

Ergebnis Einlauf >> 10km AOK Lauf <<

Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
1.	1.		Wollherr, Maik	LG Osnabrück	1. M	7003		00:33:00	00:33:00
2.	2.		Ladiges, Gösta	LG Hammer Park	1. M45	7044		00:33:07	00:33:07
3.	3.		Tobry, Daniel	SV Halle	2. M	6787		00:33:08	00:33:08
4.	4.		Meyer, Detlef	VSK Osterholz-Scharmbeck	1. M30	6747		00:34:44	00:34:44
5.	5.		Scheiter, Sebastian	LG Osnabrück	3. M	7000		00:35:13	00:35:13
6.	6.		Ordek, Emin	Firma Asmus Parkett	2. M30	6950		00:36:16	00:36:16
7.	7.		Willner, Michael	SG Road Runners Buntentor	1. M40	6707		00:36:21	00:36:21
8.	8.		Meiners, Olaf	TuS Sulingen	3. M30	6400		00:37:04	00:37:04
9.	9.		Kuhlschmidt, Bernd	LG Osnabrück	1. MJA	7002		00:37:13	00:37:13
10.	10.		Hahn, Andreas	SG ERNO Bremen e.V.	1. M35	6114		00:37:14	00:37:14
11.	11.		Schweer, Jannek	LB Osnabrück	1. MJB	7001		00:37:14	00:37:14
12.	12.		Fenske, Rolf	Road Runners Bremen	2. M45	6877		00:37:15	00:37:15
13.	13.		Ulbrich, Daniel	TSV Kirchdorf	2. MJA	6727		00:37:26	00:37:26
14.		1.	Hungermann, Daniela	SV Teuto Riesenbeck	1. W30	6996		00:37:36	00:37:36
15.	14.		Männel-Starke, Matthias	Kölner GSV	4. M30	6577		00:37:46	00:37:46
16.	15.		Mahr, Christoph	LT Höpkens Ruh	2. MJB	6580		00:38:03	00:38:03
17.	16.		Lange, Thomas	Road Runners Bremen	3. M45	6939		00:38:08	00:38:08
18.	17.		Dr. Reick, Matthias	1860 Bremen	2. M40	7064		00:38:12	00:38:12
19.	18.		Kreuzer, Dieter	Eintracht Delmenhorst	3. M40	6752		00:38:16	00:38:16
20.	19.		Duddek, Bent		3. MJB	6633		00:38:18	00:38:18
21.	20.		Mohrhoff, Thomas	Xpert	4. M	6985		00:38:56	00:38:56
22.	21.		Peter, Jörg		1. M50	7068		00:38:56	00:38:56
23.	22.		Schulz, Stefan		5. M	6506		00:38:59	00:38:59
24.	23.		Sieke, Timo	SG Road Runners Buntentor	6. M	6746		00:39:03	00:39:03
25.	24.		Neukirch, Marcus		2. M35	6241		00:39:07	00:39:07
26.	25.		Trudrung, Waldemar	SV Lemwerder	4. MJB	6847		00:39:26	00:39:26
27.	26.		Albrecht, Marc	LG Bremen Nord	3. M35	6652		00:39:32	00:39:32
28.	27.		Zverev, Michail		7. M	6440		00:39:32	00:39:32
29.	28.		Becker, Matthias	SG Road Runners Buntentor	2. M50	6962		00:39:32	00:39:32
30.	29.		Sperfeld, Maximilian	VfL Kloster Oesede	5. M30	6735		00:39:49	00:39:49
31.	30.		May, Holger	TV Oyten	4. M45	6453		00:39:56	00:39:56
32.	31.		Reich, Michael	LG Bremen-Nord	4. M35	6948		00:40:06	00:40:06
33.	32.		Stöver, Cord		6. M30	6632		00:40:07	00:40:07
34.	33.		Reinert, Andreas	TSV Barrien	5. MJB	6659		00:40:10	00:40:10
35.	34.		Putzke, Marc		8. M	6266		00:40:20	00:40:20
36.	35.		Lintl, Michael		4. M40	6210		00:40:25	00:40:25
37.	36.		Wilkins, Olaf		5. M35	6619		00:40:25	00:40:25
38.	37.		Krüger, Karsten	Viertelrunners	5. M40	6191		00:40:28	00:40:28
39.	38.		Büssing, Stephan	RW Visbek	3. MJA	6042		00:40:43	00:40:43
40.	39.		Peter, Jan		1. M80	6422		00:40:49	00:40:49
41.	40.		Wessels, Thies	SV Lemwerder	1. SA	6843		00:40:53	00:40:53
42.	41.		Lange, Klaus	SV Dimhausen	6. M35	6628		00:40:58	00:40:58
43.	42.		Frense, Horst	VFL- Oldenburg	1. M60	6724		00:41:02	00:41:02
44.	43.		Sense, Arne		6. MJB	6525		00:41:12	00:41:12
45.	44.		Feldmann, Manfred	VTB-Varel	5. M45	7040		00:41:13	00:41:13
46.	45.		Süß, Karsten	BSG Sparkasse Bremen	6. M45	6795		00:41:14	00:41:14
47.	46.		Neumann, Kevin	LG Bremen-Nord	7. MJB	6243		00:41:19	00:41:19
48.	47.		Knoll, Gerd		6. M40	6451		00:41:21	00:41:21
49.	48.		Flohre, Sebastian		9. M	6444		00:41:29	00:41:29
50.	49.		Luttmann, Carl	BLT-BTS Neustadt	1. SB	6412		00:41:33	00:41:33
51.	50.		Sethmann, Dieter	TSV Gnarrenburg	2. M60	7050		00:41:34	00:41:34
52.	51.		Schöllhammer, Ralf	VC Vegesack	7. M30	6478		00:41:44	00:41:44
53.	52.		Scholz, Wolfgang	VFL- Oldenburg	3. M60	7093		00:41:45	00:41:45
54.	53.		Schmidt, Karsten	LOG	7. M35	6300		00:41:46	00:41:46
55.	54.		Klepsch, Bernd	LOG	8. M35	6174		00:41:46	00:41:46
56.	55.		Gundermann, Karl-Heinz	LC Hansa Stuhr	1. M55	6664		00:41:59	00:41:59
57.	56.		Dierks, Axel	Vegesacker Turnverein (VTV)	7. M45	6546		00:42:01	00:42:01
58.	57.		Kreft, Jens		7. M40	6873		00:42:05	00:42:05
59.	58.		Sonntag, Norbert	(BTS Neustadt) LYBremen	2. M55	6701		00:42:09	00:42:09
60.	59.		Helms, Michael		9. M35	6588		00:42:20	00:42:20
