.		Schierloh, Ole	swb runner / Lc...Stuhr TriWölfe	21. M35	2675	01:35:31	01:35:36
137.	127.		Dierkes, Manfred	TriRun Ibbenbüren	20. M45	2734	01:35:20	01:35:37
138.	128.		Müller, Klaus	Laufftreff Cluvenhagen	16. M50	2346	01:34:57	01:35:38
139.	129.		Mühlenberg, Torsten	LG Pogo/Eule	22. M35	2414	01:35:33	01:35:39
140.	130.		Pogorzalski, Martin	LG Pogo/Eule	24. M40	2413	01:35:32	01:35:39
141.	131.		Vassil, Sven	Fishtown-Runners Bremerhaven	25. M40	2235	01:35:40	01:35:43
142.	132.		Scupin, Carsten	CSM Deutschland	23. M35	2181	01:35:30	01:35:53
143.		11.	Günthner, Antje	Team Laufrausch e.V.	2. W35	2713	01:35:28	01:35:56
144.	133.		Seinsche, Daniel		24. M35	3797	01:35:51	01:36:09
145.	134.		Faqir, Hicham		19. M30	4258	01:36:05	01:36:13
146.	135.		Böhnke, Michael	DLC Aachen	6. M55	2193	01:36:14	01:36:14
147.	136.		Magalowski, Fred	LG Kreis Verden	21. M45	2408	01:35:55	01:36:15
148.	137.		Kolhoff, Georg	Visbek Schraubbaren	22. M45	2897	01:35:15	01:36:15
149.		12.	Charlotte, Doeding		1. W55	4227	01:36:17	01:36:17
150.	138.		Platte, Boris		25. M35	3619	01:36:14	01:36:18
151.	139.		König, Jens		26. M40	3412	01:36:16	01:36:23
152.	140.		Albert, Stefan	Spiridon Frankfurt	27. M40	2606	01:36:25	01:36:25
153.	141.		Box, Harald	Gallier-Bremen	17. M50	2250	01:36:18	01:36:27
154.	142.		Kluge, Hartmut	TuS Ofen	18. M50	2822	01:36:30	01:36:30
155.	143.		Langanki, Holger	Vinnhorster Vier - Hannover	28. M40	2896	01:35:22	01:36:31
156.	144.		Verfürth, Benno		19. M50	3876	01:36:20	01:36:31
157.	145.		Gassen, Florian	Die Diggen	4. MJA	2185	01:35:52	01:36:34
158.	146.		Rockstein, Andreas	LT TV Schwanewede	23. M45	2456	01:36:33	01:36:35
159.	147.		Barbosa, Jose		29. M40	2954	01:36:35	01:36:39
160.	148.		Schade, Gerrit	swb runners	30. M40	2683	01:36:24	01:36:40
161.	149.		Titz, Bernd	Club Atlético Talleres	24. M45	4174	01:35:05	01:36:43
162.	150.		Langenkamp, Christoph		20. M30	4222	01:35:55	01:36:48
163.		13.	Hong, Da-Hae		3. W35	3311	01:36:35	01:36:50
164.	151.		Opfer, Dmitrij	Math-UHH	23. MHK	2470	01:36:51	01:36:55
165.	152.		Küpfer, Per Lasse	Pottsboro Cardinals	24. MHK	4136	01:36:48	01:36:57
166.	153.		Rosynski, Miroslaw		25. M45	3694	01:36:56	01:37:01
167.	154.		Günther, Thore		25. MHK	3237	01:35:31	01:37:03
168.	155.		von Der Born, Uwe	Post-SV Buxtehude	7. M55	2530	01:36:09	01:37:03
169.		14.	Brettmann, Doris	TV Sottrum	2. W45	2868	01:35:05	01:37:03
170.	156.		Kasting, Hauke		26. M45	3361	01:37:11	01:37:11

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
171.	157.		Hanne, Jörg	TK Jahn Sarstedt	31. M40	2723	01:36:30	01:37:12
172.	158.		Ebeling, Christian	Beckedorfer SV	32. M40	2082	01:36:30	01:37:13
173.		15.	Deters, Ute	Cellergon	1. W40	2160	01:37:02	01:37:14
174.	159.		Cramer, Mecco	Oldenburg	27. M45	4287	01:36:54	01:37:17
175.	160.		Desler, Tibor		26. MHK	3084	01:37:21	01:37:21
176.	161.		Suchan, Gregor		27. MHK	3838	01:36:48	01:37:25
177.	162.		Kluender, Olaf	Sc Borgfeld	28. M45	4001	01:37:25	01:37:25
178.	163.		van Der Hilst, Oebe	CIRCOLO SPORTIVO...A AMATORI NUORO	20. M50	2169	01:37:01	01:37:33
179.	164.		Ritter, Klaus		33. M40	4007	01:36:36	01:37:35
180.	165.		Clemens, Niklas		5. MJA	3063	01:37:35	01:37:37
181.	166.		Robbers, Frank		26. M35	3680	01:37:37	01:37:39
182.	167.		Eesmann, Jan	Emden LG	29. M45	2207	01:37:20	01:37:40
183.	168.		Schmidt, Peter		30. M45	3756	01:37:34	01:37:42
184.	169.		Richter, Arno		34. M40	3669	01:37:36	01:37:44
185.		16.	Heidorn, Regina		2. W40	4301	01:37:46	01:37:46
186.	170.		Heitmann, Stephan	Sauna unten sitzer	35. M40	2548	01:37:34	01:37:49
187.	171.		Wiese, Carlo	Commerzbank Derivate Team	28. MHK	2178	01:37:48	01:37:51
188.	172.		Stellamanns, Jörg		31. M45	3819	01:37:42	01:37:55
189.	173.		Heller, Andreas		32. M45	3276	01:37:51	01:38:01
190.	174.		Bauer, Michael	VSK-Triathlon	36. M40	2899	01:37:43	01:38:03
191.	175.		Sievert, Marcel	LT Platjenwerbe	27. M35	4111	01:36:09	01:38:04
192.	176.		Droste, Michael		21. M30	3111	01:37:42	01:38:04
193.	177.		Koch, Stefan		21. M50	3400	01:38:07	01:38:07
194.	178.		Brennecke, Kay		22. M50	3971	01:36:29	01:38:08
195.		17.	Eisele, Kim	LT TV Schwanewede	5. WHK	2453	01:38:01	01:38:08
196.	179.		Kück, Volker	LT TV Schwanewede	23. M50	2455	01:38:02	01:38:09
197.		18.	Stephan, Nicky		6. WHK	3825	01:37:08	01:38:11
198.	180.		Kaminski, Leszek	BSG SPARKASSE BREMEN	24. M50	2139	01:38:12	01:38:13
199.	181.		Hagenah, Joachim	TSV Wehdel	33. M45	4014	01:37:46	01:38:14
200.	182.		Fellendorf, Heiko	SV Lemwerder	37. M40	2658	01:37:43	01:38:16
201.	183.		Boekhoff-Uphoff, Holger	TSV-Riepe	28. M35	3002	01:38:08	01:38:18
202.	184.		Süß, Karsten	BSG Sparkasse Brmen	25. M50	2142	01:38:14	01:38:22
203.	185.		Hoemer, Frank	aktiv & vital Twistringem	29. M35	4209	01:38:08	01:38:26
204.	186.		Jakobeit, Ronald	dokoclub dauerbock daverden	30. M35	4296	01:37:53	01:38:29
205.	187.		Flohre, Ferdi		26. M50	3161	01:36:36	01:38:35
206.	188.		Korallus, Hartmut	LG HNF	34. M45	2406	01:38:26	01:38:36
207.	189.		Weyer, Michael	SV GIRO	31. M35	2644	01:38:30	01:38:36
208.	190.		Carbuhn, Dirk	LAV Zeven	22. M30	4289	01:36:17	01:38:37
209.	191.		Koch, Thomas	SG-Findorff	35. M45	2591	01:38:24	01:38:38
210.	192.		Haberkorn, Jörg		8. M55	3244	01:37:54	01:38:42
211.	193.		Brandt, Manfred	TSV Mehedorf e. V.	27. M50	2789	01:38:09	01:38:43
212.	194.		Gresens, Ulf		36. M45	3219	01:38:19	01:38:46
213.	195.		Rohde, Josef	TuS Vinsebeck	37. M45	2834	01:38:32	01:38:48
214.	196.		Sempf, Olaf	swb-runner	38. M40	2686	01:38:13	01:38:48
215.	197.		Becker, Joachim	LC 93 Delmenhorst	1. M60	2360	01:38:52	01:38:52
216.	198.		Willers, Thomas	Team ERDINGER Alkoholfrei	38. M45	2706	01:38:34	01:38:53
217.	199.		Stromburg, Florian		32. M35	3835	01:38:45	01:38:55
218.		19.	Seller, Maria	Pelikan	4. W30	2514	01:38:52	01:38:56
219.	200.		Bunzel, Hartmut	Werder Bremen	39. M45	2904	01:38:24	01:38:56
220.	201.		Gerken, Peter		33. M35	3192	01:37:15	01:38:56
221.	202.		Kunze, Florian		23. M30	3445	01:37:31	01:38:59
222.	203.		Bruns, Thorsten	OLRC	34. M35	2495	01:38:44	01:39:01
223.	204.		de Buhr, Johann	VFL Oldenburg	9. M55	2886	01:38:29	01:39:01
224.	205.		Wallbaum, Wolfgang	./.	40. M45	4112	01:38:12	01:39:02
225.	206.		Atkins, Richard	Tiathlon Club Bremen	24. M30	2720	01:37:02	01:39:03
226.	207.		Thielert, Niels Lukas	--	29. MHK	4073	01:34:53	01:39:05
227.	208.		Raabe, Volker	TuS Ofen	10. M55	2825	01:39:13	01:39:13
228.	209.		Fröhlich, Hauke		30. MHK	3177	01:38:59	01:39:13
229.	210.		Baske, Mathias		31. MHK	2961	01:39:10	01:39:13
230.	211.		Rypczynski, Thomas	LC Duisburg	41. M45	2378	01:39:02	01:39:14
231.	212.		Bartholomä, Horst	Werder Bremen	11. M55	4070	01:39:03	01:39:16
232.	213.		Fabozzi, Michele	Kein	28. M50	2303	01:38:23	01:39:18
233.	214.		Nielsen, Torben		39. M40	3568	01:39:13	01:39:19
234.		20.	Antonella, Cau	CIRCOLO SPORTIVO...A AMATORI NUORO	4. W35	2161	01:39:20	01:39:28
235.	215.		Möller, Matthias		25. M30	3534	01:39:26	01:39:30
236.	216.		Reiners, Stephan		26. M30	3657	01:39:14	01:39:31
237.		21.	Rolfe, Mirjam		5. W35	3688	01:39:24	01:39:33
238.	217.		Mennenga, Michael		35. M35	3518	01:39:31	01:39:35
239.	218.		Eickhoff, Carsten		36. M35	3132	01:39:33	01:39:39
240.	219.		Schlehahn, Julius	Berliner Luft	6. MJA	2087	01:39:20	01:39:40
241.	220.		Heinschel, Peter	Berliner Luft	40. M40	2086	01:39:21	01:39:40
242.	221.		Fetter, Reiner	LG Kreis Verden	41. M40	2407	01:38:59	01:39:45
243.	222.		Grupe, Roland		37. M35	3233	01:38:46	01:39:45
244.	223.		Decker, Josef	Laufakademie/LC Hansa Stuhr	42. M45	2319	01:39:37	01:39:45
245.	224.		Peuker, Thomas	Parkhaus Runners	29. M50	2511	01:39:28	01:39:46
246.	225.		Schmidt, Lars		7. MJA	3755	01:39:05	01:39:48
247.	226.		Wendelken, Jens		38. M35	3913	01:39:43	01:39:48
248.	227.		Ratsch, Wolfgang	pingpank.de	12. M55	2522	01:39:21	01:39:52
249.	228.		Kayser, Oliver	Team Laufrausch e V	42. M40	4270	01:39:30	01:39:53
250.	229.		Keßler, Michael	TURA Bremen	43. M40	2809	01:39:55	01:39:55
251.	230.		Schwarz, Alfred	Team ERDINGER Alkoholfrei	43. M45	2702	01:38:36	01:39:57
252.	231.		Weiss, J.A.		39. M35	3908	01:40:00	01:40:00
253.	232.		Nietfeld, Mario		40. M35	3570	01:40:00	01:40:00
254.	233.		Möller, Ulrich		44. M45	3535	01:40:03	01:40:03
255.	234.		Naury, Siegfried		32. MHK	3557	01:39:50	01:40:04

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
256.	235.		Wittmershaus, Dierk	TSV Barrien	2. M60	2749	01:39:09	01:40:05
257.	236.		Kappmeier, Matthias	Pingpank.de	30. M50	2516	01:39:33	01:40:08
258.	237.		Heuermann, Marco		41. M35	3291	01:38:52	01:40:09
259.	238.		Drewes, Daniel		44. M40	3106	01:39:52	01:40:11
260.	239.		Cordes, Bernd	LGKreis Verden	45. M40	2421	01:38:16	01:40:13
261.	240.		Pering, Robert	Pacemaker	45. M45	2509	01:39:50	01:40:16
262.	241.		Röske, Ralf	Team Laufrausch e.V.	46. M45	2717	01:40:15	01:40:18
263.	242.		Neutschel, Holger	ohne Verein	47. M45	3997	01:40:17	01:40:25
264.	243.		Dumke, Tim	Lauffreunde Bramstedt	27. M30	2333	01:39:14	01:40:28
265.	244.		Scheffler, Malte	Bremer Eishockey Club	33. MHK	2117	01:39:54	01:40:30
266.	245.		Wachsmann, Jochen	Hude	46. M40	2280	01:39:54	01:40:30
267.	246.		Dornauf, Jano		34. MHK	3102	01:40:21	01:40:31
268.	247.		Pießnack, Remo	HSU HH	35. MHK	4304	01:38:02	01:40:33
269.	248.		Sagemann, Karl	TC Schwarz Weiß	31. M50	2692	01:39:55	01:40:37
270.	249.		Schmidt, Manuel	SG Findorff	36. MHK	2579	01:40:02	01:40:39
271.	250.		Ewald, Reinhard	TSV Warzen	48. M45	2798	01:40:40	01:40:40
272.	251.		Beyer, Frank	LT TV Schwanewede	42. M35	2452	01:38:55	01:40:41
273.	252.		Fromme, Stefan		43. M35	3179	01:39:53	01:40:42
274.	253.		Gerdas, Olaf	TSV Riepe	44. M35	2790	01:40:39	01:40:50
275.	254.		Wietfeld, Fritjof		8. MJA	3932	01:39:23	01:40:55
276.	255.		Pham, David	IWT	37. MHK	2296	01:40:05	01:40:57
277.	256.		Runge, Detlef	MTV SCHWERINGEN	47. M40	2480	01:40:04	01:40:57
278.	257.		Farina, Franco	CIRCOLO SPORTIVO...A AMATORI NUORO	13. M55	2166	01:40:40	01:40:58
279.	258.		Danzglock, Rudi	Bremer Ski Club	32. M50	4310	01:38:41	01:40:58
280.		22.	Wessalowski, Nina	Namibia ev	6. W35	2487	01:40:59	01:41:05
281.	259.		Lietz, Ralf	Wildeshauser Lauftreff	49. M45	2917	01:40:16	01:41:09
282.	260.		Seefeld, Andreas	pingpank.de	14. M55	2526	01:40:41	01:41:13
283.	261.		Hoffmann, Ralf		50. M45	3303	01:40:42	01:41:18
284.	262.		Schoer, Dr. Jürgen	hanseWasser	15. M55	2271	01:41:13	01:41:18
285.	263.		Krauledat, Frank	Emder LG	48. M40	2212	01:41:19	01:41:19
286.	264.		Müller, André Fabian	Bremer Sport-Club	9. MJA	2126	01:41:14	01:41:20
287.	265.		Kelle, Manfred	TV Bremen-Walle 1875	51. M45	4149	01:41:21	01:41:21
288.		23.	Deters, Heidrun		5. W30	3085	01:39:25	01:41:22
289.	266.		Wahner, Alexander	SV-Brake Lauffeuer	45. M35	4297	01:40:52	01:41:23
290.	267.		Hagemann, Leonard		28. M30	3245	01:41:27	01:41:27
291.	268.		Rose, Joachim		33. M50	4248	01:41:00	01:41:34
292.	269.		Meier, Klaus		52. M45	3972	01:39:59	01:41:37
293.	270.		Greve, Andreas	---	34. M50	4186	01:40:23	01:41:38
294.	271.		Rose, Jens		46. M35	3690	01:41:11	01:41:38
295.	272.		Kajüter, Burkhard		49. M40	3356	01:41:39	01:41:41
296.		24.	Stewart, Elizabeth		7. W35	3826	01:41:28	01:41:43
297.	273.		Oster, Manuel	Bremer Lernkontor	38. MHK	2120	01:41:34	01:41:44
298.	274.		Risch, Oliver	Sport Ziel-Marathonteam	50. M40	2621	01:41:45	01:41:45
299.	275.		Hepke, Frank	-	51. M40	4086	01:41:26	01:41:57
300.	276.		Schmietendorf, Marcus	TURA/Uni-Triathlöwen Bremen	52. M40	4056	01:41:37	01:41:57
301.	277.		Bolles, Stefan	LT Lauland	53. M40	4246	01:38:56	01:42:04
302.	278.		Brandt, Matthias		54. M40	4019	01:41:57	01:42:06
303.		25.	Trageser, Tessa		7. WHK	4018	01:41:56	01:42:06
304.	279.		Witte, Alexander	Ganderkeseer Tennis Verein (GTV)	39. MHK	2251	01:40:49	01:42:09
305.	280.		Degand, Christophe		55. M40	3076	01:41:32	01:42:10
306.	281.		Wendt, Werner	Weyher Lauftreff	3. M60	2909	01:41:58	01:42:11
307.	282.		Alten, Tim Alexander	Medizinische Hochschule Hannover	29. M30	4109	01:42:12	01:42:12
308.	283.		Montag, Dirk	Schutzengel für Mukoviszidose	56. M40	2563	01:41:19	01:42:15
309.	284.		Jarehed, Örjan	TKJ Sarstedt	53. M45	2724	01:41:19	01:42:16
310.	285.		Mauer, Johannes		40. MHK	3502	01:42:17	01:42:17
311.	286.		Peno, Adrian		54. M45	3606	01:40:47	01:42:17
312.	287.		Tschacher, Andreas		57. M40	4040	01:42:08	01:42:20
313.	288.		Schulte, Benedikt	--	41. MHK	4185	01:41:29	01:42:26
314.	289.		Wille, Hartmut	AOK Halbmarathonteam	16. M55	2050	01:41:10	01:42:27
315.	290.		Clemens, Axel		58. M40	3062	01:42:30	01:42:30
316.	291.		Spindler, Carsten	BSV Vattenfall Hamburg	55. M45	2146	01:41:17	01:42:30
317.	292.		Bergmann, Volker		35. M50	2982	01:42:15	01:42:31
318.	293.		Knabe, Ekkehard		56. M45	3391	01:42:15	01:42:31
319.	294.		Kortenstedde, Frank	LT Hochschule Bremen	47. M35	2444	01:41:58	01:42:34
320.		26.	Hubert, Katharina	Triabolos Hamburg	8. WHK	2727	01:42:28	01:42:35
321.	295.		Hamann, Lars		59. M40	3247	01:41:49	01:42:36
322.		27.	Wieja, Gaby	VfB Fallersleben	3. W40	2882	01:42:29	01:42:37
323.	296.		Waldmann, Thomas	Sauna-Unten-Sitzer	60. M40	2549	01:42:27	01:42:42
324.	297.		Kitkowski, Kay	Berufsfeuerwehr Bremen	42. MHK	2089	01:42:44	01:42:44
325.	298.		Mengel, Sascha	A3K Berlin	30. M30	2012	01:38:38	01:42:45
326.	299.		Gerdas, Finn	SG Findorff	43. MHK	2577	01:41:22	01:42:45
327.	300.		Meins, Moritz	Lauffline Team Göttingen	57. M45	4092	01:41:32	01:42:48
328.	301.		Daneke, Matthias	TSV Morsum	58. M45	4035	01:42:33	01:42:51
329.	302.		Rzany, Andreas		61. M40	3714	01:41:37	01:42:52
330.	303.		Bohnsack, Hartmut	pingpank.de	62. M40	2515	01:42:26	01:43:02
331.	304.		Höntzsch, Stefan	-	44. MHK	2001	01:42:06	01:43:03
332.	305.		Neugebauer, Fabian		45. MHK	3560	01:42:21	01:43:05
333.	306.		Kallias, Anastasios	-	46. MHK	3988	01:42:02	01:43:13
334.	307.		Görke, Peer-Oliver		48. M35	3208	01:43:14	01:43:14
335.	308.		Wagner, Jörg	TUS Tarmstedt	63. M40	2830	01:42:32	01:43:15
336.	309.		Könemann, Rainer	hanseWasser	36. M50	2270	01:41:59	01:43:16
337.	310.		Helms, Rainer	hanseWasser	64. M40	2269	01:39:17	01:43:16
338.	311.		Lid, Tim Christoph	Bremer Sport-Club	47. MHK	2125	01:43:22	01:43:22
339.	312.		Dohrmann, Carsten	BTV	59. M45	2148	01:43:27	01:43:27
340.	313.		Lux, Carsten		65. M40	3485	01:42:15	01:43:29