61.	60.		Raabe, Lukas	TuS Ofen	2. SA	6658		00:42:28	00:42:28
62.	61.		Kasimirs, Klaus	LC Hansa stuhr	3. M50	6990		00:42:29	00:42:29
63.	62.		Schumacher, Klaus		8. M45	6650		00:42:32	00:42:32
64.	63.		Geiß, Jochen	SV Werder Bremen	8. M40	6593		00:42:42	00:42:42
65.	64.		Bockholt, Stefan		10. M35	6663		00:42:48	00:42:48
66.	65.		Ebler, Ansgar		11. M35	6067		00:42:50	00:42:50
67.	66.		Niemöller, Edgar	TuS Ofen	12. M35	6618		00:42:54	00:42:54
68.	67.		Rehberg, Jörg	Triathlon Club Bremen	13. M35	6937		00:42:56	00:42:56
69.	68.		Pralle, Marc		8. M30	6265		00:43:01	00:43:01
70.		2.	Weber, Stephanie	OSC Bremerhaven	2. W30	7042		00:43:02	00:43:02
71.	69.		Scheidt, Andre	OSC Bremerhaven	14. M35	7041		00:43:03	00:43:03
72.	70.		Launer, Tom		2. SB	6511		00:43:04	00:43:04
73.	71.		Huljus, Lennard	TSV Bederkesa	3. SB	6152		00:43:05	00:43:05
74.	72.		Roeder, Jens		15. M35	6977		00:43:07	00:43:07
75.	73.		Kapraun, Matthias		9. M30	6435		00:43:08	00:43:08
76.	74.		Fuchs, Helmut		1. M65	6723		00:43:12	00:43:12
77.	75.		Gohl, Karsten	SG Road Runners Buntentor	9. M40	6509		00:43:16	00:43:16
78.	76.		Damberg, Jan		10. M	6992		00:43:26	00:43:26
79.	77.		Abdorf, Marcel	SG-Findorff	10. M40	6403		00:43:31	00:43:31
80.	78.		Schott, Thoralf	Lokomotive Bürgerpark	11. M40	6794		00:43:34	00:43:34
81.	79.		Engel, Moritz	HSV	4. MJA	6739		00:43:39	00:43:39
82.	80.		Schultz, Andreas	SG Stern Bremen	12. M40	6427		00:43:42	00:43:42
83.		3.	Rückbrod, Martina	TV Norden	1. WJA	7102		00:43:48	00:43:48
84.	81.		Schnakenberg, Ulf		10. M30	6968		00:43:49	00:43:49
85.	82.		Sanders, Christof	LG Bremen-Nord	8. MJB	6667		00:43:50	00:43:50
86.	83.		Thielen, Philipp	LG Bremen-Nord	4. SB	6671		00:43:50	00:43:50
87.	84.		Baumann, Sebastian		11. M	6980		00:43:52	00:43:52
88.	85.		Lotz, Ralf		16. M35	6214		00:43:55	00:43:55

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
89.		4.	Kuck, Heide	TuS Ofen	1. W45	6377		00:43:57	00:43:57
90.	86.		Müller, Achim		17. M35	6231		00:44:00	00:44:00
91.	87.		Seidenberg, Mark		5. SB	6785		00:44:01	00:44:01
92.	88.		Brand, Meik	SG Road Runners Buntentor	11. M30	6027		00:44:13	00:44:13
93.	89.		Orozco Villarruel, Kleber	TC Göttingen	12. M	6476		00:44:15	00:44:15
94.	90.		Wendt, Werner	Weyher Lauftreff	3. M55	6882		00:44:17	00:44:17
95.	91.		Lindow, Frank		18. M35	6206		00:44:21	00:44:21
96.	92.		Eckstein, Thomas		13. M	6886		00:44:21	00:44:21
97.	93.		Leitner, Karl-Heinz		4. M55	6204		00:44:22	00:44:22
98.	94.		Scheel, Holger	TuS Hetzmichnicht	12. M30	6717		00:44:26	00:44:26
99.	95.		Menken, Lars	serpentine RC	13. M30	6900		00:44:28	00:44:28
100.	96.		Brunkhorst, Lukas		9. MJB	6033		00:44:29	00:44:29
101.	97.		Steinmetz, Matthias		14. M30	7028		00:44:30	00:44:30
102.	98.		Schnakenberg, Jörg		14. M	6578		00:44:31	00:44:31
103.	99.		Jajes, Gino		3. SA	6157		00:44:39	00:44:39
104.	100.		Konek, Max		5. MJA	6634		00:44:40	00:44:40
105.	101.		Ritter, Jerry		19. M35	6970		00:44:42	00:44:42
106.	102.		Dörfler, Tobias		20. M35	6677		00:44:45	00:44:45
107.	103.		Glaubitz, Herbert	TV Norden	4. M50	6378		00:44:50	00:44:50
108.	104.		Müller, Felix	SAV Bremen	4. SA	6591		00:44:51	00:44:51
109.		5.	Heidorn, Regina		1. W35	6819		00:44:56	00:44:56
110.	105.		Sweers, Siegfried	Emder LG	5. M50	6651		00:44:58	00:44:58
111.	106.		Hinke, Gunnar		21. M35	7072		00:45:00	00:45:00
112.	107.		Poguntke, Timo		6. MJA	6262		00:45:01	00:45:01
113.	108.		Harnack, Ulf	OT Bremen	22. M35	6121		00:45:01	00:45:01
114.	109.		Gorke, Matthias		23. M35	6103		00:45:05	00:45:05
115.	110.		Block-Osmers, Daniel	TV Oyten	15. M	6976		00:45:06	00:45:06
116.	111.		Paes, Marco	SV Lemwerder	16. M	6868		00:45:08	00:45:08
117.		6.	Stratmann, Angelika	TuS Varrel	1. W50	6467		00:45:10	00:45:10
118.	112.		Bullwinkel, Rainer	TSV Abbehausen	24. M35	6036		00:45:12	00:45:12
119.	113.		Marg, Oskar		17. M	6709		00:45:13	00:45:13
120.	114.		Duran, Murat		5. SA	6749		00:45:20	00:45:20
121.	115.		Noltenius, Bill		25. M35	6689		00:45:20	00:45:20
122.	116.		Kolata, Norbert		26. M35	6686		00:45:20	00:45:20
123.	117.		Hobein, Soenke	M-Power	18. M	7106		00:45:22	00:45:22