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
341.	314.		Neitzel, Harry	1.SC Willi Ski-Club	37. M50	2009	01:43:04	01:43:30
342.	315.		Strauch, Ralf	BSG Bfw Weser-Ems	60. M45	2130	01:43:25	01:43:30
343.		28.	Gatzke, Sonja	LT TV Schwanewede	8. W35	2454	01:42:42	01:43:30
344.	316.		Stöver, Gerd	LG Bremen-Nord	61. M45	2399	01:42:24	01:43:35
345.	317.		Wehling, Michael	DJK Sparta Langenhagen	62. M45	2191	01:43:26	01:43:36
346.	318.		Rabe, Lutz	Zevener Fahrradverein	31. M30	4276	01:42:45	01:43:37
347.	319.		Görke, Marcell	Rien na va Plus	32. M30	2533	01:43:29	01:43:40
348.	320.		Schu-Hi, Peter	ATS Buntentor	66. M40	2069	01:42:43	01:43:41
349.	321.		Grabow, Thomas	TSV Emtinghausen	63. M45	2766	01:43:35	01:43:42
350.	322.		Mädler, Lutz		49. M35	3489	01:42:19	01:43:43
351.	323.		Kehlenbeck, Frank	Weyher Lauftreff	64. M45	2907	01:43:34	01:43:45
352.	324.		Deliu, Fehmi		50. M35	3079	01:42:38	01:43:46
353.	325.		Götsch-Dohle, Björn		38. M50	3209	01:43:43	01:43:49
354.	326.		Winnenmöller, Stefan		67. M40	4307	01:40:17	01:43:50
355.	327.		Padget, Paul	Ingli Runners	17. M55	2291	01:41:41	01:43:52
356.	328.		Hirschberg, Jens		65. M45	3297	01:43:29	01:43:53
357.	329.		Hautau, Rene		33. M30	3263	01:43:45	01:44:00
358.	330.		Bade, Cord	Freilauf Visselhövede	18. M55	4189	01:44:02	01:44:02
359.	331.		de Grauw, Marco	Hellas Utrecht	68. M40	2276	01:42:22	01:44:02
360.	332.		Backhaus, Axel		51. M35	2948	01:43:00	01:44:04
361.	333.		Rüger, Jörg Ronald		69. M40	3704	01:44:04	01:44:12
362.	334.		Hirsch, Jürgen		70. M40	4319	01:44:12	01:44:12
363.	335.		Oellrich, Andre	Varel	48. MHK	2880	01:42:52	01:44:13
364.	336.		Barjenbruch, Dirk	-	52. M35	4302	01:44:08	01:44:13
365.	337.		Laurisch, Ole	engram GmbH	34. M30	2221	01:43:22	01:44:14
366.	338.		Breuer, Wolfram	-	53. M35	4106	01:44:01	01:44:15
367.	339.		Radke, Hans	TV Bremen Walle 1875	39. M50	2838	01:43:56	01:44:15
368.	340.		Buts, Henner	SG Platjenwerbe	66. M45	2582	01:44:17	01:44:17
369.		29.	Harting, Maike	BSG SPARKASSE BREMEN	3. W45	2138	01:41:37	01:44:19
370.	341.		Heemeyer, Ole		49. MHK	3264	01:41:49	01:44:19
371.	342.		Bischoff, Hartmut	LC Hansa Stuhr	40. M50	2382	01:42:14	01:44:22
372.	343.		Vargiu, Giovanni Maria	CIRCOLO SPORTIVO...A AMATORI NUORO	67. M45	2170	01:44:16	01:44:26
373.	344.		Wittscher, Uwe		41. M50	3948	01:43:41	01:44:27
374.	345.		Soeken, Klaas		10. MJA	3806	01:44:08	01:44:28
375.	346.		Wedler, Volker	ohne	71. M40	4160	01:43:38	01:44:29
376.	347.		Zimmermann, Till		50. MHK	3963	01:43:30	01:44:32
377.	348.		Treiber, André		35. M30	3858	01:43:23	01:44:35
378.	349.		Gräf, Uwe	Atlas Elektronik	68. M45	2059	01:44:14	01:44:35
379.	350.		Schulze, Marcus		54. M35	3780	01:43:54	01:44:38
380.	351.		Nuhn, Carsten	Schutzengel für Mukoviszidose	72. M40	2565	01:43:02	01:44:38
381.	352.		Lenk, Florian	Team Laufrausch e.V.	36. M30	2714	01:44:12	01:44:40
382.	353.		Stagge, Frank	Universum Bremen	73. M40	2878	01:43:39	01:44:41
383.	354.		Schittkowski, Heiko	Berufsfeuerwehr Bremen	74. M40	2090	01:44:31	01:44:43
384.	355.		Backhaus, Nils		37. M30	2949	01:44:32	01:44:43
385.	356.		Neumann, Christopher	TSV Stelle	11. MJA	4251	01:42:46	01:44:44
386.	357.		Childs, Jörg	swb runners	75. M40	2676	01:44:31	01:44:46
387.	358.		Saeidi, Nikjar		51. MHK	3717	01:44:47	01:44:47
388.		30.	Gemsa, Friederike		9. W35	3187	01:43:46	01:44:51
389.	359.		Gerber, Peter	TK Jahn Sarstedt	76. M40	2721	01:43:57	01:44:53
390.	360.		Klee, Udo	SV Bremen 10	77. M40	4026	01:41:41	01:44:56
391.	361.		Kesper, Martin		69. M45	3367	01:44:43	01:44:58
392.	362.		Lindenthal, Wolfgang	Atlas Elektronik	42. M50	2061	01:43:17	01:45:01
393.	363.		Prenzel, Julian		52. MHK	3634	01:42:39	01:45:02
394.	364.		Baltzer, Thomas		70. M45	2951	01:44:23	01:45:03
395.	365.		Oestmann, Harald	TSV Imsum	43. M50	2777	01:44:34	01:45:05
396.		31.	Kieffer, Katrin		9. WHK	3369	01:45:01	01:45:07
397.		32.	Mansfeld, Kerstin	LG Bremen Nord	6. W30	2394	01:45:01	01:45:07
398.	366.		Maßmann-Peters, Martin	Die Rasinger	71. M45	2188	01:45:18	01:45:18
399.	367.		Vankann, Tristan		78. M40	3875	01:44:48	01:45:18
400.	368.		Kruska, Ditmar	Edeweicht	72. M45	2199	01:45:14	01:45:19
401.	369.		Janke, Michael		38. M30	3342	01:45:19	01:45:19
402.	370.		Bongartz, Oliver		44. M50	4108	01:45:16	01:45:22
403.		33.	Gittermann, Annett	TK Jahn Sarstedt	4. W45	2722	01:44:32	01:45:23
404.	371.		Burmeister, Dierk	Club zur Vahr Bremen	45. M50	2174	01:44:32	01:45:27
405.	372.		Forrest, John Stuart	ARMY	39. M30	2051	01:45:23	01:45:27
406.	373.		Knittel, Hagen		40. M30	3392	01:45:12	01:45:29
407.	374.		Poludniok, Karl-Heinz	TV Scheeßel	19. M55	2866	01:44:56	01:45:30
408.	375.		Arens, Bernd	ADFC Ammerland	46. M50	2013	01:44:22	01:45:30
409.	376.		Bartels, Stefan		73. M45	2958	01:44:23	01:45:30
410.	377.		Großkopf, Karsten		74. M45	3227	01:44:50	01:45:31
411.	378.		Schmahl, Christoph		79. M40	4068	01:45:14	01:45:31
412.	379.		Lümpert, Frank		1. M65	3480	01:45:33	01:45:33
413.	380.		Grabs, Christian		55. M35	3214	01:45:21	01:45:33
414.	381.		Remiorz, Piotr	Bieg Sikornik	80. M40	2095	01:44:54	01:45:33
415.	382.		Marschalek, Dennis	Feuerwehr Bremen	53. MHK	2231	01:45:22	01:45:35
416.	383.		Henning, Torsten	Berufsfeuerwehr Bremen	56. M35	2088	01:45:24	01:45:35
417.	384.		Hoppe, Rolf	FTC Hollen	57. M35	2248	01:44:58	01:45:38
418.		34.	Hoppe, Claudia	FTC Hollen	10. W35	2247	01:44:57	01:45:38
419.	385.		Schiemann, Malte	Foundation für Recht und Verfassung	41. M30	2244	01:44:34	01:45:38
420.	386.		Scherf, Carsten	TTSC 09 Delmenhorst	81. M40	2808	01:43:20	01:45:38
421.	387.		Jäger, Lutz		20. M55	3337	01:45:29	01:45:41
422.		35.	Herzer, Astrid	Tri-Team Schwarze	11. W35	2737	01:44:53	01:45:41
423.	388.		Hannibal, Alfons	LG Tus Vinsebeck	21. M55	2415	01:45:41	01:45:41
424.	389.		Kommnick, Axel		82. M40	3411	01:44:54	01:45:44
425.	390.		von Herz, Benedikt		54. MHK	3891	01:45:30	01:45:45

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
426.	391.		Bramlage, Dirk		83. M40	3024	01:45:15	01:45:49
427.	392.		Finke, Andre	TV Hude	58. M35	2846	01:45:44	01:45:51
428.	393.		Schütze, Christian		55. MHK	3784	01:45:54	01:45:54
429.	394.		Külpmann, Christoph		59. M35	4071	01:44:00	01:45:54
430.	395.		Farke, Nils		42. M30	3147	01:44:55	01:45:58
431.		36.	Schultheiß, Uta		4. W40	3777	01:44:46	01:45:58
432.	396.		Plautz, Tobias		56. MHK	3621	01:44:56	01:46:00
433.	397.		Hänschen, Andre		84. M40	3251	01:45:54	01:46:01
434.	398.		von Lienen, Oliver	AOK Halbmarathonteam	57. MHK	2491	01:45:52	01:46:04
435.	399.		Pott, Thomas		60. M35	3628	01:45:50	01:46:10
436.	400.		Metzdorf, Edgar	Polizei Berlin	85. M40	2528	01:44:51	01:46:11
437.	401.		Lindenthal, Christian		58. MHK	3468	01:44:53	01:46:13
438.	402.		Orlovius, Hendrik		59. MHK	3582	01:44:53	01:46:13
439.	403.		Ameling, Holger	Sportschule-Oldenburg Superman	86. M40	2624	01:45:21	01:46:14
440.		37.	Reilimo, Marja	Bayer Runners	5. W40	2080	01:46:02	01:46:16
441.	404.		Leckzik, Ralf	BEGO-Runners	75. M45	2085	01:44:10	01:46:16
442.	405.		Heyne, Dr., Christian	-	47. M50	4232	01:45:46	01:46:20
443.	406.		van Rhee, Jörg		87. M40	3874	01:46:17	01:46:20
444.	407.		Igel, Peter	Delmenhorst	76. M45	4286	01:43:37	01:46:21
445.	408.		Gerl, Dierk		61. M35	3193	01:42:29	01:46:26
446.		38.	Kersten, Sabine	pingpank.de	5. W45	2517	01:46:24	01:46:30
447.		39.	Berkner, Britta		7. W30	2983	01:44:36	01:46:33
448.	409.		Thiemicke, Michael	fitforever Lüneburg	77. M45	2237	01:44:37	01:46:33
449.	410.		Nikutta, Holger		12. MJA	3572	01:44:38	01:46:35
450.	411.		Papenfuss, Karsten		43. M30	3599	01:46:08	01:46:37
451.	412.		Kieselhorst, Frank		88. M40	3370	01:46:17	01:46:37
452.	413.		Gransow, Mathias		62. M35	3217	01:46:17	01:46:38
453.	414.		Hinz, Sönke	Schutzengel für Mukoviszidose	78. M45	2560	01:46:01	01:46:41
454.	415.		Willmer, Christian		79. M45	4284	01:46:37	01:46:43
455.	416.		Bregeon, Christophe		60. MHK	3028	01:45:31	01:46:43
456.		40.	Bodenstab, Katja	Coaching & Fitness	6. W40	2176	01:45:57	01:46:43
457.	417.		Dick, Matt		89. M40	3087	01:45:33	01:46:44
458.	418.		Roeder, Andree		61. MHK	3682	01:46:26	01:46:45
459.	419.		Austen, Andreas	SG Platjenwerbe	80. M45	2581	01:46:05	01:46:46
460.	420.		Kanitz, Andreas	SFS	44. M30	2573	01:45:25	01:46:47
461.	421.		Diercksen, Hans-Herbert		90. M40	3090	01:46:33	01:46:47
462.	422.		Beyerle, Helmut	Sparkasse Syke	4. M60	2604	01:46:01	01:46:48
463.	423.		Deppe, Sven		81. M45	3081	01:46:14	01:46:49
464.	424.		Geppert, Mario		63. M35	3190	01:45:50	01:46:49
465.	425.		Neundorfer, Stefan		91. M40	3565	01:46:36	01:46:50
466.	426.		Gende, Tobias		92. M40	3188	01:46:17	01:46:50
467.	427.		Bellmann, Andreas	FC Rüspel-Weertzen	82. M45	2230	01:45:27	01:46:51
468.	428.		Sachse, Oliver		83. M45	3716	01:46:09	01:46:53
469.	429.		Ketola, Markku	Bayer Runners	48. M50	2078	01:46:42	01:46:56
470.	430.		Jung, Carsten		45. M30	3349	01:46:50	01:46:59
471.	431.		Doden, Johann	Emden LG	49. M50	2206	01:46:40	01:46:59
472.	432.		Radtke, Jürgen		93. M40	3641	01:46:13	01:47:01
473.	433.		Mollaie, Nader	iran	50. M50	2293	01:46:55	01:47:01
474.	434.		Wardin, Jürgen	TSV Kirchlinteln	22. M55	2785	01:46:55	01:47:05
475.	435.		Schulz, Stefan	pingpank.de	84. M45	2525	01:46:07	01:47:06
476.	436.		Bellmann, Matthias	TSV Stuckenborstel	94. M40	2794	01:46:10	01:47:07
477.	437.		Muders, Tim	Purple Ape	62. MHK	4295	01:46:54	01:47:07
478.	438.		Ellrich, Andreas	Atlas Elektronik	46. M30	2057	01:46:36	01:47:08
479.	439.		Oevermann, Arno	Wärmer Bremen	85. M45	2903	01:45:45	01:47:08
480.	440.		Neubauer, Michael	Darßer Lauffreunde	95. M40	4264	01:46:45	01:47:09
481.	441.		Tietjen, Thomas	-	63. MHK	3977	01:46:51	01:47:09
482.	442.		Stellmann, Andreas		86. M45	3823	01:46:35	01:47:12
483.	443.		Räth, Matthias	Norder-Ruderclub	87. M45	2488	01:45:04	01:47:12
484.		41.	Grampp, Kerstin	Bonsai Deutschland	10. WHK	3974	01:46:14	01:47:14
485.	444.		Zucker, Holger		96. M40	3967	01:46:29	01:47:14
486.	445.		Kühlcke, Carsten	SC Marklohe	51. M50	2551	01:46:52	01:47:18
487.	446.		Block, Victor		64. MHK	2996	01:46:01	01:47:18
488.	447.		Hartig, Frank	--	88. M45	4139	01:47:20	01:47:20
489.	448.		Kügler, Günter		23. M55	3440	01:45:35	01:47:24
490.		42.	Blau, Nina		8. W30	2993	01:47:20	01:47:25
491.	449.		Backhaus, Peter		24. M55	4094	01:47:23	01:47:25
492.	450.		Hollwitz, Frank	LC Duisburg	52. M50	2372	01:47:18	01:47:30
493.	451.		Franz, Joerg		97. M40	4003	01:45:57	01:47:31
494.	452.		Thoma, Frank		98. M40	3852	01:45:57	01:47:31
495.		43.	Nykänen, Sanna	Bayer Runners	11. WHK	2079	01:47:21	01:47:35
496.	453.		Bruck, Philipp		65. MHK	3039	01:47:22	01:47:36
497.	454.		Rumpf, Clemens		66. MHK	3707	01:46:13	01:47:39
498.	455.		Melzer, Matthias	--	64. M35	3980	01:47:32	01:47:40
499.	456.		Schlenker, Christoffer		67. MHK	3746	01:44:18	01:47:43
500.	457.		Stephani, Frank	TSV Bassum	89. M45	2755	01:47:44	01:47:44
501.		44.	Liebau, Kristiane	TSV Bassum	12. W35	2754	01:47:44	01:47:44
502.	458.		Brünjes, Albert	TSV Gnarrenburg	90. M45	2769	01:47:17	01:47:44
503.	459.		Kleene, Helmut	SG Walchum-Hasselbrock	65. M35	2589	01:46:20	01:47:45
504.		45.	Grolla, Haike	VfB Fallersleben	6. W45	2881	01:47:37	01:47:46
505.	460.		Weiß, Volker		66. M35	3909	01:47:37	01:47:48
506.	461.		Bartsch, Matthias		47. M30	2960	01:46:00	01:47:48
507.	462.		Westphal, Jost		91. M45	3923	01:47:19	01:47:48
508.		46.	Oltmann, Martina	AOK Halbmarathonteam	2. W50	2046	01:46:47	01:47:54
509.	463.		Hennefründ, Jörg		53. M50	3278	01:47:43	01:47:54
510.	464.		Iburg, Bernd		92. M45	3325	01:46:43	01:47:56

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
511.	465.		Krohn, Peter	classic-oil	25. M55	2171	01:47:48	01:47:57
512.		47.	Manzeck, Karin	VFB Fallersleben	3. W50	4262	01:47:51	01:47:58
513.		48.	Brems, Ariane	VFL Wildeshausen	12. WHK	2889	01:46:39	01:47:59
514.	466.		Albinger, Thorsten		67. M35	2935	01:46:24	01:47:59
515.	467.		Tapken, Klaus		54. M50	3844	01:47:42	01:48:01
516.	468.		Schmidtke, Torben		68. MHK	3760	01:46:26	01:48:02
517.	469.		Eller, Frank		68. M35	3137	01:47:51	01:48:07
518.		49.	Eller, Bianca		7. W40	3136	01:47:51	01:48:07
519.	470.		Lakeberg, Andreas		93. M45	4256	01:48:11	01:48:11
520.		50.	Langen, Claudia	Ihlower Rennschnecken	13. W35	2288	01:47:40	01:48:13
521.	471.		Buchmann, Frank		69. M35	3050	01:44:41	01:48:13
522.	472.		Kaschke, Arnd	Lauftreff Bremen-Vahr	70. M35	2343	01:47:26	01:48:13
523.	473.		Rau, Armin	LF Brohlal	5. M60	2391	01:47:57	01:48:14
524.	474.		Reinhardt, Kay		48. M30	3660	01:48:01	01:48:17
525.	475.		Klein, Wieland	Uni Triathlößen	55. M50	2874	01:47:09	01:48:18
526.	476.		Bäumer, Marcus		99. M40	2965	01:46:34	01:48:19
527.	477.		Neumann, Bjoern		69. MHK	3561	01:46:35	01:48:20
528.	478.		Gerhardt, Peter		94. M45	4194	01:48:23	01:48:23
529.	479.		Fischbeck, Karl-Heinz		26. M55	3156	01:47:43	01:48:23
530.		51.	Siesespeck, Swea		8. W40	3802	01:48:22	01:48:30
531.	480.		Teubert, Jürgen	Isi-Runners Bremen	100. M40	2294	01:48:22	01:48:30
532.	481.		Breitenbücher, Thomas		71. M35	4008	01:47:44	01:48:31
533.	482.		Fätkenheuer, Peter		95. M45	3996	01:48:26	01:48:34
534.	483.		Lustig, Michael	Blumenthaler TV	101. M40	2107	01:47:44	01:48:38
535.	484.		Stamm, Werner	BSAG for Hanse	6. M60	2129	01:48:41	01:48:41
536.	485.		Genske, Stephan	Atlas Elektronik	72. M35	2058	01:48:34	01:48:41
537.	486.		Köster, Uwe	RSC Stuhr	96. M45	2539	01:47:20	01:48:42
538.	487.		Stock, Alexander		102. M40	3827	01:48:31	01:48:43
539.	488.		Pfeiffer, Mario	TSV Bremervörde	103. M40	2759	01:47:40	01:48:44
540.		52.	Poel, Nora		1. WJA	3624	01:47:51	01:48:45
541.	489.		Correnti, Paolo		70. MHK	3070	01:46:31	01:48:45
542.	490.		Redetzky, Marvin		71. MHK	3647	01:46:02	01:48:46
543.		53.	Dierks, Iris	Coaching & Fitness	9. W40	2177	01:48:00	01:48:47
544.	491.		Eggers, Thomas		73. M35	3125	01:47:32	01:48:47
545.	492.		Selke, Jürgen	swb-runners	56. M50	4230	01:48:45	01:48:48
546.	493.		Klose, Stefan		57. M50	3390	01:48:48	01:48:49
547.	494.		Zimmermann, Björn		104. M40	3961	01:48:35	01:48:50
548.	495.		Blanck, Markus		74. M35	2992	01:48:30	01:48:52
549.	496.		Rehmke, Jens	Friends of Hansi	105. M40	2246	01:47:13	01:48:52
550.	497.		Brinkmann, Tim	bremen vier Gewinnerteam	75. M35	2115	01:48:52	01:48:55
551.	498.		Baust, Armin	VILSA-Team	97. M45	2891	01:47:55	01:48:57
552.	499.		Maethner, Jens		76. M35	3490	01:48:27	01:48:58
553.	500.		Meyer, Andre	bauXpert Schulte	106. M40	4269	01:47:05	01:49:02
554.	501.		Prenzel, Jannis		72. MHK	3633	01:46:40	01:49:03
555.	502.		Lemke, Willi	SV Werder Bremen	7. M60	2665	01:48:53	01:49:05
556.	503.		Panhorst, Christian	SV Belke-Steinbeck	107. M40	2637	01:48:39	01:49:06
557.	504.		Günther, Clemens	Die weißen Kenianer	108. M40	2189	01:48:39	01:49:06
558.	505.		Hons, Jörn	AOK Halbmarathonteam	98. M45	2044	01:47:11	01:49:07
559.	506.		Dziendziel, Thomas	TSV Barrien von 1913 e. V.	99. M45	2750	01:48:04	01:49:08
560.	507.		Glawion, Marco		109. M40	3199	01:48:56	01:49:11
561.	508.		Smidt, Ernst	Emder LG	1. M70	2214	01:48:26	01:49:13
562.	509.		Antar, Ilyas		73. MHK	2941	01:48:59	01:49:17
563.	510.		Passade, Frank	FC Flamenco Syke	100. M45	2227	01:46:38	01:49:18
564.	511.		Müller, Maik		77. M35	3547	01:48:56	01:49:19
565.		54.	Kreytenberg, Angela	TSV Barrien von 1913 e. V.	4. W50	2751	01:48:16	01:49:19
566.		55.	Böhrer-Tietjen, Sabine	Sport Ziel-Marathonteam	7. W45	2620	01:49:10	01:49:19
567.		56.	Schuldt, Bettina		8. W45	3776	01:48:45	01:49:20
568.		57.	Ansorge, Gritt	BTV 1877	10. W40	2149	01:49:04	01:49:20
569.	512.		Preußner, Dominik	Carlo-Schmid-Obe...Berlin-Spandau	13. MJA	2158	01:48:01	01:49:20
570.	513.		Vöge, Martin	Bremer Kanu-Wanderer e. V.	74. MHK	2119	01:45:30	01:49:21
571.	514.		Dreweske, Sven		78. M35	3108	01:48:11	01:49:25
572.	515.		Paulsen, Lutz		2. M65	3604	01:46:23	01:49:26
573.		58.	Siebert-Reitenbach, Andrea		11. W40	3801	01:49:11	01:49:26
574.	516.		von Häfen, Uwe	VTB-Varel	101. M45	2901	01:48:21	01:49:27
575.	517.		Bartau, Ingo	Blaukopp-Racing-Team	102. M45	2099	01:46:54	01:49:28
576.	518.		Wehner, Klaus		103. M45	3905	01:48:57	01:49:28
577.	519.		Janssen, Bernd	Emder LG	104. M45	2211	01:49:11	01:49:30
578.	520.		Mester, Michael		75. MHK	3522	01:46:34	01:49:32
579.		59.	Becker, Kathrin		9. W30	2971	01:48:46	01:49:39
580.	521.		Bohmann, Reimund	SV BW Langförden	58. M50	2639	01:49:02	01:49:39
581.	522.		Sancken, Hartmut		110. M40	3720	01:48:46	01:49:39
582.	523.		van Detten, Wolfgang	Emder LG	111. M40	2216	01:49:22	01:49:41
583.	524.		Schmidt, Christoph		76. MHK	3753	01:48:28	01:49:43
584.		60.	Garrels, Kerstin	TuS Ofen	12. W40	2821	01:49:03	01:49:44
585.	525.		Ulferts, Andreas	TuS Ofen	112. M40	2826	01:49:03	01:49:44
586.	526.		Rosebrock, Jens	TV Baden	59. M50	2837	01:48:52	01:49:45
587.	527.		Inglis-Arkell, Christian		49. M30	3329	01:48:52	01:49:46
588.	528.		Witte, Karsten	BSG EWE TEL	113. M40	2133	01:49:14	01:49:46
589.		61.	Banditt, Sabine	Fitness Company Bremen	5. W50	4211	01:47:56	01:49:49
590.	529.		Weber, Daniel		77. MHK	3901	01:49:43	01:49:49
591.	530.		Weber, Andreas		60. M50	3900	01:49:44	01:49:49
592.	531.		Steffens, Helmut	AOK Halbmarathonteam	114. M40	2049	01:48:02	01:49:51
593.		62.	Ruch, Ricarda		14. W35	3701	01:49:51	01:49:51
594.	532.		Johst, Karsten		79. M35	3348	01:49:01	01:49:52
595.	533.		Karamehmedovic, Mirza	IWT	50. M30	2295	01:49:37	01:49:52