124.	118.		Lawendel, Mario	Brinkum-Blizzards	19. M	6201		00:45:23	00:45:23
125.	119.		Hoppe, Andreas		15. M30	6558		00:45:25	00:45:25
126.	120.		Jegelka, Gerd		9. M45	6604		00:45:25	00:45:25
127.	121.		Lippert, Christian		27. M35	6942		00:45:27	00:45:27
128.	122.		Köster, Wolfgang		28. M35	6187		00:45:28	00:45:28
129.	123.		Oertelt, Hans-Jürgen	SG Findorff Bremen	5. M55	6710		00:45:33	00:45:33
130.	124.		Dierksen, Jens	www.lear-laeuft.de	13. M40	6963		00:45:34	00:45:34
131.	125.		Rebensburg, Manfred		6. M55	6889		00:45:40	00:45:40
132.	126.		Lassen, Kay		14. M40	6199		00:45:41	00:45:41
133.	127.		Worms, Ulrich		10. M45	6818		00:45:53	00:45:53
134.	128.		Eilers, Tobias	Betriebssport Fa. BUSS GmbH & Co. KG	16. M30	6070		00:45:57	00:45:57
135.	129.		Oevermann, Detlev		11. M45	6876		00:46:03	00:46:03
136.	130.		Thiele, Stefan	OSC Bremerhaven	29. M35	6331		00:46:05	00:46:05
137.	131.		Runge, Detlef	MTV Schweringen	30. M35	7101		00:46:10	00:46:10
138.		7.	Bakker, Marion	Emder LG	1. W40	6609		00:46:16	00:46:16
139.	132.		Eichinger, Christian	SV Lemwerder	10. MJB	6846		00:46:16	00:46:16
140.	133.		Obenauff, Marc		17. M30	6606		00:46:19	00:46:19
141.	134.		Schmidt, Jörg	Bremen 1860	12. M45	6806		00:46:28	00:46:28
142.	135.		Müller, Arno		20. M	6590		00:46:29	00:46:29
143.	136.		Cheab, Jaafar	Jade-Boxring Wilhelmshaven	13. M45	6399		00:46:31	00:46:31
144.	137.		Mohr, Sebastian		21. M	6538		00:46:35	00:46:35
145.	138.		Meyer, Jan		31. M35	6610		00:46:37	00:46:37
146.	139.		Bongartz, Oliver		14. M45	6535		00:46:38	00:46:38
147.	140.		Ahneemann, Peter		18. M30	6413		00:46:39	00:46:39
148.	141.		Gerndt, Thorsten		22. M	7089		00:46:40	00:46:40
149.	142.		Kowasch, Matthias		19. M30	6188		00:46:42	00:46:42
150.	143.		Sagemann, Karl		15. M45	6605		00:46:49	00:46:49
151.	144.		Geißhirt, Julian	Bremer LT	7. MJA	6468		00:46:50	00:46:50
152.	145.		Bunger, Rainer		32. M35	6039		00:46:50	00:46:50
153.	146.		Dörge, Peter		6. M50	6544		00:46:50	00:46:50
154.	147.		Schmidt, Maik		20. M30	6627		00:46:53	00:46:53
155.	148.		Ortwerth, Reinhard	Tus Borgloh	16. M45	7087		00:46:58	00:46:58
156.	149.		Dunker, Arne		21. M30	6064		00:46:58	00:46:58
157.		8.	Gerhardt, Petra	TCO" Die Bären"	2. W35	6612		00:46:58	00:46:58
158.	150.		Schieber, Wolfgang	LC 93 Delmenhorst	17. M45	6574		00:47:00	00:47:00
159.	151.		Israel, Helmut	LC 93 Delmenhorst	7. M50	6576		00:47:01	00:47:01
160.	152.		Caarls, Wilfried	LC 93 Delmenhorst	8. M50	6575		00:47:01	00:47:01
161.	153.		Diederichs, Mathias	V. Für Hochschulsport	15. M40	6767		00:47:04	00:47:04
162.	154.		Hanke, Frank		18. M45	6119		00:47:04	00:47:04
163.	155.		Grossmann, Uwe		33. M35	6773		00:47:06	00:47:06
164.	156.		Launer, Oliver		34. M35	6510		00:47:07	00:47:07
165.	157.		Zenker, Fabian		23. M	6941		00:47:12	00:47:12
166.	158.		Röpke, Andree		16. M40	7075		00:47:14	00:47:14
167.	159.		Schmidt, Nils	swb-runners	24. M	6381		00:47:14	00:47:14
168.	160.		Gieschen, Fred	MTV Wilstedt	19. M45	7016		00:47:17	00:47:17
169.		9.	Frackmann, Ina	BfFnL Bremen	3. W35	6491		00:47:18	00:47:18
170.	161.		Widlitzki, Marcus		25. M	6455		00:47:19	00:47:19
171.	162.		Scheffler, Joerg	BSG Sparkasse Bremen	20. M45	6769		00:47:21	00:47:21
172.	163.		Kuhlmann, Gerd		4. M60	6984		00:47:22	00:47:22
173.	164.		Peters, Volker		22. M30	6258		00:47:25	00:47:25
174.	165.		Gilles, Günter		17. M40	6464		00:47:33	00:47:33
175.	166.		Ohlsen, Jürgen	Lifestylegroup	18. M40	6249		00:47:36	00:47:36
176.	167.		Toedtheide, Marcus	BSG Sparkasse Bremen	35. M35	6770		00:47:36	00:47:36

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
177.	168.		Teschner, Stephan	TSV Achim	36. M35	6330		00:47:38	00:47:38
178.		10.	Echelt, Britta	OSC Bremerhaven	3. W30	7054		00:47:39	00:47:39
179.	169.		Reiß, Stefan		11. MJB	6273		00:47:41	00:47:41
180.	170.		Schreiber, Jörg	TV Werder Bremen	37. M35	6469		00:47:42	00:47:42
181.	171.		Porstjan, Patrick		26. M	7012		00:47:42	00:47:42
182.	172.		Wozny, Lukas		1. SC	6465		00:47:43	00:47:43
183.	173.		Bruer, Walter	swb-runners	9. M50	6032		00:47:43	00:47:43
184.	174.		Holmkvist, Lars	MPI	23. M30	6584		00:47:47	00:47:47
185.	175.		Janz, Günter		19. M40	6841		00:47:48	00:47:48
186.		11.	Kollmann, Stefanie	BSG Sparkasse Bremen	1. W	6772		00:47:49	00:47:49
187.	176.		Backhaus, Peter		10. M50	6820		00:47:53	00:47:53
188.	177.		Tunnat, Sven		27. M	6994		00:47:54	00:47:54
189.	178.		Voss, Ulrich	Uni Triathlöwen Bremen	20. M40	7017		00:47:55	00:47:55
190.	179.		Saathoff, Thorsten		38. M35	6514		00:47:56	00:47:56
191.	180.		Rothermundt, Stefan		5. M60	6967		00:47:58	00:47:58
192.	181.		Kügler, Günter		11. M50	6898		00:47:59	00:47:59
193.	182.		Hartmann, Klaus		7. M55	7043		00:48:00	00:48:00
194.	183.		Koch, Henning		21. M45	6556		00:48:02	00:48:02
195.	184.		Hilgert, Wolfgang	LG Hannover	2. M65	6418		00:48:07	00:48:07
196.	185.		Behrens, Michael	TV Bremen 1875	21. M40	6788		00:48:08	00:48:08
197.	186.		Spließsgaudt, Harold		39. M35	6869		00:48:10	00:48:10
198.		12.	Pascholke, Manuela	TuWAS Wildeshausen	4. W35	6965		00:48:12	00:48:12
199.	187.		Wallies, Wolfgang	Oldenburg	8. M55	6742		00:48:14	00:48:14
200.	188.		Engelmann, Niels	Brinkum-Blizzards	24. M30	6660		00:48:16	00:48:16
201.	189.		Vöge, Jörn-Dieter		22. M45	6764		00:48:26	00:48:26
202.	190.		Razavi, Djalal		12. M50	6669		00:48:26	00:48:26
203.	191.		Ghanbari, Alireza		22. M40	6665		00:48:27	00:48:27
204.		13.	Tebelmann, Silke		5. W35	6693		00:48:28	00:48:28
205.	192.		Timm, Julian		8. MJA	6500		00:48:30	00:48:30
206.		14.	Dietel, Malena	SV Lemwerder	1. SIA	6845		00:48:30	00:48:30
207.	193.		Otten, Wolfgang		2. M80	7018		00:48:32	00:48:32
208.	194.		Hasberg, Axel		40. M35	6123		00:48:32	00:48:32
209.	195.		Mahnken, Oliver	Betriebssport Fa. BUSS GmbH & Co. KG	25. M30	6216		00:48:36	00:48:36
210.	196.		Taube, Paul		9. M55	6978		00:48:36	00:48:36
211.		15.	Schmidt, Heike	Bremen 1860	2. W45	6807		00:48:37	00:48:37
212.	197.		Oldenburg, Stephan		28. M	6480		00:48:42	00:48:42
213.	198.		Keller, Markus	TuS Gie-Bre	41. M35	6169		00:48:45	00:48:45
214.	199.		Jasper, Thomas		23. M40	6708		00:48:48	00:48:48
215.	200.		Kratz, Carsten		42. M35	7011		00:48:49	00:48:49
216.		16.	Sauerwald, Lisa	LG Bremen-Nord	2. SIA	6672		00:48:50	00:48:50
217.	201.		Wilhelm, Leif-Erik	Erzbahn05	26. M30	6360		00:48:51	00:48:51
218.	202.		Hammermann, Benedikt	LT F Hadi Wesel e.V.	43. M35	6753		00:48:52	00:48:52
219.	203.		Kosmata, Tim	LAV Zeven	6. SA	6471		00:48:53	00:48:53
220.		17.	Schmidt, Sarah	Bremer Judoclub	2. W	6805		00:49:04	00:49:04
221.		18.	Omoregie, Enoma	MPI	1. W80	6583		00:49:06	00:49:06
222.	204.		Beilmann, Ingo		27. M30	6393		00:49:09	00:49:09
223.	205.		Fangmann, Andree		44. M35	6385		00:49:11	00:49:11
224.	206.		Rietz, Peter		23. M45	7067		00:49:11	00:49:11
225.	207.		Engler, Hans-Georg	Weyher Lauftreff	3. M65	6829		00:49:13	00:49:13
226.	208.		Bergfeld, Jens	Vegeacker Ruderverein	45. M35	6640		00:49:16	00:49:16
227.	209.		Hahn, Stephan		46. M35	6116		00:49:19	00:49:19
228.		19.	Giesen, Simone		3. W	6099		00:49:20	00:49:20
229.	210.		Sager, Bernhard	VFL- Oldenburg	6. M60	6899		00:49:22	00:49:22
230.		20.	Pensl, Rebecca	TCB	3. SIA	6863		00:49:22	00:49:22
231.		21.	Burghardt, Oris	OSC Bremerhaven	2. W40	7047		00:49:23	00:49:23
232.		22.	Schneider, Christine	Emden LG	1. W55	6507		00:49:23	00:49:23
233.	211.		Küppers, Michael	PSV Grün-Weiß Kassel	24. M45	6589		00:49:23	00:49:23
234.		23.	Claußen, Cornelia	Triathlon Club Bremen	6. W35	6046		00:49:24	00:49:24
235.	212.		Bruns, Jörn		24. M40	7013		00:49:25	00:49:25
236.	213.		Eichler, Tim		29. M	6993		00:49:26	00:49:26
237.	214.		Kratzsch, Michael	Uni Triathlöwen Bremen	47. M35	6892		00:49:28	00:49:28
238.	215.		Smit, Werner	LT Schönebeck	10. M55	6555		00:49:28	00:49:28
239.	216.		Belau, Guenther	Harburger SC	13. M50	6732		00:49:31	00:49:31
240.	217.		Gloy, Gerrit Andres	TV Werder	48. M35	6536		00:49:31	00:49:31
241.	218.		Harting, Olaf	TS Woltmershausen	49. M35	6973		00:49:33	00:49:33
242.	219.		Brandhorst, Stefan	TuS Heeslingen	25. M40	7036		00:49:33	00:49:33
243.	220.		Huhndorf, Willi		7. SA	6730		00:49:33	00:49:33
244.	221.		Usar, Erkan		30. M	6695		00:49:34	00:49:34
245.	222.		Meyer, Wolfgang	Absatzclaus.de	26. M40	7063		00:49:35	00:49:35