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
596.	534.		Zieher, Malte		78. MHK	3960	01:49:36	01:49:52
597.	535.		Walter, Berthold	LG WALTER	61. M50	2417	01:49:41	01:49:54
598.	536.		Lewandowski, Jörg		115. M40	4219	01:49:41	01:49:54
599.	537.		Westphal, Sven	VILSA-Team	116. M40	2895	01:48:53	01:49:54
600.	538.		Eidam, Oliver		117. M40	3133	01:49:09	01:49:55
601.		63.	Mosel, Manuela		13. W40	3541	01:48:21	01:49:57
602.	539.		Welz, Eckhard	GSV-Oldenburg	105. M45	2255	01:49:18	01:49:59
603.	540.		Oerzen, Jörn		79. MHK	3578	01:49:17	01:50:03
604.	541.		Ellwart, Tobias	FTSV Jahn-Brinkum	51. M30	2249	01:46:28	01:50:05
605.	542.		Rathgeber, Jens	SV Werder-Fußball	118. M40	2669	01:48:53	01:50:09
606.	543.		Zabusch, Robin	elrond	52. M30	4173	01:49:47	01:50:13
607.		64.	Loggen, Cordula		9. W45	4216	01:48:40	01:50:15
608.	544.		Bormann, Nils	TV Hude	119. M40	4278	01:49:37	01:50:16
609.	545.		Tielitz, Andreas	Große Kirche	62. M50	2254	01:49:28	01:50:17
610.	546.		Nadler, Norbert		53. M30	3551	01:48:16	01:50:18
611.		65.	Mosel, Lena		2. WJA	4102	01:48:47	01:50:18
612.	547.		Hödl, Bernd	Wilhelmshaven	80. M35	2919	01:46:33	01:50:19
613.		66.	May, Simone		13. WHK	3505	01:47:20	01:50:20
614.	548.		Oeljeschläger, Lothar	swb runners	106. M45	2680	01:50:26	01:50:26
615.	549.		Jahrmarkt, Rainer		63. M50	3339	01:47:46	01:50:28
616.	550.		Günther, Richard	Mut, Tatendrang & Schönheit	80. MHK	2486	01:50:27	01:50:34
617.		67.	Günther, Lisa	Mut, Tatendrang & Schönheit	14. WHK	2485	01:50:28	01:50:35
618.		68.	Höft, Petra	Gut-Heil Itzehoe	10. W45	2258	01:50:00	01:50:35
619.	551.		Schröder, Stephan		54. M30	3774	01:48:03	01:50:36
620.	552.		Ebert, Volker	TV Jahn Rehburg	120. M40	2849	01:49:22	01:50:37
621.	553.		Müller, Rolf	-	27. M55	4117	01:49:33	01:50:38
622.	554.		Richter, Ingolf		107. M45	3671	01:50:33	01:50:41
623.	555.		Schmiemann, Guido		121. M40	3761	01:49:05	01:50:42
624.	556.		Spohr, Burchard		2. M70	4113	01:49:13	01:50:43
625.	557.		Halfpap, Jörg	Lauftreff Duingen	108. M45	2347	01:50:44	01:50:44
626.	558.		Brandt, Heiko		81. M35	3026	01:50:37	01:50:45
627.		69.	Lachmann, Julia	OT Bremen	15. WHK	4093	01:50:22	01:50:48
628.	559.		Rennies, Bernd	OT Bremen	28. M55	4097	01:50:22	01:50:48
629.	560.		Windhorst, Maik		81. MHK	3936	01:49:27	01:50:49
630.	561.		Jacobsen, Preben		109. M45	3333	01:49:37	01:50:50
631.	562.		Bischoff, Udo	Laufakademie/LC Hansa Stuhr	122. M40	2315	01:48:37	01:50:50
632.	563.		Friede, Dr. Michael	BSG SPARKASSE BREMEN	64. M50	2137	01:50:50	01:50:50
633.	564.		Klinke, Michael	Schutzengel für Mukoviszidose	110. M45	2562	01:50:05	01:50:51
634.	565.		Lohmann, Heinz		8. M60	3476	01:50:54	01:50:54
635.		70.	Ruhl, Dagmar	pingpank.de	14. W40	2524	01:49:57	01:50:55
636.	566.		Gresens, Arne		111. M45	3218	01:49:30	01:50:55
637.	567.		Lebs, Thomas	BSAG for Hanse	123. M40	2128	01:50:40	01:50:55
638.		71.	Winkler-Krauß, Iris		6. W50	3939	01:50:38	01:50:57
639.	568.		Vogel, Dennis		82. MHK	3882	01:50:17	01:50:58
640.	569.		Wirthmann Ferreira, Eduardo		55. M30	3943	01:51:03	01:51:03
641.	570.		Proia, Walter	CIRCOLO SPORTIVO...A AMATORI NUORO	12. M45	2168	01:50:55	01:51:04
642.	571.		Ueckert, Torsten		124. M40	3864	01:49:47	01:51:05
643.	572.		Eilers, Michael	12 er Club	82. M35	2010	01:50:28	01:51:05
644.	573.		Jeske, Markus	TSV Barrien	83. M35	4142	01:48:23	01:51:06
645.	574.		Fleisch, Carsten	MTV Schweringen	125. M40	2478	01:49:19	01:51:06
646.	575.		Weis, Sascha		83. MHK	3907	01:49:49	01:51:07
647.	576.		Dabringhausen, Fabian		84. MHK	3073	01:51:04	01:51:07
648.		72.	Hessing, Tania	AOK Halbmarathonteam	15. W40	2043	01:49:11	01:51:07
649.	577.		Pachur, Dennis		85. MHK	3593	01:47:45	01:51:07
650.	578.		Brand, Heiko		84. M35	3025	01:50:09	01:51:09
651.	579.		Obeloer, Marc	SG Rotation Gütersloh	85. M35	2585	01:49:20	01:51:09
652.	580.		Borau, Eike		113. M45	3012	01:49:20	01:51:14
653.	581.		Zühlke, Birger	Z-Sport	56. M30	2922	01:50:54	01:51:14
654.		73.	Borrek, Andrea		16. WHK	3020	01:51:07	01:51:14
655.		74.	Fux, Yvonne		10. W30	3180	01:50:54	01:51:14
656.	582.		Priebe, Roland		126. M40	4096	01:49:52	01:51:19
657.		75.	Buls, Claudia		11. W30	4036	01:51:17	01:51:22
658.		76.	Schultz, Susanne	ohne Verein	16. W40	2494	01:49:40	01:51:22
659.	583.		Czernek, Matthias	TuSG Ritterhude	127. M40	2835	01:49:41	01:51:24
660.	584.		Hunter, Geoff		9. M60	3323	01:51:00	01:51:25
661.		77.	Haisch, Annette	Bremen 1860	12. W30	2113	01:50:03	01:51:25
662.	585.		Tolle, Detlef	Harpstedter TB	114. M45	2274	01:48:46	01:51:26
663.	586.		Reimann, Lars		86. M35	3654	01:50:05	01:51:26
664.	587.		Kujau, Patrick		87. M35	3442	01:50:55	01:51:27
665.		78.	Seeborg, Petra	sc weyhe	17. W40	2554	01:49:59	01:51:28
666.	588.		Hering, Holger		29. M55	3288	01:50:45	01:51:31
667.	589.		Niestroj, Matthias	pingpank.de	115. M45	2521	01:51:26	01:51:32
668.		79.	Eden, Sonja		11. W45	3122	01:51:18	01:51:33
669.	590.		Eden, Torsten		116. M45	3123	01:51:18	01:51:33
670.	591.		Saville, Andrew		88. M35	3722	01:49:24	01:51:36
671.		80.	Hartmann, Susanne	LC Duisburg	18. W40	4103	01:51:16	01:51:38
672.	592.		Rooney, Daniel		57. M30	3689	01:47:20	01:51:41
673.	593.		Paczkowski, Arkadiusz		89. M35	3594	01:49:20	01:51:44
674.	594.		Schön, Matthias	hanseWasser	90. M35	2272	01:48:59	01:51:46
675.		81.	Odic, Karine		15. W35	3576	01:49:42	01:51:47
676.		82.	Vivet, Caroline		19. W40	3880	01:49:42	01:51:47
677.		83.	Hanisch, Wenke		13. W30	3250	01:51:47	01:51:47
678.		84.	Thole, Renate	VHS Oldenburg Lauftreff	20. W40	2890	01:50:43	01:51:50
679.	595.		Meissner, Uli		117. M45	3517	01:51:05	01:51:51
680.		85.	Heiden, Claudia	LT Freya Friedewalde	16. W35	2443	01:49:39	01:51:51

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
681.		86.	Wagner, Gundula	Bautzener LV Rot-Weiß 90" e.V."	21. W40	2077	01:51:43	01:51:51
682.	596.		Othersen, Joachim		65. M50	3587	01:50:06	01:51:51
683.	597.		Zormann, Eike		91. M35	3966	01:51:35	01:51:52
684.	598.		Dierksen, Helmut		128. M40	3092	01:51:45	01:51:52
685.		87.	Bode, Maren	./.	17. W35	2004	01:49:47	01:51:53
686.	599.		Grevesmühl, Götz		92. M35	3220	01:50:01	01:51:54
687.	600.		Mandel, Wolfgang	LC Duisburg	30. M55	2376	01:50:51	01:51:55
688.	601.		Thiel, Oliver		58. M30	3849	01:51:25	01:51:56
689.		88.	Broschart, Nina		17. WHK	3037	01:50:29	01:51:56
690.		89.	Linnecke, Ute		12. W45	3470	01:50:16	01:51:56
691.	602.		Pape, Jürgen		129. M40	4050	01:49:22	01:51:58
692.		90.	Roeder, Alexandra	BTV 1877	18. W35	2150	01:50:51	01:51:58
693.	603.		Kulesha, Jürgen		66. M50	3443	01:49:17	01:51:59
694.	604.		Thurrow, Thomas	LG Baustudio Lilienthal	118. M45	2393	01:50:34	01:51:59
695.		91.	Nehring, Simone	TSV Gnarrenburg	19. W35	2773	01:49:28	01:52:00
696.	605.		Selenkowitsch, Daniel		86. MHK	3799	01:48:53	01:52:01
697.	606.		Brüning, Stefan	Berker	93. M35	4193	01:51:00	01:52:02
698.	607.		Heinrich, Martin	Carphunter-Papenburg	130. M40	2159	01:51:13	01:52:02
699.	608.		Bischoff, Matthias	Schutzengel für Mukoviszidose	59. M30	2558	01:52:02	01:52:02
700.	609.		Brümmer, Harald	TSV-Borgfeld	31. M55	2807	01:51:02	01:52:02
701.		92.	Arslan, Halise	Airbus SG Bremen	14. W30	2014	01:48:57	01:52:03
702.		93.	Kummer, Uta	BLT/BTV 1877	22. W40	2106	01:50:45	01:52:07
703.	610.		Meinert, Detlef	Pacemaker	131. M40	2508	01:50:44	01:52:09
704.	611.		Schnakenberg, Jörg	Bremen	132. M40	2112	01:52:10	01:52:10
705.	612.		Katzer, Kai		94. M35	3362	01:51:13	01:52:12
706.	613.		Gottwald, Ralf		119. M45	3211	01:51:14	01:52:12
707.	614.		Gross, Christoph	SC Weyhe	133. M40	2552	01:52:12	01:52:16
708.	615.		Kastenholz, Sebastian		87. MHK	4134	01:48:00	01:52:17
709.	616.		Schwarz, Wulf	-	134. M40	4116	01:51:13	01:52:18
710.	617.		Bittmann, Axel	Hesepere Rennschnecken	120. M45	4292	01:51:47	01:52:21
711.		94.	Fintelmann, Maureen	Hesepere Rennschnecken	20. W35	4291	01:51:47	01:52:21
712.	618.		Predöhl, Jörg		60. M30	3629	01:48:48	01:52:24
713.	619.		Sievers, Holger	L.G. Kreis Verden	67. M50	2311	01:52:13	01:52:26
714.	620.		Mielke, Martin		32. M55	3526	01:51:49	01:52:26
715.		95.	Maier, Nina		18. WHK	3494	01:52:06	01:52:27
716.	621.		Kamjunke, Carsten	TV Spaden	135. M40	2870	01:51:43	01:52:28
717.	622.		Putzke, Thomas		121. M45	3638	01:50:49	01:52:29
718.	623.		Höger, Dennis		88. MHK	4323	01:50:25	01:52:29
719.	624.		Steuck, Kai J.	FC Bayern München	95. M35	2225	01:50:32	01:52:30
720.	625.		Eckhoff, Olaf		136. M40	3121	01:52:06	01:52:31
721.	626.		Osigus, Michael		96. M35	3583	01:52:07	01:52:32
722.	627.		Koletzki, Michael		137. M40	3409	01:51:53	01:52:32
723.	628.		Lübben, Detlef	DSC Oldenburg	122. M45	2198	01:52:01	01:52:33
724.	629.		Sørensen, Hans Otto	AK Kilen	10. M60	2032	01:50:01	01:52:34
725.	630.		Cohrdes, Bernd		123. M45	3065	01:51:51	01:52:34
726.		96.	Cinar, Suzan		19. WHK	3060	01:49:54	01:52:35
727.	631.		Maier, Jan		124. M45	3492	01:48:17	01:52:36
728.	632.		Kempe, Hendrik	BSV Roxel	138. M40	2145	01:52:19	01:52:37
729.	633.		Kempe, Matthias	ohne Verein	61. M30	2493	01:52:20	01:52:37
730.	634.		Kumar, David	Tee Team Bremen	89. MHK	2719	01:52:40	01:52:40
731.	635.		Runge, Wolfgang		11. M60	4183	01:52:32	01:52:40
732.	636.		Zacharias, Dietmar	LT Hochschule Bremen	68. M50	4029	01:52:03	01:52:41
733.	637.		Ackermann, Jörg	Emder-LG	139. M40	2220	01:52:03	01:52:41
734.	638.		Schöning, Peter	Sportlounge Munte	69. M50	4192	01:52:27	01:52:44
735.	639.		Kohlmeyer, Björn	MTV Bispingen	62. M30	2476	01:51:51	01:52:48
736.	640.		Steinberg, Erhard		33. M55	3815	01:50:29	01:52:49
737.	641.		Schäfer, Thomas	Raumausstatter-Schäfer	140. M40	4242	01:49:04	01:52:52
738.	642.		Lewerentz, Thorsten	--	125. M45	4147	01:51:39	01:52:52
739.	643.		Reif, Falko		90. MHK	3653	01:52:34	01:52:54
740.	644.		Schröder, Michael	elrond	91. MHK	4171	01:52:28	01:52:54
741.	645.		Never, Jan		92. MHK	3566	01:50:45	01:52:54
742.	646.		Detken, Lars		63. M30	3086	01:50:25	01:52:56
743.	647.		Hummerich, Ludwig	Emder LG	70. M50	4250	01:50:41	01:52:58
744.		97.	Sünkel, Gabi	Emder LG	21. W35	2215	01:52:39	01:52:58
745.		98.	Neukirchen, Lea Nora	AOK Bremen	20. WHK	2038	01:52:02	01:52:59
746.		99.	Jurtz, Cindy		15. W30	3353	01:52:02	01:52:59
747.	648.		Rosendahl, Wilfried	Störtebeker Loopers TVM	141. M40	2635	01:52:40	01:53:00
748.	649.		Seekamp, Matthias		64. M30	3793	01:48:52	01:53:01
749.	650.		Delcroix, Florian		93. MHK	3078	01:49:48	01:53:02
750.	651.		Mir, Julien		94. MHK	3528	01:50:58	01:53:06
751.	652.		Burmeister, Reinhard	MPG Del	12. M60	4137	01:50:40	01:53:07
752.	653.		Gerdas, Thomas	Squash-Club Oldenburg	126. M45	2626	01:52:49	01:53:09
753.	654.		von Salzen, Klaus		127. M45	3894	01:52:28	01:53:14
754.	655.		Knoll, Ralf		142. M40	3393	01:51:27	01:53:18
755.	656.		Sievers, Kai	AZUL Running Team	143. M40	2073	01:51:47	01:53:18
756.	657.		Kleen, Diedrich	EWE Wattlopper	97. M35	4221	01:51:03	01:53:20
757.	658.		Ehrenberg, Achim		13. M60	3130	01:51:15	01:53:21
758.		100.	Duddek-Kirchhoff, Stephanie	TV Gut Heil Spaden	23. W40	2845	01:52:37	01:53:21
759.	659.		Mahnke, Detlef		34. M55	4191	01:51:02	01:53:21
760.	660.		Fasel, Jens	-	128. M45	4217	01:51:20	01:53:21
761.	661.		Günther, Sascha		98. M35	3236	01:51:43	01:53:21
762.		101.	Glenewinkel, Johanna		16. W30	3200	01:51:27	01:53:22
763.	662.		Höhne, Andreas		99. M35	3307	01:52:45	01:53:23
764.	663.		Schmidt, Henner		65. M30	3754	01:51:46	01:53:24
765.		102.	Glomb, Claudia		21. WHK	3202	01:50:51	01:53:24

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
766.	664.		Lindloge, Christian		100. M35	3469	01:50:52	01:53:25
767.		103.	Wehner, Birgit		13. W45	3904	01:52:54	01:53:25
768.	665.		Lübbbers, August	TuS Ofen	71. M50	2823	01:51:49	01:53:26
769.	666.		Poretskyi, Eugen	Tus Zeven	66. M30	4298	01:51:08	01:53:28
770.	667.		Rietz, Felix	---	14. MJA	4130	01:50:30	01:53:28
771.	668.		Herbord, Felix		67. M30	3283	01:50:04	01:53:29
772.	669.		Wendt, Roland		95. MHK	3914	01:50:26	01:53:29
773.	670.		Knuth, Detlef		35. M55	3395	01:52:45	01:53:30
774.	671.		Kleilein, Michael	kein	72. M50	2304	01:52:39	01:53:33
775.	672.		Hedenkamp, Bernd	TV Hude	73. M50	2848	01:52:56	01:53:33
776.	673.		Schloo, Stefan		101. M35	3748	01:53:10	01:53:34
777.	674.		Klaener, Jens		144. M40	3378	01:51:05	01:53:35
778.	675.		Fahlbusch, Jens	Club zur Vahr	129. M45	2172	01:52:39	01:53:35
779.	676.		Hansen, Leif	AK Kilen	3. M65	2022	01:52:14	01:53:36
780.	677.		Vogt, Ralf		130. M45	3884	01:53:09	01:53:38
781.		104.	Vern, Annick		14. W45	3877	01:51:34	01:53:38
782.	678.		Becker, Gerrit	RSC-Rot-Gold Bremen (Radsport)	96. MHK	2542	01:52:54	01:53:39
783.	679.		Schwarz, Karsten	TSV Daverden	145. M40	2763	01:51:28	01:53:40
784.	680.		Effertz, Hans-Dietrich	SVN Düşhorn	74. M50	2673	01:52:15	01:53:41
785.	681.		Kirchhof, Timm	VILSA-Team	68. M30	2892	01:50:08	01:53:43
786.	682.		Bargmann, Frank	TSV Gnarrenburg	36. M55	2768	01:51:09	01:53:43
787.	683.		Jahne, Thomas		131. M45	3338	01:52:57	01:53:45
788.		105.	Möller, Katja		24. W40	3533	01:51:21	01:53:46
789.	684.		Thieben, Heinrich	Atlas Elektronik	75. M50	2064	01:53:24	01:53:47
790.	685.		Waldmann, Torsten		132. M45	3898	01:53:19	01:53:48
791.		106.	Thomsen, Marion		7. W50	4090	01:53:01	01:53:50
792.	686.		Richter, Norbert		76. M50	3673	01:52:40	01:53:51
793.	687.		Rimkus, Ralf	TSV Gnarrenburg	133. M45	2774	01:51:22	01:53:54
794.	688.		Ludwiniak, Leszek	KB Hermes Gryfino	77. M50	2301	01:53:15	01:53:55
795.	689.		Jensen, Torben	AK Kilen	78. M50	2024	01:52:28	01:53:56
796.	690.		Vahle, Maik		102. M35	3872	01:52:15	01:53:57
797.	691.		Spiderpig, Topias		134. M45	4091	01:53:07	01:53:58
798.		107.	Glanert, Silke	Marathonclub Walsrode	15. W45	2466	01:51:09	01:54:05
799.		108.	Vetter, Teresa		22. WHK	3878	01:51:37	01:54:09
800.	692.		Schäl-Helmers, Wolfgang	-	37. M55	4006	01:53:06	01:54:09
801.	693.		Linder-Sprecher, Ingo	LTSV Bremen-Grohn	79. M50	2462	01:50:48	01:54:11
802.	694.		Thies, Nils		69. M30	3851	01:51:47	01:54:12
803.	695.		Menzel, Frank		146. M40	3521	01:53:43	01:54:13
804.	696.		Busse, Dennis		70. M30	3055	01:52:22	01:54:15
805.		109.	Jischa-Wolf, Elsa	ATS Buntentor Bremen	25. W40	2070	01:54:06	01:54:18
806.	697.		Buns, Heinrich		135. M45	3054	01:53:02	01:54:18
807.	698.		Pütz, Hans- Jürgen	Laufschule Anlauf	38. M55	2341	01:52:04	01:54:19
808.	699.		Kouman, Götz		147. M40	3421	01:50:08	01:54:22
809.	700.		Drzysga, Mirko		15. MJA	4138	01:50:40	01:54:25
810.	701.		Droste, Thomas	Osteroder Tauchclub	80. M50	2502	01:53:57	01:54:27
811.	702.		Gödde, Christoph	TC Grün Weiß Paderborn	97. MHK	2691	01:53:43	01:54:27
812.		110.	Gruen, Iris		16. W45	3230	01:53:22	01:54:28
813.	703.		Schladitz, Sascha	TSV Gudow	103. M35	2776	01:50:50	01:54:29
814.	704.		Schröder, Robert	OT Bremen	16. MJA	4240	01:54:13	01:54:30
815.		111.	Meyer , Sandra Kristin	BHC	3. WJA	2092	01:54:12	01:54:30
816.	705.		Hambrecht, Rainer	Club zur Vahr Bremen	136. M45	4206	01:53:52	01:54:31
817.	706.		Hesse, Matthias	SVA Gütersloh	137. M45	2671	01:53:39	01:54:34
818.		112.	Krüger-Tiefenbach, Annika		17. W45	3435	01:52:33	01:54:35
819.		113.	Ruchel, Britta		26. W40	3702	01:52:34	01:54:36
820.		114.	Droletz, Birgit	Amok-Läufer Kunterbunt	27. W40	2036	01:53:47	01:54:36
821.	707.		Horstmeier, Jan	Amok-Läufer Kunterbunt	148. M40	2037	01:53:47	01:54:36
822.	708.		Sawatzki, Maurice		98. MHK	3723	01:52:53	01:54:38
823.		115.	Parry, Rebecca		22. W35	3601	01:52:32	01:54:39
824.	709.		Lacher, René	swb-runner	149. M40	4055	01:54:32	01:54:41
825.	710.		von Glan, Frank	./.	138. M45	4198	01:52:02	01:54:41
826.	711.		Vo, Quang-Tue Xavier		139. M45	3881	01:52:38	01:54:43
827.	712.		Melnikov, Nikolay	Jacobs University Bremen	99. MHK	2297	01:52:17	01:54:44
828.	713.		Winneckens, Knut	LC Hansa Stuhr Tri-Wölfe	150. M40	2385	01:54:11	01:54:44
829.	714.		Razavi, Djalal	--	39. M55	3990	01:52:42	01:54:45
830.	715.		Kracke, Andreas	SV Motor Wolgast	140. M45	2660	01:54:37	01:54:48
831.	716.		Heinrichs, Thomas	TSV Gnarrenburg	151. M40	2771	01:54:21	01:54:48
832.	717.		Tang, Ib	AK Kilen	4. M65	2034	01:53:27	01:54:50
833.	718.		Schiefer, David		71. M30	3737	01:53:02	01:54:51
834.		116.	Siemers, Nicole	BSG SPARKASSE BREMEN	17. W30	2141	01:52:11	01:54:53
835.	719.		Otterstädt, Erik		72. M30	3592	01:51:24	01:54:58
836.		117.	Larsen, Anna Grethe	AK Kilen	2. W55	2027	01:54:30	01:54:58
837.		118.	Foldager, Else	AK Kilen	8. W50	2019	01:54:29	01:54:58
838.	720.		Lingenfelder, Dirk	TSV Worpswede	73. M30	2804	01:54:09	01:54:58
839.	721.		Müller, Manfred	Sport Lounge Munte	81. M50	2614	01:53:55	01:55:00
840.		119.	Fuchs, Christine	LG Bremen-Nord	1. W70	4175	01:55:02	01:55:02
841.	722.		Schumm, Horst	laufgruppe Grasberg	14. M60	4002	01:53:50	01:55:04
842.	723.		Krastel, Daniel		141. M45	3424	01:53:57	01:55:07
843.	724.		Wellershaus, Dirk		74. M30	3912	01:51:05	01:55:11
844.	725.		Catalucci, Gino	Stedinger Turnverein Berne	40. M55	2628	01:51:31	01:55:11
845.	726.		Hoffmann-Sell, Lars		75. M30	3304	01:52:27	01:55:11
846.	727.		Hahndorf, Ulli	-	104. M35	4201	01:53:00	01:55:12
847.	728.		Poppe, Rolf		82. M50	4215	01:53:18	01:55:15
848.	729.		Bandelow, Marc		105. M35	2953	01:54:34	01:55:17
849.	730.		Tietjen, Marc		76. M30	3853	01:53:18	01:55:18
850.	731.		Henning, Rene		100. MHK	3281	01:51:30	01:55:18

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
851.	732.		Turowski, Thore		101. MHK	3863	01:51:39	01:55:18
852.		120.	Visa-Kallio, Outi	Bayer Runners	28. W40	4252	01:55:05	01:55:19
853.		121.	Andreasen, Elisabeth		18. W30	2939	01:52:56	01:55:20
854.	733.		Köster, Bodo		83. M50	3418	01:55:00	01:55:22
855.	734.		Dirks, Benjamin	Sportfreunde Larrelt e.V. 1928	102. MHK	2623	01:55:04	01:55:24
856.	735.		Jacobj, Daniel		103. MHK	3332	01:53:10	01:55:24
857.	736.		Blecker, Marc	www.ehlersgmbh.com	142. M45	4058	01:53:16	01:55:26
858.	737.		Viebahn, Lennart		77. M30	3879	01:55:19	01:55:27
859.	738.		Radtke, Bernd		143. M45	3640	01:53:46	01:55:27
860.	739.		Metz, Carsten		152. M40	4214	01:54:14	01:55:28
861.	740.		Stelljes, Frank		153. M40	3821	01:53:12	01:55:28
862.	741.		Paul, Dieter		144. M45	3602	01:53:51	01:55:33
863.	742.		Konrad, Jürgen	Pingpank.de	84. M50	2518	01:54:35	01:55:33
864.	743.		Dittberner, Marc	Wir die Winzer	154. M40	2920	01:53:22	01:55:40
865.	744.		Plaumann, Gert	ohne	15. M60	2490	01:51:42	01:55:40
866.	745.		Eggers, Torsten		155. M40	3126	01:55:09	01:55:40
867.	746.		Lesch, René		156. M40	3465	01:52:00	01:55:41
868.		122.	Dorn, Britta	LC Duisburg	29. W40	2366	01:55:21	01:55:43
869.	747.		Neumann, Heiko		145. M45	4255	01:53:28	01:55:43
870.	748.		Harms, Henning		78. M30	3256	01:52:40	01:55:43
871.		123.	Foldberg, Bodil	AK Kilen	9. W50	2020	01:55:16	01:55:44
872.		124.	Scheffler, Anne		23. WHK	3735	01:51:56	01:55:45
873.	749.		Bucherer, Lutz	Atlas Elektronik	157. M40	2056	01:55:14	01:55:45
874.	750.		Simonis, Gunter	TV Ransbach	85. M50	2863	01:53:18	01:55:48
875.	751.		Borau, Ulf		158. M40	3013	01:53:50	01:55:49
876.	752.		Schröder, Hartmut	BTV 1877	86. M50	2151	01:53:54	01:55:50
877.	753.		Bockhop, Jens		106. M35	2997	01:51:54	01:55:50
878.	754.		Dittmer, Helmut		41. M55	3096	01:54:01	01:55:50
879.	755.		Rogge, Thomas		159. M40	3684	01:53:44	01:55:55
880.	756.		Rohlf, Friedrich	BBS Osterholz-Scharmbeck	104. MHK	4261	01:53:38	01:55:56
881.	757.		Reincken, Michael	TuS Harsefeld	160. M40	2817	01:55:05	01:55:59
882.	758.		Orgass, Heinrich	--	42. M55	4197	01:54:21	01:55:59
883.	759.		van Hall, Patrick	TV Lilienthal	161. M40	2853	01:55:06	01:55:59
884.		125.	Schlemmermeyer, Petra	MTV Schweringen	23. W35	2481	01:55:00	01:56:01
885.	760.		Treuner, Matthias		87. M50	3859	01:54:16	01:56:02
886.	761.		Briesch, Ewald		88. M50	3032	01:55:56	01:56:03
887.	762.		Theuser, Andreas	12 er Club	146. M45	2011	01:55:28	01:56:05
888.	763.		Tüfekciler, Soner	-	107. M35	4062	01:56:05	01:56:05
889.	764.		Donaghy, Mark		108. M35	3099	01:52:17	01:56:07
890.	765.		Bamming, Wilhelm		147. M45	2952	01:53:54	01:56:07
891.	766.		Sasse, Torsten		89. M50	3721	01:52:59	01:56:11
892.	767.		Böhm, Rainer	SV Friedrichsgabe	90. M50	2642	01:56:05	01:56:11
893.	768.		Hartmann, Markus	TS Woltmershausen	79. M30	2740	01:53:15	01:56:12
894.		126.	Peschke, Claudia		19. W30	3608	01:54:27	01:56:16
895.	769.		Iwan, Marcus		162. M40	3330	01:56:13	01:56:16
896.	770.		Walter, Frank	TV Jahn Rehburg	148. M45	2850	01:55:02	01:56:16
897.		127.	Junge, Nina		24. WHK	3350	01:55:11	01:56:18
898.	771.		Schneider, Jörg		163. M40	3762	01:56:12	01:56:23
899.	772.		Anneken, Bodo	Atlas Elektronik	43. M55	2054	01:55:53	01:56:23
900.	773.		Mertens, Alexander	-	164. M40	4127	01:55:31	01:56:24
901.	774.		Lynge, Bent	AK Kilen	5. M65	2028	01:55:01	01:56:29
902.	775.		Becker, Dirk		109. M35	2969	01:54:33	01:56:31
903.	776.		Hülsemeyer, Thomas	LT Ottersberg	149. M45	4107	01:55:57	01:56:31
904.		128.	Lange, Nina	laufftreff ottersberg	24. W35	2357	01:55:53	01:56:31
905.	777.		König, Daniel	-	80. M30	2003	01:54:44	01:56:32
906.		129.	Jaentsch, Lena		25. WHK	3335	01:55:32	01:56:33
907.	778.		Henker, Jürgen	SG Walchum-Hasselbrock	110. M35	2588	01:55:08	01:56:33
908.	779.		Jurczyk, Norbert	heiße Sohle Hünzingen	91. M50	2275	01:53:55	01:56:34
909.	780.		Prödl, Josef		150. M45	4039	01:55:36	01:56:35
910.	781.		Rode, Thorsten		151. M45	3681	01:53:36	01:56:35
911.	782.		Meyer, Dirk	TSV Fischerhude	165. M40	4078	01:54:45	01:56:36
912.	783.		Ziehn, Eberhard	SSV Hagen / Stade	44. M55	2627	01:54:47	01:56:38
913.	784.		Jaentsch, Joachim		92. M50	3334	01:55:38	01:56:39
914.		130.	Heine, Anke	Die Entschleunigten	30. W40	2186	01:55:36	01:56:39
915.	785.		Schreck, Sebastian	Die Entschleunigten	81. M30	2187	01:55:35	01:56:39
916.	786.		Haase, Alexander		105. MHK	3242	01:54:25	01:56:39
917.	787.		Mors, Emils		17. MJA	3540	01:55:16	01:56:40
918.		131.	Freitag, Karin	MTV Schweringen	10. W50	2479	01:55:40	01:56:42
919.	788.		Wittgreffe, Jens		166. M40	3946	01:52:45	01:56:42
920.		132.	Ohlendorf, Dorth	Airbus SG Bremen	31. W40	2015	01:53:37	01:56:42
921.	789.		Hentrich-Hesse, Marco	ATSV Habenhausen	167. M40	4079	01:55:00	01:56:44
922.	790.		Schaaf, Jürgen		93. M50	3725	01:55:10	01:56:44
923.	791.		Mors, Dainis		152. M45	3539	01:52:38	01:56:46
924.	792.		Goossens, Luc		94. M50	3207	01:56:46	01:56:49
925.	793.		Eggers, Walter		95. M50	4015	01:54:59	01:56:49
926.		133.	Loxen, Heike	Lauffreunde Emsland	25. W35	2334	01:55:08	01:56:50
927.	794.		Stemberg, Friedhelm	LT TV Schwanewede	96. M50	2458	01:53:01	01:56:51
928.	795.		Baumgarth, Steffen		106. MHK	2966	01:53:07	01:56:51
929.	796.		Murasugi, Kenji		82. M30	3549	01:54:32	01:56:52
930.		134.	Kaatz, Marita	Laufftreff Harsefeld	18. W45	2351	01:54:31	01:56:52
931.	797.		Drzysga, Achim		153. M45	3112	01:53:08	01:56:53
932.	798.		Broschart, Uwe		45. M55	3038	01:55:25	01:56:55
933.	799.		Herrmann, Carsten		154. M45	3289	01:56:31	01:56:55
934.		135.	Müller, Heike		32. W40	3546	01:56:26	01:56:55
935.		136.	Heine, Beatrix		26. W35	4120	01:55:48	01:56:56

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
936.	800.		Maaß, Thorsten	Sportziel	97. M50	2625	01:54:36	01:56:56
937.	801.		Voss, Michael		155. M45	3896	01:56:31	01:57:01
938.		137.	Lüßen, Maren		4. WJA	3483	01:55:32	01:57:05
939.	802.		Ziehmänn, Armin	ESV Blau-Weiss Bremen	98. M50	2223	01:56:24	01:57:05
940.		138.	Lamare, Hoda		27. W35	3450	01:55:01	01:57:06
941.		139.	Paul, Cordula	Schutzengel für Mukoviszidose	20. W30	2567	01:57:08	01:57:08
942.		140.	Hager, Jutta	LG Bremen-Nord	11. W50	2395	01:56:05	01:57:08
943.		141.	Hoffmann, Silke	LG Nord	33. W40	4281	01:56:08	01:57:10
944.	803.		Pfeng, Heiko		111. M35	3617	01:54:00	01:57:11
945.		804.	Böttcher, Jörg		156. M45	4306	01:56:20	01:57:12
946.		142.	Buschermöhle, Jola	-	28. W35	4184	01:56:04	01:57:12
947.	805.		Wolff, Florian	Uni Triathlönw Bremen	107. MHK	2875	01:56:49	01:57:13
948.	806.		Heyne, Jan		168. M40	3293	01:57:00	01:57:15
949.	807.		Denzel, Sebastian		83. M30	3080	01:54:40	01:57:18
950.	808.		Krome, Rolf-Jürgen		46. M55	3430	01:57:02	01:57:18
951.	809.		Herbst, Harald		157. M45	3286	01:56:50	01:57:20
952.	810.		Behlau, Gregor		112. M35	2976	01:55:56	01:57:20
953.	811.		Wulfekuhl, Georg	TSG Hatten-Sandkrug	16. M60	2743	01:56:31	01:57:21
954.	812.		Teepe, Kai	BTS Neustadt	169. M40	2147	01:54:10	01:57:21
955.	813.		Schönert, Wolfgang		17. M60	4118	01:55:34	01:57:22
956.	814.		Lieberum, Andreas		47. M55	4030	01:55:34	01:57:22
957.	815.		Behrens, Peter		158. M45	2977	01:54:26	01:57:23
958.		143.	Baaden, Ingrid-Katharina	TV Ransbach	1. W60	2860	01:56:31	01:57:23
959.	816.		Brunkow, Cristoph	TuS Varrel	170. M40	4200	01:54:55	01:57:25
960.	817.		Diehl, Volker	LC Hansa Stuhr Tri-Wölfe	159. M45	4237	01:55:01	01:57:26
961.	818.		Engelke, Matthias	Laufschule Anlauf	99. M50	2337	01:55:10	01:57:26
962.		144.	Horn, Jeannette	Raumausstatter-Schäfer	34. W40	4243	01:53:40	01:57:27
963.		145.	Drobnik, Sabrina	kein Verein	35. W40	4009	01:56:48	01:57:28
964.	819.		Kirchner, Wolfgang		100. M50	3374	01:55:45	01:57:28
965.		146.	Heiland, Astrid	Sport- Ziel Team	19. W45	4231	01:56:17	01:57:28
966.	820.		Rebmann, Marc		84. M30	3646	01:55:49	01:57:29
967.	821.		Lütjens, Stephan		113. M35	3484	01:55:24	01:57:31
968.		147.	Gesthuysen, Silke	Sport Ziel Team 21	21. W30	2619	01:55:38	01:57:32
969.		148.	Engelbracht, Gesa		36. W40	3140	01:56:34	01:57:32
970.		149.	Wolters, Ute	pingpank.de	12. W50	2527	01:56:33	01:57:32
971.	822.		Plonsker, Marcus		160. M45	3623	01:57:01	01:57:34
972.	823.		Riethmüller, Marcel	-	85. M30	4170	01:55:27	01:57:37
973.	824.		Borchert, Klaas		171. M40	3018	01:57:28	01:57:39
974.	825.		Klassen, Sebastian	BioBasis Heidelberg	101. M50	4122	01:50:06	01:57:39
975.	826.		Schulz, Thomas	Team Laufrausch	172. M40	2709	01:54:21	01:57:40
976.	827.		Schwenzer, Fred		173. M40	3788	01:53:21	01:57:41
977.	828.		Brenning, Carten	Laufakademie/LC Hansa Stuhr	161. M45	2317	01:55:14	01:57:42
978.	829.		Leifeld, David		114. M35	4031	01:55:14	01:57:42
979.	830.		Lange, Günter	Sport Lounge Munte	102. M50	2611	01:56:53	01:57:44
980.		150.	Meinhardt, Monika	Bäcker Meier Helgoland	13. W50	2075	01:55:50	01:57:44
981.	831.		Michaelis, Dieter	Lauftreff Bruchhausen-Vilsen	48. M55	2344	01:55:41	01:57:46
982.		151.	Franzen, Elsbeth	AOK Halbmarathonteam	20. W45	2040	01:55:12	01:57:46
983.	832.		Wohlens, Volker	LT-Vahr Bremen	103. M50	2463	01:57:01	01:57:47
984.		152.	Ehlers, Britta		37. W40	3129	01:57:36	01:57:49
985.	833.		Narloch, Peter	LT-Höpkens Ruh	162. M45	4044	01:57:36	01:57:49
986.		153.	Kißner, Heike		29. W35	3376	01:56:47	01:57:50
987.	834.		Giesenbauer, Beric		108. MHK	3196	01:57:27	01:57:51
988.		154.	Meyer, Susanne		21. W45	3525	01:55:46	01:57:53
989.		155.	Petersen, Sonja		26. WHK	3614	01:57:41	01:57:56
990.	835.		Reiners, Andreas		174. M40	3656	01:55:53	01:57:58
991.	836.		Klepsch, Bernd		175. M40	3385	01:55:53	01:57:58
992.	837.		Reelfs, Arne	SV Werder Bremen	115. M35	2667	01:55:55	01:57:58
993.	838.		von Der Rente, Stefan		86. M30	3889	01:54:01	01:57:59
994.	839.		Fritsch, Markus		109. MHK	3176	01:55:08	01:58:03
995.	840.		Eckert, Arne		87. M30	3120	01:56:32	01:58:04
996.	841.		Dessena, Lorenzo	CIRCOLO SPORTIVO...A AMATORI NUORO	18. M60	2165	01:57:50	01:58:10
997.	842.		Bögner, Fabian		110. MHK	3006	01:54:45	01:58:10
998.	843.		Einemann, Ronald	Lauftreff Ganderkesee	163. M45	2348	01:56:41	01:58:11
999.	844.		Lichtenstein, Stefan	Triathlon Club Bremen	176. M40	2731	01:56:32	01:58:12
1000.	845.		Abeln, Marco		88. M30	2923	01:56:42	01:58:12
1001.	846.		Richter, Marc	LT Bittermark Dortmund	89. M30	4131	01:56:42	01:58:12
1002.	847.		Renken, Jens Christian		177. M40	3663	01:56:04	01:58:13
1003.	848.		Wittkuhn, Kim Lars	LG Bremen-Nord Lauftreff	178. M40	2402	01:57:51	01:58:13
1004.	849.		Frank, Torsten		116. M35	3166	01:56:30	01:58:13
1005.	850.		Bayer, Thomas		164. M45	2967	01:56:49	01:58:15
1006.		156.	Swieter, Amke	SV Neptun Emden	27. WHK	2661	01:57:01	01:58:16
1007.	851.		Wischmann, Hartmut		165. M45	3944	01:55:20	01:58:17
1008.	852.		Sacher, Konrad		104. M50	4202	01:57:47	01:58:19
1009.	853.		Faupel, Uwe		111. MHK	3150	01:56:18	01:58:22
1010.	854.		Willner, Hartmut	TSV Barrien	105. M50	2748	01:56:04	01:58:23
1011.	855.		Gaun, Alexander	TuS Clausthal-Zellerfeld	112. MHK	2812	01:55:21	01:58:24
1012.	856.		Landgraf, Tim		179. M40	4043	01:57:22	01:58:24
1013.	857.		Göllner, Timo		113. MHK	3206	01:56:16	01:58:24
1014.	858.		Janßen, Christoph	Lokomotive Grasberg	114. MHK	2434	01:58:03	01:58:29
1015.	859.		Janßen, Gregor	Lokomotive Grasberg	106. M50	2435	01:58:03	01:58:29
1016.	860.		Neteler, Christian		117. M35	3559	01:56:15	01:58:29
1017.		157.	von Raven, Monika		38. W40	3893	01:57:04	01:58:29
1018.		158.	Döhler, Johanna	-	28. WHK	4133	01:56:26	01:58:31
1019.	861.		Sajewski, Wojtek		107. M50	3719	01:55:20	01:58:32
1020.	862.		Brenneke, Michael		118. M35	4121	01:56:19	01:58:34

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1021.		159.	Stelljes, Birgit		39. W40	3820	01:56:20	01:58:36
1022.		160.	von Lienen, Sonja	AOK Halbmarathonteam	22. W30	2492	01:58:24	01:58:36
1023.		161.	Buhr, Meike		30. W35	3052	01:57:40	01:58:37
1024.		162.	Buhr, Silke	Daniel Unger Sports	31. W35	2182	01:57:40	01:58:37
1025.	863.		Schirmer, Gerald		180. M40	3742	01:56:16	01:58:38
1026.	864.		Musold, Matthias	TSV Cluvenhagen	166. M45	2761	01:56:40	01:58:38
1027.	865.		Satari, Abdul	Los Weones Cartagena	115. MHK	2438	01:54:53	01:58:40
1028.	866.		Wisniewski, Jörn	Triathlon Club Bremen	116. MHK	2732	01:57:00	01:58:40
1029.	867.		Pellhammer, Markus	Los Weones Cartagena	117. MHK	2437	01:54:53	01:58:40
1030.	868.		Daiser, Fabian	Los Weones Cartagena	118. MHK	2436	01:54:53	01:58:40
1031.	869.		Soutschek, Steffen	So läuft Bank heute	181. M40	3810	01:56:39	01:58:41
1032.	870.		Köster, Patrick	bremen vier Gewinnerteam	18. MJA	2116	01:55:58	01:58:42
1033.	871.		Schubert, Dirk	Himmelsbote	182. M40	2277	01:57:30	01:58:42
1034.		163.	Mecke, Antje	TuSV Stellichte	3. W55	2836	01:57:04	01:58:43
1035.	872.		Stolze, Marc		119. M35	3833	01:57:13	01:58:44
1036.		164.	Bormann, Eva		14. W50	3019	01:57:04	01:58:45
1037.	873.		Claussen, Jens	jc Leistungsdiagnostik	183. M40	4234	01:56:12	01:58:46
1038.	874.		Jürgenähring, Jens		119. MHK	3351	01:55:54	01:58:48
1039.		165.	Lausmohr, Imke		29. WHK	3458	01:58:11	01:58:49
1040.	875.		Lampe, Thorsten	FC Oppenwehe	120. M35	2229	01:57:25	01:58:50
1041.	876.		Lesser, Andreas		49. M55	3466	01:55:02	01:58:51
1042.	877.		Heine, Hendrik		90. M30	3270	01:57:45	01:58:53
1043.	878.		Kechagias, Trifon	Dialogos-Griechi...d Umgebung e.V.	167. M45	2184	01:55:47	01:58:54
1044.	879.		Bode, Dennis		91. M30	2999	01:55:08	01:58:54
1045.	880.		Albrecht, Udo		168. M45	2936	01:56:37	01:58:54
1046.	881.		Schwarze, Thomas		184. M40	3787	01:58:30	01:58:55
1047.	882.		Jacobi, Michael	Laufakademie/LC Hansa Stuhr	185. M40	2324	01:58:48	01:58:57
1048.		166.	Friede, Dagmar	BSG SPARKASSE BREMEN	15. W50	2136	01:58:34	01:58:59
1049.	883.		Wagner, Thomas	TUS Tarmstedt	169. M45	2831	01:56:59	01:59:01
1050.	884.		Nagel, Frank		121. M35	3552	01:56:38	01:59:04
1051.	885.		Forstmann, Thomas		186. M40	3162	01:57:30	01:59:06
1052.	886.		Ebbing, Bernd	TSG Hatten-Sandkrug	170. M45	2741	01:58:17	01:59:07
1053.	887.		Dreyer, Uwe		108. M50	3109	01:58:12	01:59:08
1054.	888.		Wöhleke, Klaus		19. M60	3949	01:58:44	01:59:11
1055.	889.		Holzner, Claus	Syke Alltiga	187. M40	2688	01:56:46	01:59:12
1056.	890.		Albers, Clemens		122. M35	2932	01:55:55	01:59:12
1057.		167.	Saathoff, Wibke		23. W30	3715	01:58:00	01:59:13
1058.		168.	Morawetz, Ute	TV Jahn Schneverdingen	16. W50	2851	01:58:10	01:59:18
1059.	891.		Fredrich, Bernd		109. M50	4308	01:58:16	01:59:20
1060.		169.	Oster, Michaela		40. W40	2222	01:57:53	01:59:22
1061.	892.		Huntemann, Ingo		92. M30	3322	01:57:38	01:59:22
1062.	893.		Weber, Olaf		188. M40	3902	01:57:55	01:59:28
1063.	894.		Lange, Udo	LG Bremen-Nord Lauftreff	189. M40	4080	01:58:45	01:59:28
1064.	895.		Wallenhorst, Gerd		50. M55	3899	01:57:35	01:59:28
1065.		170.	Heid, Birgit		22. W45	3267	01:58:16	01:59:30
1066.	896.		Buchholz, Christian	keiner	120. MHK	4005	01:58:12	01:59:30
1067.		171.	Häusler, Tanja	-	32. W35	4052	01:59:19	01:59:30
1068.	897.		Groß, Hans-Joachim	Eiche Horn	6. M65	4012	01:59:25	01:59:32
1069.		172.	Riegel, Gisela	-	4. W55	4077	01:59:18	01:59:34
1070.	898.		Frach, Axel		190. M40	4084	01:57:58	01:59:35
1071.	899.		Bast, Florian		121. MHK	2962	01:58:18	01:59:36
1072.	900.		Steindorff, Oliver	SV-Brake Lauffeuer	191. M40	4075	01:57:30	01:59:38
1073.	901.		Kleiber, Torben		93. M30	3381	01:59:09	01:59:38
1074.	902.		Huthoff, Werner	OT Bremen	110. M50	2504	01:56:29	01:59:40
1075.	903.		Groß, Bernhard	SV Großhansdorf	51. M55	2645	01:56:40	01:59:40
1076.	904.		Jörigs, Andreas	SV Siek	111. M50	2663	01:56:40	01:59:40
1077.	905.		Wettering, Sven		123. M35	3924	01:58:03	01:59:40
1078.		173.	Peterberns, Nicole		41. W40	3610	01:58:27	01:59:40
1079.		174.	Birkner, Nicole	Powered by Emotions	33. W35	2531	01:58:19	01:59:42
1080.		175.	Block, Astrid	Muddiclub Grasberg u.Umgebung	42. W40	2484	01:57:54	01:59:45
1081.	906.		Jassmann-Spitzenberg, Marcus		171. M45	3345	01:57:49	01:59:46
1082.	907.		Martin, Dirk	Daverden	124. M35	2183	01:58:22	01:59:47
1083.	908.		Szemjonneck, Knut		192. M40	3843	01:57:32	01:59:48
1084.		176.	Becker, Susanne		34. W35	4305	01:59:09	01:59:49
1085.	909.		Mann, Moritz		122. MHK	4104	01:58:53	01:59:50
1086.		177.	Godt, Tanja	-	35. W35	4225	01:58:46	01:59:53
1087.		178.	Wu, Bärbel		17. W50	3956	01:57:52	01:59:53
1088.	910.		Legies, Sascha		123. MHK	4145	01:58:35	01:59:57
1089.	911.		Blome, Christian	Gutedelrunners	125. M35	2256	01:58:04	02:00:00
1090.	912.		Ebend, Johann		112. M50	3118	01:58:58	02:00:00
1091.		179.	Legies, Michaela	-	30. WHK	4146	01:58:40	02:00:02
1092.	913.		Tillmann, Gerhard	LC Duisburg	20. M60	2381	01:56:42	02:00:02
1093.	914.		Nordemann, Detlef		126. M35	4032	01:59:41	02:00:02
1094.	915.		Ruhlig, Thorsten	SV Friedrichsgabe Bestzeitenjäger	127. M35	2643	01:59:57	02:00:04
1095.		180.	Gawlik-Kuzera, Eva	LC Duisburg	23. W45	2370	01:58:58	02:00:04
1096.	916.		Geiger, Reinhard	LC Duisburg	21. M60	2371	01:58:57	02:00:04
1097.		181.	Roth, Katrin	BSG Stadtwerke Duisburg	43. W40	2143	01:58:58	02:00:04
1098.	917.		Schwill, Burkhard	Airbus SG Bremen	128. M35	3790	01:57:01	02:00:09
1099.	918.		Wigger, Hermann Josef	LT Kenkel	113. M50	2445	01:57:02	02:00:09
1100.		182.	Schneider, Tanja		36. W35	3763	02:00:09	02:00:09
1101.	919.		Zander, Hans-Joachim	Atlas Elektronik	22. M60	2065	02:00:10	02:00:10
1102.	920.		Leptien, Hans-Peter		23. M60	3463	01:58:46	02:00:12
1103.	921.		Dieckvoß, Andreas	TUSG Ritterhude	114. M50	4011	01:58:40	02:00:12
1104.	922.		Rüdenauer, Helmut	1860	24. M60	2000	01:59:43	02:00:12
1105.		183.	Böhme-Schröder, Katrin	OT Bremen	18. W50	4135	02:00:03	02:00:13