246.		24.	Lietz, Laura	LG Bremen Nord	1. SIB	6530		00:49:35	00:49:35
247.	223.		Tjarks, Gunnar		31. M	6392		00:49:40	00:49:40
248.	224.		Hoffmann, Ralf	LG Bremen Nord	27. M40	6682		00:49:41	00:49:41
249.	225.		Ennen, Joerg	www.lear-laeuft.de	28. M40	6959		00:49:41	00:49:41
250.		25.	Hoffmann, Silke	LG Bremen Nord	7. W35	6143		00:49:42	00:49:42
251.	226.		Mau, Jens	LC Hansa stuhr	50. M35	6839		00:49:42	00:49:42
252.	227.		Stöltling, Andreas		29. M40	6957		00:49:43	00:49:43
253.	228.		Hahn, Johannes	Road Runners Bremen	1. M70	6439		00:49:43	00:49:43
254.	229.		Haren, Andreas	LG Ostfriesland	11. M55	6661		00:49:44	00:49:44
255.		26.	Rose, Yil		4. W30	6741		00:49:44	00:49:44
256.	230.		Runge, Harm		32. M	6475		00:49:48	00:49:48
257.	231.		Wehrenberg, Wilhelm		14. M50	6497		00:49:49	00:49:49
258.		27.	Vom Bruch, Beverly		3. W40	6344		00:49:50	00:49:50
259.	232.		Witte, Michael		25. M45	6364		00:49:51	00:49:51
260.	233.		Zander, Hans-Joachim	LT Bremen-Vahr	15. M50	6831		00:49:51	00:49:51
261.	234.		Ewers, Torsten		28. M30	6077		00:49:51	00:49:51
262.	235.		Hofmann, Kai		33. M	6145		00:49:51	00:49:51
263.	236.		Wolff, Marco		29. M30	6716		00:49:51	00:49:51
264.	237.		Kessler, Andreas		30. M40	7103		00:49:53	00:49:53

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
265.	238.		Oldenburg, Heinz-Dieter		31. M40	6479		00:49:54	00:49:54
266.	239.		Bohlmann, Heinrich		26. M45	6520		00:49:55	00:49:55
267.	240.		Heitzhausen, Jan-Christoph	SKH Kleinenkneten	34. M	6128		00:49:56	00:49:56
268.	241.		Wulfert, Manuel		35. M	6614		00:49:56	00:49:56
269.	242.		Rauh, Tony		36. M	7071		00:49:58	00:49:58
270.	243.		Zahn, Krischan		37. M	6786		00:50:00	00:50:00
271.	244.		Kloppenborg, Alwin	Fortuna Logabirum	27. M45	6893		00:50:03	00:50:03
272.		28.	Wölk, Edeltraut		3. W45	6367		00:50:03	00:50:03
273.	245.		Klein, Stjepan		30. M30	7105		00:50:04	00:50:04
274.	246.		Henken, Hendrik		6. SB	6825		00:50:06	00:50:06
275.	247.		Childs, Jörg		51. M35	6044		00:50:07	00:50:07
276.	248.		Pohlmann, Jörg		31. M30	6690		00:50:10	00:50:10
277.		29.	Krösche, Katrin		4. W	6452		00:50:11	00:50:11
278.	249.		Eidtmann, Claudia		32. M30	6897		00:50:11	00:50:11
279.	250.		Paes, Holger	STTV Berne	7. M60	6871		00:50:13	00:50:13
280.	251.		Frings, Holger		52. M35	6696		00:50:14	00:50:14
281.		30.	Mayr, Andrea	LG Bamberg	4. W40	6630		00:50:15	00:50:15
282.		31.	Gerken, Iris		5. W40	6098		00:50:18	00:50:18
283.	252.		Pusch, Florian		38. M	6454		00:50:19	00:50:19
284.		32.	Hillemann, Maria		5. W	6139		00:50:19	00:50:19
285.		33.	Dombrowski, Heidrun	LG Kreis Verden	6. W40	6058		00:50:24	00:50:24
286.	253.		Pauleit, Marc		33. M30	6254		00:50:26	00:50:26
287.		34.	Schneidewind, Sabine	Weyher Lauftreff	4. W45	6879		00:50:32	00:50:32
288.		35.	Lange, Marion	TuS Eversten	7. W40	6679		00:50:33	00:50:33
289.		36.	Honneth, Jennifer		6. W	6149		00:50:34	00:50:34
290.	254.		Egbert, Rudolf	BTS Neustadt	53. M35	6457		00:50:40	00:50:40
291.	255.		Wrieden, Jürgen	swb-runners	16. M50	6369		00:50:46	00:50:46
292.	256.		Kültür, Cengiz		54. M35	6193		00:50:48	00:50:48
293.	257.		Grauerholz, Helmut		17. M50	6107		00:50:49	00:50:49
294.	258.		Pache, Sascha		39. M	6252		00:50:51	00:50:51
295.	259.		Wilkens, Wilfried		28. M45	6561		00:50:55	00:50:55
296.	260.		Jesuit, Torsten		34. M30	6161		00:50:57	00:50:57
297.	261.		Willner, Hartmut	TSV Barrien	29. M45	6466		00:50:58	00:50:58
298.	262.		Scheele, Valentin		40. M	6445		00:51:00	00:51:00
299.	263.		Milenz, Thorsten	Uni Triathlöhnen Bremen	55. M35	6953		00:51:00	00:51:00
300.	264.		Uhlenwinkel, Volker	JC Bushido	32. M40	6541		00:51:01	00:51:01
301.	265.		Uhlig, Fred Michael		12. M55	6340		00:51:02	00:51:02
302.	266.		Egbert, Richard	Habenhauser SV	8. SA	6456		00:51:02	00:51:02
303.	267.		Schmidt, Sven		56. M35	6867		00:51:03	00:51:03
304.	268.		Scherrer, Friedrich	Sparkasse Bremen	13. M55	6888		00:51:03	00:51:03
305.	269.		Spring, Michael		3. M80	6317		00:51:06	00:51:06
306.		37.	Wiedenhöft, Simone		5. W30	6382		00:51:08	00:51:08
307.	270.		Heinbokel, Axel	LT Vahr Bremen	33. M40	6127		00:51:09	00:51:09