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1106.	923.		Gerdas, Jörn	AOK Halbmarathonteam	193. M40	2041	01:58:19	02:00:14
1107.	924.		Eberhardt, Uwe		94. M30	3119	01:56:22	02:00:15
1108.	925.		Geiger, Malte	VTB-Varel	129. M35	2900	01:59:09	02:00:18
1109.		184.	Dziemian-Paczkowska, Malgorzata		37. W35	3117	01:57:55	02:00:19
1110.	926.		Ang, Stephen		95. M30	2940	02:00:15	02:00:20
1111.	927.		Gröning, Daniel		124. MHK	3225	01:58:10	02:00:20
1112.	928.		Kaukal, Bernd		115. M50	3363	01:56:19	02:00:21
1113.	929.		Pfützner, Sven		194. M40	3618	01:58:48	02:00:22
1114.	930.		Ochmann, Rainer		52. M55	3575	01:57:02	02:00:23
1115.	931.		Ruhnke, Michael	swb-runner	195. M40	2685	01:58:52	02:00:24
1116.	932.		Kossens, Michael		172. M45	3417	01:56:41	02:00:24
1117.	933.		Socher, Michael	LC Duisburg	173. M45	2379	01:58:32	02:00:24
1118.		185.	Focks, Martina	LC Duisburg	24. W45	2369	01:58:31	02:00:24
1119.	934.		Zimmermann, Volker		116. M50	3964	01:58:50	02:00:25
1120.		186.	Opitz, Christiane	Team Laufrausch e.V.	44. W40	2716	01:57:35	02:00:26
1121.		187.	Diekmann, Bärbel		5. W55	3089	01:58:15	02:00:26
1122.	935.		Dobrzynski, Peter	-	125. MHK	4257	01:59:06	02:00:29
1123.		188.	Maitin, Wibke		38. W35	3495	01:59:47	02:00:30
1124.		189.	Freitag, Katja		45. W40	3168	01:59:48	02:00:30
1125.	936.		Oltmann, Wolfgang	AOK Halbmarathonteam	117. M50	2047	01:58:43	02:00:32
1126.	937.		Köster, Sven		96. M30	3995	01:56:18	02:00:33
1127.	938.		Rotermund, Lennart		126. MHK	3695	02:00:27	02:00:33
1128.	939.		Meier, Thomas		118. M50	3511	01:57:48	02:00:33
1129.	940.		Plate, Klaus	Barrien	119. M50	4144	01:57:55	02:00:38
1130.		190.	Weingarten, Mirja		24. W30	3906	01:59:15	02:00:39
1131.	941.		Meinke, Frank		97. M30	3513	01:59:21	02:00:40
1132.	942.		Schierloh, Gerd	Lauftreff Bruchhausen-Vilsen	196. M40	2345	01:58:34	02:00:40
1133.	943.		Rybak, Holger	ERGO sports	197. M40	3584	01:59:25	02:00:41
1134.		191.	Wohlgemuth, Saskia		31. WHK	3951	01:58:17	02:00:41
1135.		192.	Petzold, Jutta	Bremen 1860	46. W40	2114	01:59:48	02:00:42
1136.	944.		Wöhlbrandt, Frank	Bremer Sport Club	198. M40	2124	01:58:28	02:00:43
1137.		193.	Schönig, Annette	-	25. W30	4087	01:59:17	02:00:43
1138.	945.		Bergemann, Ulrich		120. M50	2980	01:57:01	02:00:46
1139.	946.		Müller, Volker	TSV Daverden	199. M40	2762	01:58:34	02:00:46
1140.	947.		Maurer, Ralf		174. M45	3504	01:58:33	02:00:46
1141.		194.	Metag, Ute	LT Schönebeck	47. W40	2449	01:59:43	02:00:46
1142.		195.	Voit, Silke		25. W45	3885	01:59:22	02:00:48
1143.	948.		Stahmer, Uwe	Tus Ofen	175. M45	4254	01:58:33	02:00:48
1144.	949.		Haase, Wilfried	TSV Cluvenhagen	121. M50	2760	01:58:24	02:00:50
1145.	950.		Dr. Micus, Thomas		53. M55	4053	01:59:44	02:00:52
1146.		196.	Freudenberg, Edith	Ihlowerfehn	48. W40	2289	02:00:21	02:00:54
1147.	951.		Oldigs, Beenhard	ATS Buntentor	54. M55	4320	01:59:37	02:00:55
1148.		197.	Wagner, Irene	Emden LG	49. W40	2217	01:57:58	02:00:55
1149.	952.		Kopatschek, Frank	LC Duisburg	122. M50	2375	01:59:37	02:00:57
1150.		198.	Scarano, Jutta	LC-Duisburg	39. W35	2387	01:59:37	02:00:57
1151.	953.		Tracht, Josef	LG TuS Vinsebeck	25. M60	2416	02:00:02	02:00:57
1152.	954.		Schönwälder, Jürgen	Jacobs University Bremen	176. M45	2298	01:58:30	02:00:57
1153.	955.		Voß, Heinz Wilhelm	Laufgruppe Brautleuchtstrasse	200. M40	4010	01:59:26	02:00:58
1154.	956.		Schachtschneider, Holger	TV Norden	177. M45	2856	02:00:29	02:00:58
1155.	957.		Büssenschütt, Rainer		123. M50	4128	01:59:14	02:01:04
1156.	958.		Rode, Heinfried	TSV Emtinghausen	178. M45	2767	01:58:23	02:01:06
1157.		199.	Stache, Anja		50. W40	4233	02:00:44	02:01:09
1158.		200.	Kowalik, Malgorzata		26. W45	3422	01:58:45	02:01:10
1159.	959.		Arends, Carl-Heinz	Störtebeker Loopers	179. M45	2633	02:00:52	02:01:12
1160.		201.	Harms, Renate	Fitforever Lüneburg	27. W45	2236	01:59:17	02:01:14
1161.	960.		Ungruhe, Christoph		98. M30	3869	01:57:15	02:01:14
1162.	961.		Lüken, Frank		201. M40	3479	02:00:28	02:01:17
1163.		202.	Lange, Konradine		40. W35	4089	02:00:26	02:01:17
1164.	962.		Oster, Georg	SoDa Laggenbeck	180. M45	2602	01:57:42	02:01:18
1165.	963.		Kredel, Mario	Kirchweyhe	181. M45	2309	01:58:13	02:01:19
1166.	964.		Wächter, Ingo		124. M50	3897	01:59:07	02:01:19
1167.	965.		Wesemann, Peter	DONT StOP Nienburg	182. M45	2195	01:57:04	02:01:20
1168.		203.	Nessen, Insa		51. W40	3558	02:00:55	02:01:20
1169.	966.		Daschner, Markus		125. M50	4114	02:01:00	02:01:21
1170.	967.		Paul, Mathias		130. M35	3603	02:00:52	02:01:24
1171.	968.		Lehmann, Thomas		183. M45	3461	01:59:48	02:01:25
1172.	969.		Hilbers, Christian	TSV Gnarrenburg	55. M55	2772	02:00:15	02:01:26
1173.	970.		Stronczyk, Volker	LLG HERZKASPER	126. M50	2431	01:59:32	02:01:26
1174.	971.		Bosse, Bernd		184. M45	3021	02:01:13	02:01:26
1175.	972.		Schiermeyer, Jens		185. M45	3739	01:59:20	02:01:27
1176.		204.	Donaghy, Karen		52. W40	3098	01:57:37	02:01:28
1177.	973.		Nehls, Ulf	Wildeshausen	131. M35	2913	01:58:20	02:01:28
1178.	974.		Peters, Bernd		132. M35	3611	01:58:48	02:01:34
1179.	975.		Salden, Daniel	Lauftreff Running Wild	99. M30	2358	01:58:29	02:01:37
1180.	976.		Wichtrup, Christian	-	100. M30	4207	01:57:55	02:01:38
1181.	977.		Karagiannidis, Emanuel	Werder Bremen	127. M50	2905	02:00:03	02:01:38
1182.		205.	Morrison, Suzanne		26. W30	3538	01:59:40	02:01:40
1183.	978.		Reszka, Wiktor		101. M30	3665	02:00:23	02:01:42
1184.	979.		Köster, Stefan		186. M45	3420	01:58:28	02:01:42
1185.		206.	Diercksen, Susanne		53. W40	3091	01:59:43	02:01:45
1186.	980.		Stelljes, Sascha	TSV Gnarrenburg	133. M35	2775	01:59:09	02:01:46
1187.	981.		Heilemann, Manfred		202. M40	3268	01:59:14	02:01:52
1188.		207.	Grabedunkel, Dagmar		54. W40	3212	01:59:29	02:01:55
1189.	982.		Büttner, Olaf	Marathonteam-Sport Ziel	187. M45	2469	01:59:30	02:01:55
1190.	983.		Hitzing, Christoffer	SV Rollshausen	127. MHK	2662	02:00:23	02:01:57

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1191.		208.	Förster-Riemann, Daniela	Emdrer Laufgemeinschaft	55. W40	2204	01:59:15	02:01:58
1192.		209.	Rust, Andrea		41. W35	3712	02:00:42	02:02:02
1193.	984.		Bömeke, Jens	BSAG for Hanse	188. M45	2127	01:59:43	02:02:02
1194.	985.		Mittmann, Michael		128. MHK	3530	02:02:02	02:02:02
1195.	986.		Hillebrand, Martin		203. M40	3294	01:58:17	02:02:02
1196.	987.		Welke, Andreas	Emdrer Lg	128. M50	2219	01:58:32	02:02:03
1197.	988.		Rethmeier, Mark	Sternenflotte	134. M35	2632	01:59:16	02:02:03
1198.	989.		Erminal, Karsten	Sternenflotte	204. M40	2631	01:59:16	02:02:03
1199.		210.	Fasold, Julia		42. W35	3148	02:00:22	02:02:04
1200.		211.	Lange, Isabel		43. W35	3452	02:00:22	02:02:04
1201.	990.		Behrens, Hans-Hermann	Vfl Oldenburg	56. M55	2885	01:58:07	02:02:06
1202.		212.	Meffert, Gisela	Tus Sudweyhe	2. W60	2828	02:00:18	02:02:08
1203.	991.		Riehm, Rüdiger		129. M50	3675	01:58:48	02:02:09
1204.		213.	Kuss, Gabriela	Gramkow	19. W50	2252	01:59:34	02:02:13
1205.	992.		Müller, Rüdiger	-	57. M55	4067	02:01:46	02:02:14
1206.	993.		Jürgensen, Ulf		189. M45	4244	02:00:03	02:02:15
1207.	994.		Treichel, Torben	SG BMF 07	135. M35	2575	01:58:33	02:02:16
1208.		214.	Friederici, Vera		32. WHK	3173	01:59:34	02:02:16
1209.	995.		Heinrichs, Thomas		190. M45	3271	01:58:17	02:02:17
1210.	996.		Schindler, Peter	S.V. Löhnhorst BLV-BLIatt	191. M45	2547	02:00:11	02:02:20
1211.	997.		Günther, Stephan	BBS Wechloy	205. M40	2081	01:59:47	02:02:21
1212.		215.	Hamelmann-Lüneberg, Silke	TSV Kirchlinteln	44. W35	2780	01:59:35	02:02:21
1213.	998.		Harmening, Malte		192. M45	3255	01:58:01	02:02:22
1214.	999.		Richter, Frank		193. M45	3670	02:00:32	02:02:22
1215.	1000.		de Boer, Piet	SV Hemelingen	129. MHK	2647	02:00:51	02:02:22
1216.		216.	Röttjer, Mareike		33. WHK	3699	02:00:47	02:02:23
1217.	1001.		Niemann, Wilfried		206. M40	3569	01:59:24	02:02:23
1218.	1002.		Meier, Christoph		207. M40	3509	02:00:33	02:02:25
1219.	1003.		Scheffel, Friedhelm		194. M45	3734	02:00:02	02:02:26
1220.	1004.		Leube, Ulrich		130. M50	4196	02:00:49	02:02:27
1221.		217.	Bätje, Petra	laufftreff ottersber	56. W40	2355	02:01:52	02:02:27
1222.	1005.		Page, Thomas		130. MHK	3595	02:02:04	02:02:28
1223.	1006.		Klein, Burkhard		58. M55	3383	02:00:17	02:02:28
1224.	1007.		Saathoff, Holger	LG Deichschleicher Ostfr.	136. M35	2404	01:58:56	02:02:28
1225.	1008.		Rostami, Reza		131. MHK	3693	01:58:10	02:02:29
1226.	1009.		Carolus, Uwe	Laufftreff SV Ofenerdiek	59. M55	2359	02:00:04	02:02:30
1227.		218.	Kröger, Marion	Team Laufrausch e V	20. W50	2711	01:59:39	02:02:30
1228.		219.	Glinsmann, Andrea	SV Hepstedt/Breddorf	27. W30	2650	01:59:51	02:02:31
1229.	220.		Fremon, Linda		34. WHK	3169	02:01:17	02:02:31
1230.		221.	Moreau, Annie	Hymendorf	28. W45	2284	01:58:23	02:02:32
1231.	1010.		Wohlers, Jürgen		131. M50	3950	01:59:27	02:02:32
1232.	1011.		Windler, Nico		132. MHK	3937	02:01:01	02:02:33
1233.	1012.		Bargfrede, Meikel		137. M35	4317	02:00:40	02:02:34
1234.	1013.		Kirstein, Ulf		102. M30	3375	01:59:40	02:02:36
1235.	1014.		von Salzen, Kai	mobile solution group	208. M40	4213	01:59:13	02:02:37
1236.	1015.		Hehlmann, Thomas	SV Arminia Freissenbuettel	195. M45	4279	01:59:03	02:02:40
1237.		222.	Ristau, Lilian	BSG EWE Scheeßel	29. W45	2132	02:00:29	02:02:41
1238.	1016.		Parakenings, Sascha		138. M35	3999	02:00:09	02:02:42
1239.	1017.		van Treec, Andreas	LC-Duisburg	209. M40	2388	02:01:22	02:02:43
1240.		223.	Conrad, Edda	NY2010	30. W45	2489	02:01:22	02:02:43
1241.	1018.		Stelling, Gerd	Bingo Weltauswahl	210. M40	2098	02:00:25	02:02:43
1242.	1019.		Spalthoff, Bernd	swb runner	196. M45	2674	01:59:05	02:02:47
1243.		224.	Donnay, Ute		35. WHK	3100	02:01:08	02:02:47
1244.	1020.		Kilsholm, Kristian	AK Kilen	26. M60	2026	02:00:15	02:02:49
1245.		225.	Lobemeyer, Heike	SV-Brake Lauffeuer	21. W50	2672	02:01:06	02:02:50
1246.		226.	Reichel, Katja		31. W45	3651	02:00:18	02:02:50
1247.		227.	Dirks, Cornelia		57. W40	3095	02:00:18	02:02:51
1248.	1021.		Sionkiewicz, René		133. MHK	3803	02:01:22	02:02:52
1249.	1022.		Dutz, Wilhelm	hanseWasser	60. M55	2268	01:58:56	02:02:56
1250.		228.	Wenigerkind-Schneider, Silvia	SG Findorff	28. W30	2580	01:59:38	02:02:56
1251.	1023.		Logemann, Claus	TSV Affinghausen	139. M35	2747	02:03:01	02:03:01
1252.		229.	Kroesche, Susanne	-	29. W30	3985	02:01:36	02:03:03
1253.		230.	Papst, Anke	tv scheeßel	32. W45	4045	02:00:15	02:03:05
1254.		231.	Schüller, Anke	-	45. W35	4226	02:02:00	02:03:06
1255.	1024.		Best, Jan		140. M35	2985	01:59:31	02:03:07
1256.	1025.		Tauscher, Thomas		197. M45	3845	01:59:46	02:03:07
1257.		232.	Schokoll, Frauke	LG Franzhorn	30. W30	2405	02:01:33	02:03:08
1258.	1026.		Nissen, Volker		198. M45	3573	02:01:53	02:03:10
1259.	1027.		Koss, Matthias	SG Blau-Gelb Wilhelmshaven	103. M30	2574	01:58:57	02:03:11
1260.		233.	Nagel, Kathrin	Weyher Laufftreff	58. W40	4063	02:01:44	02:03:14
1261.		234.	Rau, Rafaela		36. WHK	3642	02:01:09	02:03:14
1262.		235.	Rupprecht, Petra	Wildeshauser Laufftreff	33. W45	2918	02:00:24	02:03:15
1263.	1028.		Schilling, Ingo		199. M45	3740	02:00:41	02:03:16
1264.	1029.		Meyer, Gerhard	Laufakademie/LC Hansa Stuhr	61. M55	2327	01:59:39	02:03:16
1265.	1030.		Schubert, Olaf		200. M45	3775	02:01:44	02:03:17
1266.	1031.		Borcherding, Matze		201. M45	3014	02:02:58	02:03:18
1267.		236.	Ting, Helga		59. W40	3855	02:01:22	02:03:19
1268.	1032.		Fischer, Matthias		202. M45	3158	02:02:56	02:03:21
1269.		237.	Heinze, Lisa		37. WHK	3274	01:59:04	02:03:21
1270.	1033.		Gauster, Martin		141. M35	3184	02:02:57	02:03:22
1271.	1034.		Ulferts, Axel		203. M45	3867	02:01:52	02:03:22
1272.		238.	Hohorst, Marit	TV Spaden	38. WHK	2869	02:03:22	02:03:22
1273.		239.	Grapentin, Susann	ATS Buntentor	46. W35	2066	02:02:13	02:03:24
1274.		240.	Wessels, Christina		34. W45	4033	02:01:16	02:03:24
1275.		241.	Brandt, Ingrid		35. W45	4034	02:01:16	02:03:24