308.	271.		Block-Osmers, Günter	TV Oyten	30. M45	6975		00:51:09	00:51:09
309.	272.		Truetsch, Oliver		57. M35	6339		00:51:10	00:51:10
310.	273.		Schmidt, Nils	OSC Bremerhaven	58. M35	6961		00:51:10	00:51:10
311.	274.		Hahndorf, Ulli		35. M30	7035		00:51:12	00:51:12
312.	275.		Köcher, Andreas		4. M80	6179		00:51:12	00:51:12
313.	276.		Schmidt, Marco		34. M40	6301		00:51:16	00:51:16
314.	277.		Lutz, Torsten	TSV Borgfeld	35. M40	6573		00:51:16	00:51:16
315.		38.	Lachner-Huljus, Ingebot	TSV Bederkesa	8. W40	6198		00:51:16	00:51:16
316.	278.		Dieckmann, Ulf		18. M50	6866		00:51:16	00:51:16
317.	279.		Fischer, Uwe		8. M60	6086		00:51:18	00:51:18
318.	280.		Lüttringhaus, Peter		31. M45	6947		00:51:18	00:51:18
319.	281.		Kavermann, Jonas	SV Bad Laer	12. MJB	6595		00:51:19	00:51:19
320.	282.		Weiß, Marcel		41. M	6642		00:51:20	00:51:20
321.	283.		Regel, Patrick	SKG Sprendlingen	42. M	7027		00:51:21	00:51:21
322.		39.	Schütte, Sigrid	TuS Eversten	5. W45	6524		00:51:24	00:51:24
323.	284.		Dirks, Lutz		14. M55	6056		00:51:28	00:51:28
324.	285.		Ritsema, Henk		32. M45	6989		00:51:28	00:51:28
325.		40.	Gdaniez, Inga	Karstadt Running	6. W30	7088		00:51:29	00:51:29
326.	286.		Fritz, Wolfgang		15. M55	6091		00:51:30	00:51:30
327.		41.	Klüver, Silke	Emder LG	9. W40	6177		00:51:34	00:51:34
328.	287.		Menkens, Hans-Jürgen		59. M35	6224		00:51:35	00:51:35
329.	288.		Berger, Sven		9. SA	6751		00:51:36	00:51:36
330.	289.		Lieske, Stephan		36. M30	6431		00:51:38	00:51:38
331.		42.	Thielking, Frederieke	VRV	2. WJA	6849		00:51:43	00:51:43
332.	290.		Kassebom, Martin		60. M35	6944		00:51:45	00:51:45
333.		43.	Buhr, Ines	MTV Bispingen	7. W	7085		00:51:55	00:51:55
334.	291.		Horstmann, Wolfgang	LG Kreis Verden	16. M55	7084		00:51:55	00:51:55
335.	292.		Hartig, Peter		33. M45	6122		00:51:55	00:51:55
336.	293.		Seidler, Uwe		36. M40	6564		00:51:56	00:51:56
337.	294.		Drümmer, Lutz		34. M45	6062		00:51:57	00:51:57
338.	295.		Bode, Endro	swb-runners	37. M40	6714		00:51:57	00:51:57
339.	296.		Garrecht, Nicolai		37. M30	7029		00:52:01	00:52:01
340.	297.		Lange, Thomas	swb-runners	38. M40	6666		00:52:04	00:52:04
341.	298.		Lange, Max	LG Bremen-Nord	10. SA	6668		00:52:05	00:52:05
342.	299.		Heisler, Walter		19. M50	6740		00:52:06	00:52:06
343.	300.		Richter, Horst	OSC Bremerhaven	35. M45	6279		00:52:07	00:52:07
344.	301.		Uhrbrock, Jens	Laufftreff Schönebock	36. M45	6956		00:52:08	00:52:08
345.	302.		Sonström, Sven		43. M	6995		00:52:11	00:52:11
346.	303.		Gottwald, Georg		17. M55	6757		00:52:13	00:52:13
347.	304.		Krome, Rolf-Jürgen		20. M50	6384		00:52:13	00:52:13
348.	305.		Kaiser-Keller, Ralf		37. M45	6496		00:52:14	00:52:14
349.	306.		Weiß, Uwe	TSV Bierden e. V.	61. M35	6355		00:52:14	00:52:14
350.	307.		Pagels, Christian	MTV Riede	39. M40	6391		00:52:14	00:52:14
351.	308.		Przyklen, Kai	smb runners	40. M40	6988		00:52:15	00:52:15
352.	309.		Schulenburg, Nils		44. M	6552		00:52:17	00:52:17

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
353.	310.		Kanwicher, Roland		45. M	6553		00:52:17	00:52:17
354.		44.	Fröhlich, Imke		7. W30	6472		00:52:20	00:52:20
355.	311.		Roselius, Axel		62. M35	6729		00:52:22	00:52:22
356.	312.		Wannmacher, Werner		21. M50	6647		00:52:22	00:52:22
357.	313.		Dietel, Jörg	SV Lemwerder	22. M50	6844		00:52:22	00:52:22
358.		45.	Heinrichs, Marina		8. W	6827		00:52:22	00:52:22
359.	314.		Famulla, Carsten		41. M40	6581		00:52:23	00:52:23
360.	315.		Kogel, Stefan		63. M35	6855		00:52:23	00:52:23
361.	316.		Cieslak, Michael		38. M45	6550		00:52:25	00:52:25
362.		46.	Travers, Gaby	Waspo08	10. W40	6338		00:52:26	00:52:26
363.	317.		Struss, Ronald	BSG Sparkasse Bremen	39. M45	6768		00:52:28	00:52:28
364.	318.		Naumburg, Felix		9. M60	6237		00:52:31	00:52:31
365.		47.	Böhrer-Tietjen, Sabine		11. W40	6023		00:52:35	00:52:35
366.	319.		Gorski, Reiner	Bremen 1860	23. M50	6517		00:52:36	00:52:36
367.	320.		Herrmann, Nadine	DJK Armada Würselen	38. M30	6856		00:52:37	00:52:37
368.	321.		Tinscher, Rainer		64. M35	6337		00:52:38	00:52:38
369.		48.	Munstermann, Ute		12. W40	6966		00:52:40	00:52:40
370.	322.		Stegmann, Thomas		42. M40	6938		00:52:41	00:52:41