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1276.	1035.		Masemann, Jan	-	134. MHK	3989	02:02:09	02:03:24
1277.	1036.		Lüdemann, Lars	ATS Buntentor Bremen	211. M40	2071	02:02:14	02:03:24
1278.	1037.		Schwarze, Olaf	TSG Hatten-Sandkrug	212. M40	2742	02:02:35	02:03:25
1279.	1038.		Stingl, Michael	LT TV Schwanewede	62. M55	2459	02:01:10	02:03:25
1280.	1039.		Schweikard, Dennis	Emder LG	142. M35	4245	02:00:43	02:03:26
1281.	1040.		Hondema, Hillebrand		204. M45	3310	02:00:23	02:03:26
1282.		242.	Rodi, Katja	-	22. W50	4321	02:02:09	02:03:26
1283.	1041.		Sieber, Frank		135. MHK	3800	01:59:23	02:03:27
1284.		243.	Forrest, Victoria Jayne	ARMY WIFE	39. WHK	2052	02:03:22	02:03:27
1285.	1042.		Schmidt, Friedhelm	Pacemaker	132. M50	2510	02:00:35	02:03:30
1286.	1043.		Tavakkoli, Arasch		136. MHK	3846	02:02:34	02:03:31
1287.	1044.		Renken, Michael		213. M40	3664	01:59:40	02:03:31
1288.		244.	Hansch, Monika	movethep delmenhorst	36. W45	2471	02:02:47	02:03:32
1289.	1045.		Kreis, Reinhard	Team ERDINGER Alkoholfrei	63. M55	2699	02:01:23	02:03:34
1290.		245.	Helmke, Anke	TV Eiche Horn	37. W45	2840	02:00:46	02:03:38
1291.		246.	Meindl, Birgit	VAF	38. W45	2879	01:59:46	02:03:39
1292.	1046.		Grote, Philipp		137. MHK	3228	02:01:02	02:03:40
1293.		247.	Boyens, Frauke		39. W45	3023	02:00:50	02:03:40
1294.	1047.		Meisner, Thomas		205. M45	3515	02:00:50	02:03:40
1295.		248.	Noetzel, Karin	FLIB e.V.	60. W40	2242	02:01:45	02:03:41
1296.		249.	Tenne, Sabine		40. WHK	3847	01:59:39	02:03:41
1297.		250.	Bode, Stefani		41. WHK	3001	01:59:39	02:03:41
1298.	1048.		Mwampashe, Gibson	LTB	3. M70	2461	02:00:14	02:03:42
1299.	1049.		Radomski, Heinz	LC-Duisburg	206. M45	4101	02:01:51	02:03:44
1300.	1050.		Becker, Ulf	Team BBQ 2B	214. M40	2694	01:59:58	02:03:50
1301.		251.	Zapfe, Julia	TV Eiche Horn	47. W35	2844	02:00:59	02:03:51
1302.	1051.		Jürgens, Joachim		143. M35	3352	02:01:59	02:03:52
1303.		252.	Döpke, Sandra		61. W40	3101	01:59:34	02:03:53
1304.	1052.		August, Dieter	Team ERDINGER Alkoholfrei	133. M50	2695	02:02:28	02:03:56
1305.	1053.		Höner, Sebastian	Triathlon Club Bremen	104. M30	4060	02:03:41	02:03:57
1306.	1054.		Bremermann, Werner	SG Stern	64. M55	2586	02:03:39	02:03:58
1307.	1055.		Thiel, Jörg		207. M45	4061	02:03:42	02:03:58
1308.		253.	Erdmann, Gisela		6. W55	3141	02:03:37	02:04:03
1309.		254.	König, Katja		62. W40	3413	02:03:47	02:04:04
1310.	1056.		Steiner, Peter		134. M50	3816	02:03:56	02:04:10
1311.		255.	Czempisz, Gabi		23. W50	3072	02:03:56	02:04:10
1312.		256.	Steinhäuser, Heide		63. W40	3818	02:03:05	02:04:14
1313.		257.	Weber, Birgit	Emder LG	24. W50	2218	02:00:44	02:04:14
1314.	1057.		Mennenga, Andre	Emder Lg	208. M45	2213	02:00:44	02:04:15
1315.	1058.		Olthoff, Uwe	LG Deichschleicher Ostfr.	215. M40	2403	02:00:41	02:04:15
1316.	1059.		Runge, Julius		144. M35	3708	02:02:24	02:04:16
1317.	1060.		Puchert, Christian		216. M40	3637	02:02:23	02:04:16
1318.	1061.		Schmieg, Dirk	LT TV Schwanewede	209. M45	2457	02:03:31	02:04:20
1319.	1062.		Schaar, Jörg		217. M40	3726	02:02:07	02:04:22
1320.	1063.		Rulfs, André		218. M40	3706	02:01:37	02:04:23
1321.	1064.		Schlingemann, Thomas		219. M40	3747	02:00:46	02:04:23
1322.		258.	Beck, Birgit	Schutzengel für Mukoviszidose	48. W35	2557	02:03:14	02:04:25
1323.	1065.		Schaa, Markus		145. M35	4177	02:02:35	02:04:29
1324.	1066.		Mühlenbruch, Horst	TSV Barrien von 1913 e. V.	65. M55	2752	02:03:31	02:04:29
1325.	1067.		Bartels, Jens	TSV Wietzendorf	220. M40	2800	02:02:59	02:04:29
1326.	1068.		Fellensiek, Jürgen	TSV Wietzendorf	210. M45	2801	02:02:59	02:04:29
1327.		259.	Siegmann, Stefanie	jk running	64. W40	2299	02:03:10	02:04:29
1328.		260.	Borchert, Barbara		40. W45	4024	02:02:12	02:04:30
1329.	1069.		Meyer, Robert	-	105. M30	4224	02:03:24	02:04:31
1330.		261.	Brüning, Conny		65. W40	3041	02:02:38	02:04:32
1331.	1070.		Becher, Maik		106. M30	2968	02:02:24	02:04:33
1332.		262.	Kreis, Regina	team Erdinger Alkoholfrei	7. W55	2698	02:02:24	02:04:35
1333.	1071.		Danner, Karsten	kein	211. M45	2302	02:02:13	02:04:35
1334.		263.	Kampmeyer, Christa		49. W35	3358	02:04:38	02:04:44
1335.	1072.		Hövelmann, Sven	Laufakademie/LC Hansa Stuhr	221. M40	2323	02:02:22	02:04:50
1336.		264.	Koch, Diana		66. W40	3398	02:02:57	02:04:51
1337.		265.	Westmeyer, Monika		25. W50	3922	02:03:32	02:04:58
1338.	1073.		Stürzlmayer, Michael	Team ERDINGER Alkoholfrei	138. MHK	2703	02:01:25	02:04:59
1339.	1074.		Szabó, György		7. M65	3842	02:04:38	02:05:00
1340.	1075.		Reitmann, Joerg	Lauftreff Harsefeld	66. M55	2354	02:02:34	02:05:05
1341.	1076.		Vetter, Bernd	take a cake	212. M45	2689	02:00:55	02:05:05
1342.	1077.		Jacobs, Johann	Emder LG	213. M45	2209	02:04:46	02:05:08
1343.	1078.		Schleif, Christian		139. MHK	3744	02:02:48	02:05:19
1344.	1079.		Laue, Hans		27. M60	3457	02:02:54	02:05:22
1345.		266.	Gausepohl, Anja	grazia-frauenpower	67. W40	2253	02:03:45	02:05:24
1346.		267.	Wittenberg, Ute	Laufschule Anlauf	8. W55	4159	02:02:51	02:05:27
1347.	1080.		Steilen, Hinrich	LG Bremen-Nord Lauftreff	67. M55	4054	02:05:15	02:05:29
1348.	1081.		Haumann, Simon	-	140. MHK	4229	02:01:17	02:05:29
1349.		268.	Niemeyer, Almut	B42	26. W50	2074	02:03:57	02:05:32
1350.		269.	Kulla, Alexandra	TriTeam Nord women	31. W30	2736	02:04:07	02:05:39
1351.		270.	Stradtman, Ute	keinen	27. W50	2307	02:04:52	02:05:39
1352.		271.	Svendgaard, Kirsten	AK Kilen	9. W55	2033	02:03:18	02:05:41
1353.	1082.		Bergmann, Jens		214. M45	2981	02:03:20	02:05:43
1354.	1083.		Saevecke, Detlef	SGO-Bremen	215. M45	2594	02:03:20	02:05:43
1355.		272.	Wolska, Joanna		32. W30	3954	02:03:05	02:05:44
1356.	1084.		Möller, Thomas	TSV Barrien von 1913 e. V.	146. M35	2753	02:04:41	02:05:45
1357.	1085.		Lühning, Gerhard		135. M50	3478	02:05:36	02:05:46
1358.	1086.		Scheffler, Ingo		216. M45	4272	02:02:06	02:05:49
1359.	1087.		Bruckes, Markus	LC Duisburg	222. M40	2363	02:04:10	02:05:49
1360.		273.	Dutz, Anke	LC Duisburg	41. W45	2367	02:04:10	02:05:49

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1361.		274.	Keck, Birgit	LG Ostfriesland	68. W40	2412	02:03:33	02:05:49
1362.	1088.		Hesse, Herbert	Laufschule Anlauf	136. M50	2339	02:02:35	02:05:51
1363.	1089.		Sillje, Georg	Lauffreunde Osterholz	217. M45	2336	02:02:00	02:05:51
1364.		275.	Sillje, Claudia	Lauffreunde Osterholz	42. W45	2335	02:02:00	02:05:51
1365.	1090.		Nasseri, Babak		141. MHK	3553	02:01:33	02:05:52
1366.	1091.		Rudius, Michael		107. M30	3703	02:03:02	02:05:52
1367.	1092.		Imiela, Robert		108. M30	3328	02:03:02	02:05:52
1368.	1093.		Grahl, Thomas	-	137. M50	4000	02:03:28	02:05:58
1369.	1094.		Breitenbücher, Alfred	BIB Delmenhorst	28. M60	2094	02:04:15	02:06:00
1370.		276.	Reisenbeger, Ellen	LC Duisburg	43. W45	2377	02:04:07	02:06:00
1371.		277.	Gräber, Sarah		42. WHK	3213	02:04:33	02:06:04
1372.	1095.		Rietz, Peter	-	138. M50	4129	02:03:07	02:06:05
1373.		278.	Deniz, Susi	Sport Lounge Munte	33. W30	2609	02:04:28	02:06:06
1374.		279.	Flottemesch, Sabine	TuS Ofen	44. W45	2820	02:04:46	02:06:07
1375.		280.	Weiss-Reuter, Stefanie		43. WHK	3910	02:04:47	02:06:09
1376.	1096.		Hoops, Michael		147. M35	3313	02:03:38	02:06:14
1377.	1097.		Zimmermann, Gerd		218. M45	3962	02:04:50	02:06:14
1378.	1098.		Meyer, Christoph		142. MHK	3524	02:02:49	02:06:14
1379.		281.	Trauernicht, Sophie	TSV Kirchlinteln	10. W55	2784	02:03:27	02:06:15
1380.	1099.		Jacke, Guido	SG Deutsche Bank...V. Frankfurt/M.	219. M45	2576	02:04:31	02:06:15
1381.	1100.		Grauerholz, Helmut	TS Woltmershausen	68. M55	2739	02:04:14	02:06:17
1382.		282.	Brahm, Helene	LC Duisburg	11. W55	2362	02:02:58	02:06:17
1383.		283.	Neitemeier, Martina	Schutzengel für Mukoviszidose	69. W40	2564	02:04:41	02:06:18
1384.	1101.		Strohbach, Mike		143. MHK	3834	02:04:53	02:06:18
1385.		284.	Jendritzki, Carola	:anlauf Marathonteam Siegen 2010	70. W40	2005	02:03:57	02:06:20
1386.	1102.		Schelling, Jan-Rainer		139. M50	3736	02:03:01	02:06:23
1387.	1103.		Otte, Andreas		140. M50	3588	02:03:12	02:06:23
1388.	1104.		Weymann, Henrik		109. M30	3926	02:04:44	02:06:30
1389.		285.	Mönnig, Anke		50. W35	3536	02:03:07	02:06:32
1390.		286.	Lang, Gabriele		45. W45	4013	02:04:01	02:06:36
1391.	1105.		Eisold, Andreas	SV Löhnhorst	220. M45	2659	02:04:29	02:06:38
1392.	1106.		Köppen, Thomas	-	141. M50	4119	02:06:20	02:06:47
1393.	1107.		Krell, Thomas		223. M40	3428	02:03:13	02:06:52
1394.	1108.		Koscielniak, Jaroslaw		221. M45	4314	02:06:43	02:06:53
1395.	1109.		Froharth, Wilhelm	AOK Halbmarathonteam	69. M55	2597	02:04:47	02:06:53
1396.		287.	Bublitz, Anja		44. WHK	3048	02:05:41	02:06:57
1397.	1110.		Sölter, Frank-Michael	Eiche Horn	142. M50	2201	02:06:38	02:06:58
1398.		288.	Freund, Andrea		34. W30	3171	02:03:39	02:07:01
1399.		289.	Kopp, Gislinde	swb runners	28. W50	2678	02:04:28	02:07:02
1400.		290.	Goldstrom, Cindy		51. W35	3205	02:04:58	02:07:09
1401.	1111.		Otten, Ralf	Architekten Bremen	224. M40	4110	02:05:17	02:07:12
1402.	1112.		Schröder, Uwe		143. M50	4157	02:04:39	02:07:16
1403.	1113.		Nickel, Sven	-	225. M40	4176	02:06:23	02:07:18
1404.	1114.		Mahlstedt, Henning		222. M45	3491	02:07:02	02:07:20
1405.		291.	Agir, Özlem		45. WHK	2927	02:05:58	02:07:21
1406.	1115.		Wacker, Jürgen	-	4. M70	3983	02:05:34	02:07:22
1407.	1116.		Süssle, Christian		144. MHK	3841	02:03:43	02:07:23
1408.		292.	Hoffmann, Adelin		71. W40	3301	02:03:31	02:07:23
1409.	1117.		Walch, Niels-Hendrik	TuS Schwachhausen	145. MHK	2827	02:06:02	02:07:26
1410.	1118.		Beister, Uwe	Fishtown Runners Bremerhaven	70. M55	2234	02:05:50	02:07:26
1411.	1119.		Schneider, Hartmut	Running Brothers Bremen	148. M35	4042	02:03:34	02:07:26
1412.	1120.		Wcislo, Martin	Running Brothers Bremen	110. M30	4041	02:03:34	02:07:26
1413.	1121.		Parkes, Allan		144. M50	3600	02:04:37	02:07:30
1414.	1122.		Hodde, Bjoern		149. M35	3299	02:03:24	02:07:30
1415.	1123.		von Borries, Wolfgang		226. M40	4182	02:04:38	02:07:30
1416.	1124.		Dekker, Maarten		71. M55	3077	02:06:31	02:07:32
1417.	1125.		Tschampel, Günter		227. M40	3861	02:04:56	02:07:32
1418.		293.	Kohstall, Nicola		52. W35	3407	02:06:13	02:07:32
1419.	1126.		Kubus, Norbert	BEGO Runner	223. M45	2083	02:04:26	02:07:35
1420.		294.	Seidenstücker, Julia		35. W30	3935	02:04:25	02:07:38
1421.		295.	Brennecke, Petra		46. W45	3029	02:03:46	02:07:38
1422.	1127.		Brunke, Oliver		150. M35	3045	02:04:25	02:07:38
1423.	1128.		Müller, Thomas		224. M45	3548	02:04:26	02:07:39
1424.		296.	Gennies, Silke		36. W30	3189	02:05:08	02:07:40
1425.		297.	Kalkbrenner, Juliane	Lauftreff Ganderkesee	1. W65	3314	02:04:32	02:07:41
1426.	1129.		Voss, Thomas	Skatclub Extrablatt	151. M35	2596	02:04:18	02:07:41
1427.	1130.		Teubert, Kurt-Uwe		225. M45	4069	02:07:26	02:07:43
1428.		298.	Hanisch, Sabrina	ATS Buntentor	46. WHK	2067	02:04:41	02:07:49
1429.		299.	Jansen, Wiebke	1.Flensburger Lauftreff	72. W40	2008	02:05:39	02:07:50
1430.	1131.		Lübke, Marco	SV Hemelingen	111. M30	2648	02:06:01	02:07:50
1431.	1132.		Brüns, Carsten		226. M45	3047	02:06:02	02:07:50
1432.		300.	Eicke, Sabine		53. W35	3131	02:05:21	02:07:55
1433.		301.	Reisenweber, Annette		54. W35	3662	02:06:04	02:07:55
1434.		302.	Braun, Edith		73. W40	3027	02:06:18	02:07:57
1435.		303.	Brenning, Kerstin	Laufakademie/LC Hansa Stuhr	47. W45	2318	02:05:30	02:07:58
1436.	1133.		Boklage, Bernd	SV Brake Lauffeuer	72. M55	4299	02:04:30	02:08:01
1437.	1134.		Günther, Marc		152. M35	3234	02:04:47	02:08:05
1438.	1135.		Arbid, Amir		227. M45	2944	02:04:46	02:08:05
1439.		304.	Hubert, Erika		12. W55	4212	02:06:50	02:08:06
1440.	1136.		Lüßen, Ehler		228. M45	3482	02:06:27	02:08:07
1441.		305.	Dietrich, Elke	LC Duisburg	48. W45	2365	02:06:14	02:08:07
1442.	1137.		Janzen, Markus	unbekannt	146. MHK	2873	02:04:58	02:08:08
1443.	1138.		Un glaube, Dirk		229. M45	3868	02:04:27	02:08:10
1444.	1139.		Giuri, Mimmo		73. M55	3197	02:03:53	02:08:10
1445.		306.	Rau, Susanne		74. W40	3643	02:05:34	02:08:12

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1446.	1140.		Schmidt, Nils	OSC Bremerhaven Triathlon	228. M40	2498	02:05:33	02:08:12
1447.	1141.		Dieirng, Björn	Verden	230. M45	4283	02:05:46	02:08:15
1448.		307.	Neumann-Schröder, Claudia		49. W45	4156	02:05:38	02:08:15
1449.	1142.		von Ameln, Ruben	elrond	112. M30	4172	02:07:50	02:08:15
1450.	1143.		Rau, Thomas		145. M50	3644	02:05:41	02:08:20
1451.		308.	Kempendorf, Heike	SV-Brake Lauffeuer	50. W45	4074	02:04:51	02:08:22
1452.	1144.		Opitz, Klaus-Dieter	TSV Wietzendorf	29. M60	2802	02:06:37	02:08:23
1453.	1145.		Dorsch, Hans-Jürgen		74. M55	4236	02:06:32	02:08:24
1454.		309.	Cornels, Elisabeth		29. W50	3069	02:07:16	02:08:24
1455.		310.	Foster, Katie		37. W30	3163	02:04:36	02:08:24
1456.		311.	Evers, Claudia		75. W40	3142	02:07:46	02:08:28
1457.		312.	Schilling, Imke	Blumenthaler TV Bremen	76. W40	2108	02:05:22	02:08:28
1458.		313.	Reents-Sparr, Karin		30. W50	3648	02:06:26	02:08:30
1459.		314.	Röhrs, Anne		47. WHK	3685	02:04:58	02:08:30
1460.		315.	Hesie, Birgit		77. W40	3290	02:08:30	02:08:30
1461.	1146.		Schön, Stefan		231. M45	3769	02:08:31	02:08:31
1462.		316.	Kleen-Holtz, Wibke	EWE Wattlooper	55. W35	4223	02:06:16	02:08:34
1463.	1147.		Röhrs, Johann		147. MHK	3686	02:05:05	02:08:37
1464.	1148.		Oetjen, Uwe		232. M45	3579	02:06:36	02:08:50
1465.		317.	Meyer, Anke		31. W50	3523	02:08:39	02:08:52
1466.	1149.		Gausepohl, Bert	Bühnen GmbH & Co. KG	229. M40	3991	02:07:15	02:08:55
1467.	1150.		Schumacher, Alf		146. M50	4274	02:08:28	02:08:56
1468.	1151.		Sudholz, Olaf	Schutzengel für Mukoviszidose	230. M40	2570	02:08:11	02:08:57
1469.		318.	Wilke, Birgit		56. W35	3934	02:05:35	02:08:58
1470.	1152.		Eichhorst, Gerhard	Laufakademie/LC Hansa Stuhr	30. M60	2321	02:05:21	02:08:58
1471.	1153.		Zuppa, André		231. M40	3970	02:06:22	02:08:59
1472.	1154.		Vagt, Marcus	TSV Worpswede	153. M35	2806	02:06:57	02:08:59
1473.		319.	Koscielniak, Gabriela		78. W40	4315	02:08:55	02:09:04
1474.	1155.		Schröder, Marian		148. MHK	3772	02:06:37	02:09:08
1475.		320.	Böhnke, Svenja		38. W30	3008	02:05:42	02:09:09
1476.	1156.		Aye, Tin		75. M55	2945	02:05:20	02:09:10
1477.	1157.		Schöneck, Uwe	Four Wheel Drive	147. M50	2245	02:07:18	02:09:13
1478.		321.	Wollenberg, Bianca		57. W35	3952	02:05:46	02:09:14
1479.	1158.		Wollenberg, Jürgen		232. M40	3953	02:05:46	02:09:14
1480.		322.	Bongard-Drücke, Ines		39. W30	3011	02:05:13	02:09:16
1481.		323.	Prestin, Katja	LC Wiedenbrück	79. W40	2389	02:07:09	02:09:17
1482.	1159.		Prestin, Michael	Osterholzer Runner's	233. M40	2501	02:07:09	02:09:17
1483.		324.	Dargan, Heidi		80. W40	3075	02:06:00	02:09:18
1484.		325.	Jarantowski, Anna		48. WHK	3344	02:05:47	02:09:19
1485.	1160.		Holdgaard, Knud	AK Kilen	8. M65	2023	02:06:50	02:09:24
1486.	1161.		Larsen, Bent	AK Kilen	31. M60	516	02:06:50	02:09:25
1487.		326.	Ahting, Annette		81. W40	2930	02:07:29	02:09:25
1488.		327.	Geisler, Marita		13. W55	3186	02:09:12	02:09:26
1489.		328.	Adrian, Jennifer		40. W30	2925	02:08:01	02:09:36
1490.	1162.		Wladarsch, Thomas	TSV Mehedorf	233. M45	2788	02:06:49	02:09:37
1491.	1163.		Flegel, Guenter		32. M60	4179	02:05:27	02:09:38
1492.		329.	Harjes, Nicole		82. W40	3254	02:08:53	02:09:38
1493.	1164.		Röthemeyer, Peter		148. M50	3697	02:06:20	02:09:40
1494.		330.	Scharnhorst-Rohr, Jasmin		58. W35	3730	02:06:20	02:09:40
1495.		331.	Büssenschütt, Janine		49. WHK	3056	02:07:54	02:09:44
1496.		332.	Watzlawek, Katrin	kein	83. W40	2305	02:06:05	02:09:47
1497.	1165.		Meyer, Peter	Laufftreff Harsefeld	234. M45	2352	02:06:45	02:09:49
1498.	1166.		Kauf, Gernot	Laufftreff Ganderkese	33. M60	2349	02:08:02	02:09:50
1499.	1167.		Blanke, Richard	-	19. MJA	4017	02:07:03	02:09:57
1500.	1168.		Muschkat, Steffen	swb-runners	113. M30	4208	02:06:30	02:09:58
1501.		333.	Euhus, Martina	Skate-Connection Bremen e.V.	84. W40	2598	02:08:00	02:10:00
1502.	1169.		Dieckmann, Manfred	LG Bremen-Nord Laufftreff	76. M55	2401	02:09:48	02:10:05
1503.	1170.		Schlensker, Oliver	Sport Lounge Munte	154. M35	2617	02:07:18	02:10:06
1504.	1171.		Neddermann, Claus	TUS Eversten	149. M50	2815	02:08:02	02:10:08
1505.		334.	Brandt, Claudia	TUS Eversten	85. W40	2814	02:08:02	02:10:08
1506.		335.	Hegner, Simone	AOK Halbmarathonteam	41. W30	2042	02:07:03	02:10:14
1507.	1172.		Drogi, André	FBE Runners	149. MHK	2224	02:08:02	02:10:17
1508.	1173.		Heine, Stefan	./.	234. M40	4132	02:07:40	02:10:17
1509.		336.	Schwing, Birgit		32. W50	3791	02:06:35	02:10:17
1510.		337.	Famulla, Mareike	Trauerland - Zen...he e. V. Bremen	50. WHK	2725	02:10:18	02:10:18
1511.		338.	Hövelmann, Martina	Laufakademie/LC Hansa Stuhr	86. W40	2322	02:07:50	02:10:19
1512.	1174.		Kimmig, Ralph		155. M35	3372	02:06:34	02:10:21
1513.	1175.		Ehlers, Reiner	OT	77. M55	2503	02:06:30	02:10:24
1514.	1176.		Proske, Michael		235. M40	3635	02:06:37	02:10:24
1515.		339.	Hennicke, Stephanie		59. W35	3280	02:10:25	02:10:25
1516.		340.	Rieger, Manuela		51. WHK	3674	02:07:04	02:10:27
1517.	1177.		Abert, Alwin	TUS Alfstedt	34. M60	2810	02:07:40	02:10:30
1518.		341.	Blanke, Lara	-	52. WHK	4016	02:07:38	02:10:32
1519.	1178.		Wirth, Sebo		150. M50	3942	02:07:52	02:10:33
1520.	1179.		Wirth, Harald		35. M60	3941	02:07:52	02:10:33
1521.		342.	Kruschinski, Henrike		42. W30	3436	02:08:09	02:10:35
1522.		343.	Brandt, Meike		87. W40	3998	02:09:04	02:10:36
1523.	1180.		Coccatto, Marco		156. M35	3064	02:06:20	02:10:38
1524.		344.	Brunckhorst, Petra	SV Hepstedt/Breddorf	88. W40	2649	02:07:28	02:10:38
1525.		345.	Vollmer, Christiane		51. W45	3886	02:07:34	02:10:38
1526.	1181.		Schoneboom, Hans-Günter	Emder LG	236. M40	4247	02:07:20	02:10:39
1527.		346.	Klamka, Silke		89. W40	3379	02:09:26	02:10:42
1528.		347.	Kähler, Katharina		90. W40	3355	02:09:03	02:10:48
1529.		348.	Kieselhorst, Gabriele	SV Brake Lauffeuer	52. W45	2638	02:07:20	02:10:50
1530.	1182.		Löffner, Reinhard	Indi&Lemmi	78. M55	2290	02:10:08	02:10:54