371.	323.		Paul, Christian		43. M40	6748		00:52:42	00:52:42
372.	324.		Mohn, Rainer		40. M45	6728		00:52:44	00:52:44
373.	325.		von Glan, Frank		44. M40	6396		00:52:45	00:52:45
374.	326.		Scholz, Ingo		65. M35	6601		00:52:46	00:52:46
375.		49.	Hillemann, Birgit		13. W40	6138		00:52:46	00:52:46
376.	327.		Schwarz-Lübben, Martin		66. M35	6310		00:52:46	00:52:46
377.	328.		Heil, Peter		41. M45	6481		00:52:49	00:52:49
378.	329.		Krumhorn, Harry	Brinkum-Blizzards	45. M40	7073		00:52:50	00:52:50
379.		50.	Sommer- Schmidt, Kerstin	TK-Kreis Verden	14. W40	6315		00:52:50	00:52:50
380.		51.	Krug, Jolanta		15. W40	6190		00:52:54	00:52:54
381.		52.	Freitag, Katrin	MTV Schweringen	6. W45	7100		00:52:55	00:52:55
382.	330.		Schmied, Uwe	SG Motor Halle	42. M45	6905		00:52:57	00:52:57
383.		53.	Pirsich, Tanja		8. W30	6625		00:52:57	00:52:57
384.	331.		Fischer, Carsten		46. M40	6084		00:52:57	00:52:57
385.	332.		Wallenhorst, Gerd	TuS Huchting	24. M50	6774		00:52:58	00:52:58
386.	333.		Westerholt, Matthias		67. M35	6697		00:53:00	00:53:00
387.		54.	Rodewald, Christine		16. W40	6521		00:53:01	00:53:01
388.	334.		Büssenschütt, Rainer		43. M45	6745		00:53:02	00:53:02
389.	335.		Meyer, Gerhard	Bremer Kanu Wanderer e.V.	25. M50	6548		00:53:03	00:53:03
390.		55.	Lehmann, Heike		17. W40	6972		00:53:04	00:53:04
391.		56.	Eichinger, Kathrin	SV Lemwerder	4. SIA	6848		00:53:04	00:53:04
392.	336.		Pensl, Thomas		47. M40	6859		00:53:06	00:53:06
393.	337.		Reymer, Peter		44. M45	6277		00:53:07	00:53:07
394.		57.	Meyer, Frauke	Bremer Kanu Wanderer e.V.	8. W35	7095		00:53:09	00:53:09
395.	338.		Nussbaum, Michael		45. M45	6513		00:53:10	00:53:10
396.		58.	Gauer-Süß, Gertraud		18. W40	6512		00:53:10	00:53:10
397.	339.		Bujalla, Heiko	Sport Ziel	68. M35	6035		00:53:11	00:53:11
398.	340.		Pröhl, Detlev	Turbine Grolland	69. M35	6662		00:53:11	00:53:11
399.	341.		Flömer, Frank	swb-runners	48. M40	6087		00:53:13	00:53:13
400.	342.		Lotz, Michael		39. M30	6213		00:53:14	00:53:14
401.		59.	Neuhof, Silke	LC Olympia Wiesbaden	9. W35	6240		00:53:16	00:53:16
402.		60.	Schmidt, Elke	BSG Sparkasse Bremen	2. W50	6771		00:53:17	00:53:17
403.	343.		Weidenfeller, Brigitte	Weyher Lauftreff	26. M50	6864		00:53:18	00:53:18
404.		61.	Filseth, Doris		10. W35	6079		00:53:18	00:53:18
405.	344.		Redetzky, Manfred		27. M50	6599		00:53:24	00:53:24
406.	345.		Nazarek, Juergen		49. M40	6654		00:53:25	00:53:25
407.	346.		Begemann, Martin		46. M45	6736		00:53:25	00:53:25
408.	347.		Roth, Fabian		46. M	6285		00:53:25	00:53:25
409.		62.	Henn, Marie		9. W	6489		00:53:31	00:53:31
410.	348.		Schmidt, Wolfgang		50. M40	6887		00:53:32	00:53:32
411.	349.		Recha, Michael		40. M30	6441		00:53:33	00:53:33
412.		63.	Brock, Andrea		19. W40	6030		00:53:36	00:53:36
413.	350.		Köhne, Torsten	swb-runners	51. M40	6180		00:53:37	00:53:37
414.		64.	Frahmann, Tanja	TSG Hatten-Sandkrug	9. W30	6523		00:53:39	00:53:39
415.	351.		Frerichs, Jochen		70. M35	6522		00:53:39	00:53:39
416.	352.		Winter, Holger		71. M35	7057		00:53:40	00:53:40
417.	353.		Kapturek, Jacek		41. M30	7056		00:53:40	00:53:40
418.	354.		Friedrich, Philip		9. MJA	6560		00:53:40	00:53:40
419.		65.	Frank, Susanne	SRG Schwerin	10. W	6409		00:53:40	00:53:40
420.	355.		Kortebein, Kai		52. M40	6185		00:53:40	00:53:40
421.	356.		Meier, Jens		72. M35	6895		00:53:42	00:53:42
422.	357.		Damm, Torsten		42. M30	6052		00:53:46	00:53:46
423.	358.		Richter, Björn Tobias	OSC Bremerhaven	47. M	6278		00:53:47	00:53:47
424.		66.	Brinkmann, Milena	SG Platjenwerbe	3. WJA	6951		00:53:48	00:53:48
425.		67.	Hilgert, Hannelore	LG Hannover	3. W50	6419		00:53:52	00:53:52
426.	359.		Winterstein, Christian		73. M35	6551		00:53:52	00:53:52
427.		68.	Finke, Bettina		20. W40	6080		00:53:53	00:53:53
428.	360.		Wagemann, Oliver		74. M35	6955		00:53:56	00:53:56
429.		69.	Piasta, Natascha		11. W35	6259		00:53:56	00:53:56
430.	361.		Stelljes, Andreas	HVH Vegesack/Hammersbeck	53. M40	6483		00:53:57	00:53:57
431.	362.		Woiwode, Christian		28. M50	6737		00:53:58	00:53:58
432.	363.		Maßmann-Peters, Martin		54. M40	6404		00:53:58	00:53:58