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1531.	1183.		Urban, Bernd		79. M55	3871	02:07:04	02:10:54
1532.		349.	Hansen, Jonna	AK Kilen	2. W65	2021	02:08:34	02:10:56
1533.	1184.		Bendzko, Dirk	Sport Lounge Munte	237. M40	2608	02:07:05	02:10:57
1534.	1185.		Heil, Peter	Bremer Kanu-Wanderer e.V.	151. M50	2118	02:07:39	02:10:57
1535.		350.	Kitzmann, Karina		53. WHK	3377	02:07:10	02:10:58
1536.	1186.		Scheel, Marco		150. MHK	3733	02:09:49	02:10:59
1537.		351.	Pfeiffer, Silvia	Sport Lounge Munte	53. W45	2615	02:07:09	02:11:00
1538.	1187.		Abu Saris, Mike		157. M35	2924	02:09:17	02:11:02
1539.	1188.		Kuttritz, Carsten	FC Dinkelscherben	158. M35	2226	02:07:38	02:11:02
1540.		352.	Wiese, Ute	ohne	33. W50	3993	02:08:05	02:11:04
1541.	1189.		Mittermeier, Dirk		36. M60	3529	02:09:20	02:11:05
1542.	1190.		Franckenstein-Wilberts, Axel		152. M50	3164	02:08:52	02:11:05
1543.		353.	Hertel, Mirca Sigrid	FLiB e.V.	14. W55	2241	02:09:09	02:11:06
1544.	1191.		Behnken-Mross, Jens	TSV-St.Jürgen	235. M45	4088	02:08:39	02:11:06
1545.	1192.		Zeitzi, Wolfgang		236. M45	3959	02:07:07	02:11:08
1546.		354.	Scharnhusen, Cornelia		34. W50	3731	02:08:15	02:11:08
1547.	1193.		Hinzmann, Manfred	Triathlon Club Bremen	5. M70	2730	02:09:18	02:11:10
1548.	1194.		Kersten, Ronny		114. M30	3366	02:07:46	02:11:10
1549.	1195.		Ledda, Pietro	CIRCOLO SPORTIVO...A AMATORI NUORO	287. M45	2167	02:11:05	02:11:12
1550.		355.	Brotszu, Eliana	CIRCOLO SPORTIVO...A AMATORI NUORO	34. W45	2163	02:11:06	02:11:12
1551.	1196.		Welk, Waldemar		151. MHK	3911	02:10:38	02:11:15
1552.		356.	Danckwerts, Karen	TSV Uthlede	91. W40	4047	02:08:09	02:11:19
1553.	1197.		Dohrmann, Florian	HANSA-FLEX	115. M30	2262	02:08:01	02:11:20
1554.	1198.		Domsky, Malte	GD Fun Team Bremen	116. M30	4140	02:09:43	02:11:25
1555.	1199.		Stöltzing, Andreas		238. M45	3832	02:09:43	02:11:25
1556.		357.	Duin, Martina	Rien ne va plus	43. W30	2534	02:08:42	02:11:26
1557.	1200.		Bitti, Pio Leonardo Mario	CIRCOLO SPORTIVO...A AMATORI NUORO	80. M55	2162	02:10:55	02:11:28
1558.	1201.		Hoffmeister, Jürgen	SV 21 Essentho	239. M45	2636	02:07:18	02:11:29
1559.		358.	Ewers, Pia	BSV Fürstenberg	60. W35	2144	02:07:19	02:11:29
1560.	1202.		Marks, Jan		159. M35	3498	02:11:07	02:11:30
1561.	1203.		Perdigao, Rui-Manuel		160. M35	3607	02:07:27	02:11:31
1562.	1204.		Wilk, Andrzej		161. M35	3933	02:07:27	02:11:31
1563.		359.	Berndt, Nadine		44. W30	2984	02:07:26	02:11:31
1564.	1205.		Sulz, Tobias		152. MHK	3840	02:07:26	02:11:31
1565.	1206.		Knop, Marco		162. M35	3394	02:08:08	02:11:33
1566.	1207.		Bleckwenn, Arne		153. MHK	2994	02:08:04	02:11:33
1567.	1208.		Harries, Folke		117. M30	3257	02:09:33	02:11:34
1568.	1209.		Meissner, Joachim		9. M65	3516	02:08:27	02:11:35
1569.	1210.		Hillmann, Kay	kein Verein	153. M50	2306	02:10:56	02:11:36
1570.		360.	Giese, Stefanie		92. W40	3195	02:07:27	02:11:39
1571.	1211.		Dolle, Dr. Ulrich	no limits	154. M50	4180	02:07:27	02:11:39
1572.		361.	Vosteen, Ute		35. W50	4098	02:10:11	02:11:41
1573.		362.	von Auer, Maxie		54. WHK	3887	02:08:29	02:11:43
1574.		363.	Ludwig, Regina		93. W40	3477	02:08:24	02:11:44
1575.	1212.		Stürken, Michael	Road Runners Bremen e.V.	155. M50	2538	02:09:20	02:11:44
1576.		364.	Schultz, Meike		61. W35	3778	02:10:08	02:11:44
1577.		365.	Wigand-Celik, Petra	TV Eiche Horn	55. W45	2843	02:08:28	02:11:47
1578.	1213.		Rauhut, Detlef	-	163. M35	4188	02:08:48	02:11:48
1579.		366.	Fusch-Fornacon, Angelika	LTS Bremerhaven	56. W45	4163	02:08:57	02:11:53
1580.	1214.		Liefsmann, Michael	-	238. M40	4228	02:10:25	02:11:53
1581.	1215.		Mißlitz, Malte	HANSA-FLEX	118. M30	4275	02:10:36	02:11:55
1582.		367.	Popp, Claudia		57. W45	4220	02:09:06	02:11:57
1583.		368.	Jönck, Marion	LC Duisburg	15. W55	4105	02:10:00	02:11:58
1584.		369.	Hausmann, Hilke	Emder LG	58. W45	2208	02:08:27	02:11:58
1585.	1216.		Zeitzschel, Arndt Michael	Eintracht Frankfurt	164. M35	2203	02:11:55	02:12:01
1586.		370.	Marrenbach, Jenny		55. WHK	3499	02:09:12	02:12:02
1587.	1217.		Faust, Karl-Heinz		37. M60	3151	02:09:13	02:12:02
1588.		371.	Stefaniak, Anna		16. W55	3813	02:09:13	02:12:02
1589.	1218.		Heyer, Christian		239. M40	3292	02:10:18	02:12:06
1590.		372.	Beyer, Tanja		62. W35	2988	02:09:18	02:12:14
1591.	1219.		Egbers, Mario		154. MHK	3124	02:10:31	02:12:14
1592.		373.	Menze, Martina		59. W45	3519	02:09:55	02:12:16
1593.	1220.		Fasche, Frank	LT Bruchhausen-Vilsen	240. M40	2441	02:10:23	02:12:16
1594.		374.	Welz Limp, Kati	LT Bruchhausen-Vilsen	63. W35	2442	02:10:23	02:12:16
1595.	1221.		Eberhardt, Jochem	Bremer Ski Club	10. M65	2123	02:08:38	02:12:18
1596.		375.	Oetjen, Silke	TUS Komet Arsten	64. W35	4099	02:10:44	02:12:23
1597.		376.	Naumburg, Sandra		45. W30	3556	02:10:03	02:12:25
1598.	1222.		Nordmann, Ulrich	SV Falke Wehrbleck	240. M45	2641	02:09:15	02:12:25
1599.	1223.		Naumburg, Felix		11. M65	3555	02:10:03	02:12:25
1600.		377.	Fischer, Sandy		46. W30	3159	02:10:29	02:12:28
1601.		378.	Kaemena, Juliane	Handbalverein Grasberg 2010	47. W30	4277	02:12:03	02:12:31
1602.	1224.		Leptien, Meik		165. M35	3464	02:10:27	02:12:33
1603.		379.	Ritter, Susanne		56. WHK	3678	02:09:15	02:12:33
1604.	1225.		Meier, Bernd		241. M40	4065	02:12:32	02:12:37
1605.	1226.		Jänen, Hermann	Raspo Lathen	81. M55	4199	02:09:50	02:12:39
1606.	1227.		Koop, Marcus		242. M40	3415	02:10:00	02:12:40
1607.		380.	Seele, Karina		94. W40	3794	02:10:00	02:12:40
1608.	1228.		Schrock, Andreas	hanseWasser	241. M45	2273	02:12:27	02:12:41
1609.	1229.		Grix, Michael		156. M50	3223	02:08:33	02:12:42
1610.		381.	Grix, Melanie		57. WHK	3222	02:08:33	02:12:42
1611.		382.	Simonis, Monika	TV Ransbach	60. W45	2864	02:10:11	02:12:42
1612.	1230.		Otten, Helmut		38. M60	3589	02:08:44	02:12:45
1613.		383.	Klein, Jannie		65. W35	3384	02:09:59	02:12:46
1614.	1231.		Felkl, Norbert		12. M65	3152	02:11:36	02:12:46
1615.		384.	Pfaff, Sabine	Paul Bauder	61. W45	2513	02:09:59	02:12:47

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1616.	1232.		Kurmann, Richard	Bauder	243. M40	2076	02:09:59	02:12:47
1617.	1233.		Lottke, Oliver	TV Loxstedt	166. M35	2855	02:10:06	02:12:48
1618.		385.	Hollwitz, Petra	LC Duisburg	62. W45	2373	02:10:53	02:12:51
1619.		386.	Fischdick, Gisela	LC Duisburg	3. W65	2368	02:10:53	02:12:51
1620.	1234.		Rauschert, Andreas		244. M40	3645	02:11:42	02:12:53
1621.	1235.		Uhtenwoldt, Ralf	LLG HERZKASPER	245. M40	2433	02:08:56	02:12:54
1622.	1236.		Hartung, Arnd		246. M40	3258	02:09:53	02:12:58
1623.		387.	Ciglar, Marina	Road Runners Bremen e.V.	95. W40	2537	02:10:10	02:13:03
1624.		388.	Reinhardt, Christine		66. W35	3659	02:10:04	02:13:05
1625.	1237.		Kalytta, Roland		242. M45	3357	02:10:07	02:13:07
1626.	1238.		Locke, Gordon		119. M30	4022	02:09:53	02:13:12
1627.	1239.		Pingel, Kai		120. M30	4023	02:09:49	02:13:12
1628.	1240.		Hofmann, Sven	-	247. M40	4259	02:10:33	02:13:15
1629.		389.	Stensen, Kristin		58. WHK	3824	02:09:30	02:13:15
1630.		390.	Janssen, Agnes	TVL Lilienthal	36. W50	2872	02:12:24	02:13:18
1631.	1241.		Mueller, Enno		243. M45	3543	02:10:05	02:13:20
1632.	1242.		Kliem, Philipp	TV Loxstedt	121. M30	2854	02:10:39	02:13:20
1633.	1243.		Russ, Anselm		122. M30	3711	02:11:27	02:13:30
1634.	1244.		Bergmann, Sascha	Kohne	167. M35	4148	02:09:30	02:13:42
1635.	1245.		Meinecke, Marc		123. M30	3512	02:09:32	02:13:42
1636.	1246.		Ahrens, Andreas		244. M45	2929	02:12:06	02:13:48
1637.		391.	Plate, Sabrina	Atlas Elektronik	59. WHK	2063	02:11:07	02:13:50
1638.		392.	Sempf, Karina	AOK Halbmarathonteam	67. W35	2048	02:10:47	02:13:52
1639.	1247.		Tiemens, Manfred	SV Jennelt/Uttum	157. M50	2655	02:11:48	02:13:55
1640.	1248.		Rutkowski, Christoph	Sport Lounge Munte	158. M50	2616	02:12:48	02:13:59
1641.	1249.		Liauw, Erwin		245. M45	3467	02:11:11	02:14:03
1642.	1250.		Saidi, Shahab		248. M40	3718	02:13:40	02:14:08
1643.	1251.		Faltus, Michael		249. M40	3146	02:10:54	02:14:15
1644.		393.	Wetz, Denise		60. WHK	3925	02:11:55	02:14:18
1645.	1252.		Löbbecke, Maurice		155. MHK	3471	02:13:48	02:14:18
1646.		394.	Stöckel, Silke		96. W40	3828	02:13:02	02:14:21
1647.	1253.		Fornacon, Dirk	LTS Bremerhaven	246. M45	4161	02:11:30	02:14:26
1648.		395.	Teltgen, Stephanie	AOK Halbmarathonteam	48. W30	2045	02:11:16	02:14:26
1649.	1254.		Hilz, Waldemar	BSG BUSS	168. M35	2131	02:11:12	02:14:27
1650.		396.	Westermann, Martina		68. W35	3921	02:14:00	02:14:36
1651.	1255.		Frisch, Michael	BLT Stuttgart	169. M35	2103	02:13:29	02:14:39
1652.		397.	Frisch-Heynen, Sietske	BLT Stuttgart	69. W35	2104	02:13:29	02:14:40
1653.	1256.		Köhler, Uwe		159. M50	3405	02:12:32	02:14:43
1654.	1257.		Köster, Johannes		82. M55	3419	02:10:49	02:14:52
1655.	1258.		Brandhorst, Stefan	LAV Zeven	247. M45	4312	02:13:18	02:14:53
1656.		398.	Brandhorst, Ursula	LAV Zeven	63. W45	4313	02:13:19	02:14:54
1657.		399.	Gramenz, Mandy		61. WHK	3216	02:12:34	02:14:57
1658.		400.	Reimann, Nina		62. WHK	3655	02:11:33	02:15:06
1659.	1259.		Lehmkuhl, Holger	swb runners	248. M45	2679	02:11:28	02:15:08
1660.		401.	Thobe, Ines	gws-Osnabrück	63. WHK	4271	02:11:45	02:15:10
1661.	1260.		Pofahl, Sebastian		156. MHK	3625	02:13:37	02:15:11
1662.	1261.		Thalmann, Ulrich	TuS Varrel	83. M55	2833	02:13:06	02:15:11
1663.	1262.		Meiners, Olaf	sc weyhe	250. M40	3987	02:14:40	02:15:12
1664.	1263.		Scholz, Jörg	-	251. M40	3986	02:14:41	02:15:12
1665.	1264.		Gärtner, Sascha	Team ERDINGER Alkoholfrei	124. M30	2697	02:11:57	02:15:12
1666.		402.	Naumann, Alexandra	ATS Buntentor	49. W30	4164	02:11:57	02:15:13
1667.	1265.		Vahrman, Herbert	ATS Buntentor	160. M50	4165	02:11:57	02:15:13
1668.		403.	Borchers, Doerte		97. W40	3015	02:13:45	02:15:15
1669.		404.	Hünerkoch-Colquhoun, Silke	Kapstadt, Südafrika	98. W40	2300	02:13:45	02:15:15
1670.	1266.		Bluhm, Stefan Festus	Boxring Marner TV	249. M45	2111	02:12:30	02:15:16
1671.	1267.		Schönfelder, Björn		170. M35	3770	02:11:14	02:15:17
1672.	1268.		Hermanns, Klaus	TSV Worpswede	1. M75	2803	02:11:28	02:15:22
1673.	1269.		Hillebrands, Peter		161. M50	3295	02:12:00	02:15:22
1674.	1270.		Dünnebacke, Claus		252. M40	3115	02:11:38	02:15:28
1675.		405.	Binder, Franzis		99. W40	2991	02:11:28	02:15:29
1676.	1271.		Koch, Roland		171. M35	3399	02:13:32	02:15:31
1677.	1272.		Tippl, Andreas		250. M45	3856	02:11:19	02:15:32
1678.	1273.		Böer, Uwe		84. M55	3003	02:14:44	02:15:32
1679.		406.	Krause, Christa		17. W55	3426	02:11:20	02:15:33
1680.	1274.		Peter, Martin		162. M50	3609	02:13:32	02:15:35
1681.	1275.		Reuß, Wolfgang		163. M50	3666	02:13:32	02:15:35
1682.	1276.		Slowik, Lothar	SG Westensee	85. M55	2590	02:14:16	02:15:36
1683.	1277.		Neumann, Michael	TV Ransbach	164. M50	2861	02:13:10	02:15:40
1684.	1278.		Meins, Hendrik		253. M40	3514	02:14:26	02:15:44
1685.	1279.		Böttjer, Walter		13. M65	3022	02:11:35	02:15:46
1686.		407.	Brünings, Sandra		50. W30	3044	02:12:25	02:15:50
1687.		408.	Hollmann, Claudia	Wildeshäuser Lauftreff	100. W40	2915	02:12:57	02:15:51
1688.		409.	Köhlmann, Maren		64. WHK	3406	02:12:49	02:15:52
1689.	1280.		Nitsch, Christian		251. M45	4263	02:14:05	02:15:53
1690.		410.	Struckmann, Evelyn	pOLIZEI-Verein	18. W55	3982	02:14:16	02:16:03
1691.	1281.		Rendigs, Joachim	Schutzengel für Mukoviszidose	252. M45	2568	02:12:06	02:16:04
1692.	1282.		Bruns, Hans Günter	Schutzengel für Mukoviszidose	253. M45	2559	02:12:06	02:16:04
1693.		411.	Albrecht, Sylke	Team Laufrausch e. V.	64. W45	2712	02:13:15	02:16:06
1694.		412.	Hangen, Tomma		101. W40	3249	02:12:27	02:16:06
1695.		413.	Rossa-Schieder, Birgit		70. W35	3692	02:12:40	02:16:08
1696.		414.	Voigt, Hannelore	VILSA-Team	19. W55	2893	02:13:13	02:16:08
1697.		415.	Rozehnal, Anke		71. W35	3700	02:14:11	02:16:11
1698.	1283.		Gerberding, Jens		254. M45	3191	02:14:11	02:16:11
1699.		416.	Voigt, Edith	Lebenshilfe Delmenhorst/Oldenburg	65. W45	2390	02:12:14	02:16:15
1700.	1284.		Hoff, Detlef		254. M40	3300	02:13:14	02:16:16

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1701.		417.	Tietjen, Ursula	swb-runners	37. W50	2687	02:15:21	02:16:22
1702.	1285.		Rodath, Marcus	HANSA-FLEX	172. M35	2266	02:15:08	02:16:26
1703.	1286.		Schlegel, Nico		173. M35	3743	02:12:56	02:16:29
1704.		418.	Frank, Anja		51. W30	3165	02:13:46	02:16:36
1705.	1287.		Friedrich, Harald		14. M65	3174	02:14:59	02:16:38
1706.	1288.		Krecher, Stefan		125. M30	3427	02:12:30	02:16:38
1707.	1289.		Eilers, Hans-Werner		86. M55	3135	02:15:37	02:16:50
1708.	1290.		Hansen-Jacobi, Dirk	LG Albatros Kiel	165. M50	2392	02:13:31	02:16:55
1709.	1291.		Lobert, Joerg		166. M50	3472	02:12:58	02:16:58
1710.		419.	Schriefer, Stephanie	SV Hepstedt/Breddorf	72. W35	2652	02:13:50	02:17:00
1711.	1292.		von Oehsen, Andre		126. M30	3892	02:12:56	02:17:06
1712.		420.	Engbert, Birgit	Dr. Knuffel	20. W55	2196	02:14:43	02:17:09
1713.	1293.		Klessen, Rudolf	Dr. Knuffel	87. M55	2197	02:14:43	02:17:09
1714.	1294.		Ostersehle, Jörgen		88. M55	3585	02:14:40	02:17:12
1715.		421.	Ostersehle, Nina		65. WHK	3586	02:14:40	02:17:12
1716.		422.	Eidams, Christel		21. W55	3134	02:13:35	02:17:13
1717.	1295.		Kunold, Stefan		167. M50	3444	02:13:05	02:17:14
1718.		423.	Lemke, Petra	LT Ottersberg	66. W45	2447	02:16:40	02:17:14
1719.		424.	Grin, Natalia	Laufftreff Ottersberg	73. W35	2356	02:16:39	02:17:15
1720.		425.	Koschorreck, Karina		38. W50	3416	02:13:36	02:17:18
1721.	1296.		Zum Felde, Thorsten		127. M30	3968	02:13:47	02:17:19
1722.	1297.		Guttker, Till		174. M35	3238	02:13:47	02:17:19
1723.		426.	Barz, Sabine	Karstadt Laufgruppe	39. W50	4168	02:14:32	02:17:20
1724.		427.	Boeschen, Inge		3. W60	3004	02:15:23	02:17:23
1725.	1298.		Frerichs, Frerich		168. M50	3170	02:13:54	02:17:25
1726.	1299.		Dröge, Wolfgang		255. M45	3110	02:15:02	02:17:27
1727.	1300.		Jentsch, Kai	SVGO Bremen	175. M35	3994	02:14:30	02:17:29
1728.		428.	Tietz, Ramona		52. W30	3854	02:15:36	02:17:33
1729.	1301.		Papst, Wolfgang	Tus Tiste	255. M40	4046	02:14:46	02:17:36
1730.		429.	Jeschke, Juliane		66. WHK	3347	02:16:02	02:17:38
1731.		430.	Schröder, Sabrina	MTV Aurich	53. W30	2474	02:14:17	02:17:39
1732.	1302.		Karstens, Peter		89. M55	3360	02:14:12	02:17:41
1733.	1303.		Beckert, Ulrich F.		39. M60	2974	02:14:12	02:17:41
1734.		431.	Sigl, Gudrun	MTV Aurich / LG Ellernfeld	74. W35	2475	02:14:20	02:17:42
1735.	1304.		Hunecker, Eduard	LT Bremen-Vahr	6. M70	2440	02:15:41	02:17:42
1736.	1305.		Pollex, Reinhold		7. M70	3626	02:15:15	02:17:45
1737.	1306.		Häbelt, Edgar		169. M50	3243	02:14:31	02:17:46
1738.	1307.		Sturhann, Matthias		176. M35	3837	02:15:16	02:17:49
1739.		432.	Heim, Valentina	kein	102. W40	4049	02:16:06	02:17:50
1740.		433.	Spillner, Thea	TV Norden	40. W50	2857	02:14:24	02:17:55
1741.	1308.		Winkelmann, Gerd		170. M50	3938	02:15:39	02:17:55
1742.		434.	Jensch, Claudia	-	67. WHK	4151	02:13:55	02:17:55
1743.		435.	Lagershausen, Sarah		68. WHK	3449	02:15:11	02:17:57
1744.		436.	Sudmann, Katrin	TSV Uthlede	103. W40	4048	02:14:48	02:17:58
1745.	1309.		Richter, Klaus	Weyher Laufftreff	8. M70	2908	02:15:23	02:18:00
1746.		437.	Maaß, Jette		69. WHK	3488	02:14:19	02:18:03
1747.	1310.		Maaß, Eberhard		171. M50	3487	02:14:19	02:18:03
1748.		438.	Tiedemann, Kerstin	Steffens-Tiedemann Clan	70. WHK	2630	02:15:13	02:18:07
1749.	1311.		Przyklenk, Ingo	swb runners	256. M45	2681	02:18:09	02:18:09
1750.		439.	Kiefer, Sibylle		54. W30	3368	02:15:20	02:18:12
1751.		440.	Brodengeier, Julia		71. WHK	3036	02:17:48	02:18:13
1752.	1312.		Schade, Marko		256. M40	3727	02:15:20	02:18:14
1753.	1313.		Rackebbrandt, Nick		157. MHK	3639	02:15:31	02:18:15
1754.		441.	Evers, Stefanie		72. WHK	3143	02:16:00	02:18:20
1755.		442.	Rüschmann, Ulrike	hymendorf	104. W40	2285	02:14:12	02:18:24
1756.		443.	Kretzer, Manuela	hymendorf	75. W35	2283	02:14:13	02:18:26
1757.	1314.		Meier, Axel	Running Unlimited	257. M40	2546	02:16:10	02:18:27
1758.		444.	Hartig, Nicole	--	105. W40	4141	02:18:16	02:18:27
1759.	1315.		Weber, Helmut	höpkens ruh	172. M50	4059	02:14:16	02:18:29
1760.	1316.		Herbord, Henning		158. MHK	3284	02:15:38	02:18:39
1761.	1317.		Dölling, Ralph		90. M55	3097	02:14:57	02:18:39
1762.		445.	Hauschild, Brigitte		41. W50	3261	02:15:43	02:18:41
1763.	1318.		Sattelberg, Martin	TV Stuhr	91. M55	2871	02:14:40	02:18:41
1764.	1319.		Höhne, Christian		159. MHK	3308	02:14:34	02:18:42
1765.		446.	Heeren, Anja		76. W35	3266	02:18:33	02:18:45
1766.		447.	Plinke, Sophie	Laufclub Burgwedel	67. W45	2331	02:15:05	02:18:51
1767.		448.	Meyer, Susanne	TSV Kirchlinteln	106. W40	2782	02:14:55	02:18:53
1768.		449.	Seeger, Melanie		77. W35	3792	02:16:07	02:19:01
1769.	1320.		Haschke, Vinzenz		173. M50	3260	02:16:40	02:19:02
1770.		450.	Hollmach, Sabine	SGO Bremen	107. W40	2593	02:16:41	02:19:02
1771.		451.	Jolie, Susan	-	73. WHK	2002	02:18:12	02:19:09
1772.	1321.		Schmidt, Johannes	sv wymeer	257. M45	2670	02:15:18	02:19:26
1773.	1322.		Rais, Chedli		40. M60	4025	02:16:58	02:19:27
1774.	1323.		Bastian, Stefan	Atlas Elektronik	174. M50	2055	02:17:45	02:19:29
1775.	1324.		Schweifel, Christian		160. MHK	4309	02:16:50	02:19:29
1776.	1325.		Weiß, Stephan	So läuft Bank heute	258. M45	4020	02:17:29	02:19:31
1777.	1326.		Neumann, Werner	So läuft Bank heute	92. M55	3564	02:17:30	02:19:31
1778.		452.	Grundmann, Petra	LLG HERZKASPER	108. W40	2430	02:16:25	02:19:32
1779.	1327.		Heuke, Hermann	TV Eiche Horn	93. M55	2841	02:16:19	02:19:40
1780.		453.	von Hollen, Kerstin	Osnabrücker Sportclub	109. W40	2500	02:17:23	02:19:40
1781.	1328.		Schulze, Holger	Osnabrücker Sportclub	175. M50	2499	02:17:23	02:19:40
1782.	1329.		Beyer, Frank		258. M40	2987	02:16:44	02:19:41
1783.		454.	Bonert, Catrin		78. W35	3010	02:15:35	02:19:45
1784.		455.	Mock, Franziska		74. WHK	3531	02:17:14	02:19:58
1785.	1330.		Heins, Roger		177. M35	3272	02:17:15	02:19:59

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1786.		456.	Goedeke, Maren	Wildeshäuser Lauftreff	110. W40	2914	02:17:07	02:20:00
1787.		457.	Regelien, Katharina		75. WHK	3649	02:15:58	02:20:10
1788.		458.	Mews, Joan	ATS Buntentor	79. W35	2068	02:16:25	02:20:14
1789.		459.	Ewers, Astrid		80. W35	3144	02:16:09	02:20:20
1790.	1331.		Peters, Gunnar		94. M55	3612	02:17:07	02:20:25
1791.		460.	Sertic, Brigitte		81. W35	3984	02:16:20	02:20:26
1792.		461.	Dohrmann, Nina	-	55. W30	3981	02:16:22	02:20:27
1793.	1332.		Klammer, Hans-J.		178. M35	3380	02:16:53	02:20:28
1794.		462.	Stuermann, Christiane		22. W55	3836	02:17:27	02:20:30
1795.	1333.		Grohn, Jürgen	LLG HERZKASPER	176. M50	2428	02:17:24	02:20:31
1796.		463.	Rütemann, Insa		111. W40	3713	02:16:55	02:20:31
1797.		464.	Pick, Petra	Lauftreff Berlin-Speyer	68. W45	2342	02:19:29	02:20:39
1798.	1334.		Tietjen, Bernd	HANSA-FLEX	161. MHK	2267	02:19:23	02:20:43
1799.	1335.		Krewer, Sebastian	HANSA-FLEX	162. MHK	2263	02:19:25	02:20:43
1800.		465.	Hollmann, Antje		112. W40	3309	02:18:25	02:20:44
1801.	1336.		Drewes, Uwe		259. M45	3107	02:18:24	02:20:44
1802.		466.	Schmidt-Helmdach, Anja		113. W40	3759	02:20:17	02:20:48
1803.		467.	Brähmer, Christine	Marathon Club Bremen	69. W45	2464	02:19:52	02:20:51
1804.	1337.		Greßkowski, Wilfried	LG Oerlinghausen	41. M60	2411	02:17:12	02:20:51
1805.		468.	Husheer, Astrid		114. W40	3324	02:20:52	02:20:52
1806.		469.	Voß, Claudia	SV Hepstedt/Breddorf	70. W45	2653	02:18:00	02:21:11
1807.	1338.		Altenberger, Steve	Sandau	128. M30	4203	02:17:41	02:21:14
1808.	1339.		Grundmann, Lars	LLG HERZKASPER	259. M40	2429	02:18:08	02:21:16
1809.		470.	Niezgodka, Dorota		76. WHK	3571	02:17:45	02:21:18
1810.		471.	Poppe, Regina	Lauftreff Harsefeld	42. W50	2353	02:19:02	02:21:24
1811.		472.	Biermann, Milena		77. WHK	4154	02:18:40	02:21:27
1812.	1340.		Biermann, Manuel	LC-Hansa Stuhr	179. M35	4155	02:18:40	02:21:28
1813.		473.	Eglite, Kristine		78. WHK	3128	02:17:20	02:21:29
1814.		474.	Claßen, Merle	Schutzengel für Mukoviszidose	79. WHK	3061	02:18:13	02:21:30
1815.		475.	Günther, Norma		5. WJA	3235	02:17:28	02:21:34
1816.		476.	Jäger, Astrid		6. WJA	3336	02:17:28	02:21:34
1817.	1341.		Loch, Thomas		163. MHK	3473	02:18:25	02:21:36
1818.	1342.		Hartung, Nils		129. M30	3259	02:21:11	02:21:37
1819.	1343.		Starke, Christoph		130. M30	3812	02:21:11	02:21:37
1820.	1344.		Albert, Frank		177. M50	2934	02:18:31	02:21:41
1821.		477.	Albert, Denise		80. WHK	2933	02:18:31	02:21:41
1822.		478.	Dambrowsky, Nadja		81. WHK	3074	02:19:40	02:21:42
1823.		479.	Werther, Judith		56. W30	3920	02:17:55	02:21:43
1824.		480.	Becker, Elvira		43. W50	2970	02:18:53	02:21:52
1825.		481.	Wiechert, Yorke		82. WHK	3930	02:18:44	02:21:57
1826.		482.	Steinforth, Baerbel		115. W40	3817	02:18:43	02:21:57
1827.	1345.		Flintrop, Bodo		260. M45	3160	02:19:00	02:22:04
1828.		483.	Sajnog, Kerstin	SAV	116. W40	2550	02:18:40	02:22:10
1829.		484.	Brockmann, Janina		83. WHK	4123	02:18:42	02:22:15
1830.	1346.		Laube, Wolfgang		178. M50	3456	02:19:03	02:22:18
1831.	1347.		Ruzyzka-Schwob, Gerd	DONT STOP Nienburg	179. M50	2194	02:18:08	02:22:23
1832.		485.	Sommer, Tatjana		84. WHK	3807	02:19:10	02:22:35
1833.	1348.		Dralle, Heiko		261. M45	4190	02:18:38	02:22:38
1834.		486.	Thal, Cordula		82. W35	3848	02:22:38	02:22:38
1835.	1349.		Bulling, Wolfgang		180. M50	3053	02:19:27	02:22:39
1836.		487.	Sliwa, Julia		85. WHK	3804	02:20:32	02:22:40
1837.	1350.		Lawo, Pascal		164. MHK	3459	02:20:32	02:22:40
1838.		488.	Schäfer, Sabine		117. W40	3729	02:21:00	02:22:43
1839.		489.	Böhnke, Sarah		86. WHK	3007	02:19:16	02:22:43
1840.	1351.		Hauschild, Helge		262. M45	3262	02:19:55	02:22:51
1841.		490.	Regensdorff-Gloistein, Elke		44. W50	4293	02:19:50	02:22:53
1842.	1352.		Schönfelder, Christoph		42. M60	3771	02:19:46	02:22:57
1843.		491.	Hüttenrauch, Petra	LGN Lauftreff	71. W45	2423	02:20:09	02:22:57
1844.		492.	Böning, Heidrun	SV-Brake Lauffeuer	72. W45	4083	02:19:28	02:22:59
1845.	1353.		Pfeiffer, Thomas		263. M45	3615	02:19:59	02:23:01
1846.	1354.		Mechnik, Christian		131. M30	3507	02:22:56	02:23:12
1847.		493.	Ewers-Peters, Nele		87. WHK	3145	02:21:09	02:23:15
1848.		494.	Ahrens, Ines	MTV	118. W40	2473	02:20:13	02:23:21
1849.		495.	Terhaar, Paula	Snails Pace Running Club	73. W45	2601	02:23:02	02:23:25
1850.		496.	Hamann, Claudia		119. W40	3246	02:20:36	02:23:29
1851.		497.	Schaefers, Bettina		57. W30	3728	02:22:07	02:23:41
1852.		498.	Hoberg, Taina		74. W45	3298	02:20:27	02:23:41
1853.	1355.		Marbach, Günther	Lauftreff Ganderkese	15. M65	4266	02:19:46	02:23:41
1854.		499.	Ahrendt, Jennifer		58. W30	4218	02:20:39	02:23:43
1855.	1356.		Rakow, Helge	Varel	180. M35	4238	02:22:17	02:23:47
1856.	1357.		Ledoux, Heinrich		181. M50	3460	02:20:52	02:23:54
1857.	1358.		Jöstingmeier, Uwe	BEGO Runners	182. M50	2084	02:20:47	02:23:55
1858.		500.	Steindorff, Anja	SV-Brake Lauffeuer	120. W40	4076	02:20:27	02:23:57
1859.	1359.		Dirksen, Ralf	Emder LG	264. M45	2205	02:20:37	02:23:59
1860.		501.	Jacobs, Manuela	Emder LG	75. W45	2210	02:20:27	02:23:59
1861.		502.	Urban, Aileen		88. WHK	3870	02:20:15	02:24:04
1862.	1360.		Keitzel, Olaf		260. M40	3365	02:20:12	02:24:04
1863.		503.	Kockel, Christina		83. W35	3402	02:21:30	02:24:15
1864.		504.	Krüger, Silke		121. W40	3434	02:20:27	02:24:30
1865.		505.	Krüger, Kim		7. WJA	3432	02:20:27	02:24:31
1866.	1361.		Böttcher, Dierk	BIB Delmenhorst	16. M65	2093	02:22:55	02:24:40
1867.	1362.		Teutloff, Volker	LC Duisburg	183. M50	2380	02:21:19	02:24:42
1868.		506.	Neumann, Martina	Laufakademie/LC Hansa Stuhr	122. W40	2329	02:23:08	02:24:54
1869.		507.	Moore, Fiona		59. W30	3537	02:22:20	02:24:54
1870.	1363.		Kalleneheim, Matthias	--	261. M40	4260	02:22:21	02:25:04

## Ergebnis Einlauf &gt;&gt; AOK Halbmarathon - 21.0975km (Einzelwertung) &lt;&lt;

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1871.	1364.		Stehmeyer, Uwe		265. M45	3814	02:21:17	02:25:13
1872.		508.	Tober, Andrea		76. W45	3857	02:21:16	02:25:13
1873.	1365.		Fiebig, Klaus-Peter	LG Oerlinghausen	43. M60	2410	02:21:38	02:25:16
1874.	1366.		Kiewitt, Uwe		266. M45	3371	02:21:55	02:25:21
1875.		509.	Schwietz, Waltraut		45. W50	3789	02:23:23	02:25:24
1876.	1367.		Wittig, Michael		181. M35	3947	02:22:11	02:25:24
1877.	1368.		Helmers, Gerrit		182. M35	3277	02:22:18	02:25:32
1878.		510.	Meyer, Wendy	Snails Pace Running Club	46. W50	2600	02:25:11	02:25:34
1879.	1369.		Meyer, Kurt	Snails Pace Running Club	267. M45	2599	02:25:12	02:25:36
1880.		511.	Brenner, Sabine		23. W55	3030	02:21:50	02:26:01
1881.		512.	Kircher, Antje		89. WHK	3373	02:24:36	02:26:09
1882.		513.	Albrecht, Lisa	Laufakademie/LC Hansa Stuhr	90. WHK	2313	02:22:33	02:26:15
1883.		514.	Frerichs, Sabine	TV Hude	77. W45	2847	02:23:13	02:26:20
1884.		515.	Koehler, Sigrid		78. W45	3404	02:23:34	02:26:39
1885.	1370.		Herbst, Torsten		262. M40	3287	02:23:53	02:26:59
1886.		516.	Fromme, Nadine		84. W35	3178	02:24:27	02:27:21
1887.	1371.		Ortmann, Andreas	-	263. M40	3992	02:23:10	02:27:24
1888.		517.	Meier, Nicole		85. W35	3510	02:23:39	02:27:29
1889.		518.	Salchow, Traute	Laufclub Burgwedel	24. W55	2332	02:23:53	02:27:39
1890.	1372.		Wichmann, Berthold		17. M65	3928	02:24:00	02:27:40
1891.		519.	Wichmann, Angelika		79. W45	3927	02:24:00	02:27:40
1892.		520.	Petersen, Inger		60. W30	3613	02:23:57	02:27:54
1893.		521.	Kruse, Maren		61. W30	3437	02:23:58	02:27:54
1894.		522.	Zoglowek, Martina	LT Ottenhofen	123. W40	2446	02:25:12	02:28:28
1895.	1373.		Horst, Peter		264. M40	3316	02:25:12	02:28:28
1896.		523.	Heinze, Claudia		86. W35	3273	02:25:12	02:28:28
1897.	1374.		Wutzke, Eckhard		184. M50	3957	02:26:50	02:28:33
1898.		524.	Buchholz, Viola		124. W40	3049	02:24:29	02:28:41
1899.		525.	von Bassen, Silke	Team ERDINGER Alkoholfrei	62. W30	2704	02:25:14	02:28:49
1900.	1375.		Bartels, Olliver		183. M35	2957	02:26:26	02:28:50
1901.	1376.		Müller, Christoph		132. M30	3544	02:26:36	02:29:23
1902.		526.	Schlüter, Kathi		63. W30	3749	02:25:08	02:29:23
1903.		527.	Schmidt, Betina	swb runners	47. W50	2684	02:26:22	02:29:57
1904.		528.	Langbehn, Jasmin		64. W30	3451	02:26:27	02:30:05
1905.		529.	Ruhnke, Manuela		48. W50	3705	02:26:46	02:30:13
1906.		530.	Bluhm, Kerstin	Boxring Marner TV	87. W35	2110	02:27:38	02:30:24
1907.		531.	Beneke, Petra		125. W40	2978	02:28:50	02:30:25
1908.	1377.		Sander, Ulrich	kein	185. M50	4300	02:26:36	02:30:26
1909.	1378.		Hentrop, Torsten		95. M55	3282	02:27:19	02:31:00
1910.	1379.		Wieggers, Martin	SV HK Stralsund	184. M35	2654	02:26:54	02:31:08
1911.		532.	Ohrenberg, Sigrid	SV Hepstedt/Breddorf	80. W45	2651	02:28:06	02:31:17
1912.	1380.		Jöckel, Marc	12 er Club	185. M35	4066	02:30:43	02:31:19
1913.		533.	Werner, Evelyn		49. W50	3918	02:27:54	02:31:21
1914.		534.	Brockmann, Angela	Bremer Ski Club	50. W50	2122	02:28:58	02:31:33
1915.	1381.		Jakobs, Herbert		265. M40	3341	02:28:01	02:31:51
1916.		535.	Groß, Doris	SV Großhansdorf	51. W50	2646	02:29:01	02:32:01
1917.		536.	Groß, Sarah		91. WHK	3226	02:29:01	02:32:01
1918.		537.	Maurer, Petra		126. W40	3503	02:28:22	02:32:23
1919.	1382.		von Freeden, Henning	TC Bremen	186. M50	2690	02:30:01	02:32:39
1920.	1383.		Schneider, Heinz	TV Ransbach	18. M65	2862	02:29:35	02:32:42
1921.		538.	Hagedorn, Gesa	EWE Wattlopper	65. W30	4288	02:29:15	02:32:49
1922.	1384.		Lünemann, Markus		165. MHK	3481	02:28:39	02:32:58
1923.		539.	Matzen, Bianca	Borener SV	127. W40	2109	02:29:39	02:33:00
1924.	1385.		Pohl, Wolfgang		187. M50	4204	02:29:25	02:33:15
1925.		540.	Kaczenski, Mona-Janine		92. WHK	3354	02:29:34	02:33:15
1926.		541.	Ellwart, Jana		66. W30	3139	02:29:38	02:33:15
1927.	1386.		Faßbinder, Peter		44. M60	3149	02:29:41	02:33:17
1928.		542.	Oelkers, Pia		67. W30	3577	02:30:17	02:33:34
1929.	1387.		Glissmann, Joachim		45. M60	3201	02:30:30	02:34:04
1930.	1388.		Kurzawski, Jan-Hendrik		166. MHK	3446	02:32:18	02:34:05
1931.		543.	Kürbis - Edzards, Sandra	Wildeshauser Lauftreff	128. W40	1415	02:34:07	02:34:07
1932.	1389.		Schwarberg, Wolfgang	TSG Hatten-Sandkrug	96. M55	4290	02:33:49	02:34:12
1933.		544.	Kapieske, Christiane		25. W55	3359	02:31:32	02:34:14
1934.	1390.		Ettel, Marcus	TSV Bremervörde	268. M45	2757	02:30:19	02:34:23
1935.		545.	Karamehmedovic, Emina	MPI Runners	93. WHK	2472	02:30:53	02:34:44
1936.	1391.		de Wildt, Daniel	TSV Bremervörde	266. M40	2756	02:30:40	02:34:44
1937.	1392.		Klitsch, Gustav		188. M50	3388	02:31:22	02:34:51
1938.		546.	Schwarz, Christina	AOK Halbmarathonteam	94. WHK	3786	02:32:00	02:35:45
1939.		547.	Schöning, Sonja	Lipper Rennschnecken	81. W45	2424	02:32:30	02:35:49
1940.		548.	Menze, Barbara	Laufschule Anlauf	129. W40	2340	02:33:32	02:36:02
1941.	1393.		Hübner, Tim	swb runners	167. MHK	2677	02:32:31	02:36:03
1942.		549.	Zieriacks, Petra	Schutzengel für Mucoviszidose	82. W45	2556	02:32:49	02:36:06
1943.	1394.		Kreutzmann, Peter		46. M60	3429	02:32:00	02:36:07
1944.		550.	Bünz, Andrea	Laufschule Anlauf	130. W40	4282	02:33:41	02:36:12
1945.		551.	Hesse, Cornelia	Laufschule Anlauf	83. W45	2338	02:33:40	02:36:12
1946.	1395.		Kobbenbring, Jens		267. M40	3397	02:33:47	02:36:49
1947.		552.	Wicker, Simone		88. W35	2979	02:33:34	02:37:22
1948.		553.	Bommersheim, Carmen		52. W50	3009	02:36:55	02:37:47
1949.		554.	Mclaughlin, Lindsay		68. W30	3506	02:33:43	02:37:49
1950.		555.	Güttler, Laura	RSF-Greven	95. WHK	2543	02:35:45	02:38:23
1951.		556.	Rixmann, Solveig		69. W30	3679	02:34:30	02:38:28
1952.	1396.		Marbach, Christian	Lauftreff Ganderkesee	268. M40	4267	02:34:57	02:38:53
1953.	1397.		Uhtenwoldt, Ole	LLG HERZKASPER	20. MJA	2432	02:35:35	02:39:33
1954.		557.	Groth, Nelly		96. WHK	3229	02:37:12	02:40:05
1955.		558.	Hamme, Stephanie		97. WHK	4322	02:39:00	02:40:44

**Ergebnis Einlauf >> AOK Halbmarathon - 21.0975km (Einzelwertung) <<**

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1956.	1398.		Schmidt-Barnarius, Matthias		189. M50	3758	02:39:19	02:42:52
1957.		559.	Lüttge, Hedva	Flib	26. W55	2238	02:39:08	02:43:06
1958.		560.	Müller, Sigrid	Lipper Rennstall	53. W50	2426	02:40:32	02:43:51
1959.	1399.		Deister, Herbert	Lipper Rennstall	190. M50	2425	02:40:32	02:43:51
1960.	1400.		Beuße, Tobias		133. M30	2986	02:40:58	02:43:57
1961.		561.	Steffens, Janina	Steffens-Tiedemann Clan	98. WHK	2629	02:41:06	02:44:00
1962.	1401.		Brandis, Karl-Heinz	Laufakademie/LC Hansa Stuhr	191. M50	2316	02:42:45	02:44:33
1963.		562.	Henn-Kremers, Anne	Eiche Horn	54. W50	2200	02:42:39	02:46:05
1964.	1402.		Rehbock, Wilfried	RSC-Papenburg	269. M45	2541	02:43:21	02:47:19
1965.		563.	Meyring, Lisa	RSC-Papenburg	84. W45	2540	02:43:21	02:47:19
1966.		564.	Karper, Irene	FLIB e.V	89. W35	2240	02:44:32	02:48:28
1967.		565.	Widhalm, Kerstin	FLIB	131. W40	2239	02:44:32	02:48:28
1968.		566.	Friedeberg, Christina		85. W45	3172	02:46:23	02:50:17
1969.	1403.		Panthakee, Dinyar		47. M60	3597	02:47:29	02:50:44
1970.	1404.		Brunotte, Michael		269. M40	3046	02:49:38	02:52:41
1971.		567.	Groenewold, Andrea		70. W30	3224	02:48:53	02:52:52
1972.		568.	Reckzeh, Barbara	TV Eiche Horn	27. W55	2842	02:50:22	02:53:48
1973.	1405.		Wengler, Denny		134. M30	3915	02:51:24	02:55:13
1974.	1406.		Tkaczyk, Nils	-	168. MHK	4273	02:52:10	02:55:13
1975.		569.	Schwalbe, Antje		99. WHK	3785	02:52:40	02:56:48
1976.		570.	Hanf, Alexandra		132. W40	3248	02:52:59	02:56:58
1977.	1407.		Hanf, Klaus		270. M40	4158	02:52:59	02:56:58
1978.	1408.		Schilling, Nicolas		169. MHK	3741	02:53:58	02:58:16
1979.		571.	Babic, Maria		28. W55	2946	02:54:47	02:58:24
1980.	1409.		Hanisch, Rudolf	eintracht delmenhorst	9. M70	2202	02:54:34	02:58:48
1981.		572.	Hohenester, Helga		4. W65	3306	02:57:03	03:00:56
1982.	1410.		Mühlböck, Michael		170. MHK	4268	03:04:41	03:05:05
1983.		573.	Malten, Marita	Laufakademie/LC Hansa Stuhr	29. W55	2326	03:16:08	03:16:37
1984.	1411.		Malten, Jürgen	Laufakademie/LC Hansa Stuhr	48. M60	2325	03:16:08	03:16:37