433.	364.		Wardenberg, Frank		75. M35	6348		00:53:59	00:53:59
434.	365.		Harbers, Dirk		76. M35	7052		00:54:02	00:54:02
435.	366.		Pusch, Peter	VDE Bremen	29. M50	6390		00:54:03	00:54:03
436.		70.	Kummer, Uta		12. W35	6194		00:54:05	00:54:05
437.		71.	Wagner, Irene	Emder LG	13. W35	6411		00:54:06	00:54:06
438.	367.		Henke, Ole		48. M	6540		00:54:06	00:54:06
439.		72.	Schlierf, Veronika		11. W	6638		00:54:06	00:54:06
440.	368.		Gieseler, Dieter	1FC Kaiserslautern	55. M40	6718		00:54:07	00:54:07

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
441.	369.		Mühlenbruch, Horst	TSV Barrien	30. M50	6766		00:54:07	00:54:07
442.		73.	Schernus, Dagmar		21. W40	6292		00:54:08	00:54:08
443.	370.		Kamp, Stefan		56. M40	6166		00:54:11	00:54:11
444.	371.		Blania, Heinz		10. M60	6792		00:54:12	00:54:12
445.	372.		Plate, Mirko	TSV Barrien	43. M30	6261		00:54:13	00:54:13
446.	373.		Schabacher, Carsten		44. M30	6289		00:54:14	00:54:14
447.	374.		Harder, Gerhard		18. M55	6120		00:54:15	00:54:15
448.		74.	Janssen, Agnes		7. W45	6158		00:54:15	00:54:15
449.	375.		Schmitz, Winfried		19. M55	6946		00:54:17	00:54:17
450.		75.	Köster, Inga		22. W40	6804		00:54:17	00:54:17
451.		76.	Medenwald, Jutta		23. W40	6219		00:54:17	00:54:17
452.	376.		Zallmann, Volker		77. M35	6370		00:54:18	00:54:18
453.	377.		Radloff, Bernd		31. M50	7055		00:54:19	00:54:19
454.	378.		Rockstein, Andreas		57. M40	6631		00:54:20	00:54:20
455.	379.		Quaschner, Peter		58. M40	6870		00:54:21	00:54:21
456.	380.		Thielking, Volker		32. M50	6850		00:54:22	00:54:22
457.	381.		Nawroth, Ulrich	dadaläufer	11. M60	6713		00:54:26	00:54:26
458.	382.		Mindermann, Marco		45. M30	6230		00:54:30	00:54:30
459.		77.	Robran, Silke	OSC Bremerhaven	24. W40	6281		00:54:30	00:54:30
460.		78.	Kathmeyer, Birgit		12. W	6763		00:54:31	00:54:31
461.	383.		Kruse, Ralf		59. M40	6459		00:54:32	00:54:32
462.		79.	Paweler, Wietje		14. W35	7037		00:54:32	00:54:32
463.		80.	Bader, Yvonne		15. W35	7038		00:54:32	00:54:32
464.		81.	Kloke, Martina		25. W40	7107		00:54:33	00:54:33
465.	384.		Schimmler, Robert		47. M45	6295		00:54:33	00:54:33
466.		82.	Rapp, Heidi		16. W35	6269		00:54:34	00:54:34
467.		83.	Kroos, Sabine		26. W40	6791		00:54:39	00:54:39
468.	385.		Trampe, Walter		33. M50	6645		00:54:41	00:54:41
469.	386.		Suhrkamp, Frank		34. M50	6494		00:54:43	00:54:43
470.	387.		Jürgens, Ralf		46. M30	6163		00:54:49	00:54:49
471.	388.		Börner, Jens		60. M40	6462		00:54:53	00:54:53
472.	389.		Franck, Lesley	Sport Ziel	78. M35	6935		00:54:54	00:54:54
473.	390.		Falke, Joachim	OSC Bremerhaven	35. M50	6078		00:54:55	00:54:55
474.	391.		Scheck, Guy		36. M50	6401		00:54:55	00:54:55
475.		84.	Meiszies, Andrea		27. W40	6222		00:54:56	00:54:56
476.	392.		Brechtters, Horst	Emdener LG	2. M70	6734		00:54:57	00:54:57
477.		85.	Rosenbrock, Andrea	SG-Findorff	10. W30	6901		00:55:00	00:55:00
478.	393.		Giesecke, Bernd	BTV von 1877 Bremen	79. M35	6902		00:55:00	00:55:00
479.	394.		Markert, Andreas	LG BöHa	61. M40	7030		00:55:00	00:55:00
480.		86.	Schulte, Elke	die üblichen Verdächtigen	28. W40	6305		00:55:02	00:55:02
481.	395.		Düsterbeck, Frank		80. M35	6706		00:55:03	00:55:03
482.	396.		Herrmann, Simone	DJK Armada Würselen	47. M30	6854		00:55:03	00:55:03
483.	397.		Dünker, Hartwig		37. M50	6066		00:55:07	00:55:07
484.		87.	Dünker, Cornelia		29. W40	6065		00:55:07	00:55:07
485.	398.		Schmidt, Rainer		81. M35	6386		00:55:11	00:55:11
486.	399.		Steinbach, Ingo		62. M40	6417		00:55:14	00:55:14
487.	400.		Müller, Marco		48. M30	6233		00:55:15	00:55:15
488.	401.		Janßen, Andreas		49. M	6432		00:55:15	00:55:15
489.	402.		Smeins, Michael		50. M	6567		00:55:16	00:55:16
490.	403.		Mathy, Norbert		38. M50	6423		00:55:18	00:55:18
491.		88.	Nessen, Insa		17. W35	7083		00:55:19	00:55:19
492.	404.		Hammer, Harm		63. M40	6828		00:55:21	00:55:21
493.		89.	Kolzau, Manuela	STV. Voslapp	8. W45	6932		00:55:22	00:55:22
494.	405.		Klenke, Reinhard		39. M50	6437		00:55:23	00:55:23
495.		90.	Hahn, Ulrike	Road Runners Bremen	18. W35	6438		00:55:23	00:55:23
496.	406.		Sieling, Wolfgang		12. M60	6858		00:55:28	00:55:28
497.		91.	Wisbar, Britta		13. W	6363		00:55:29	00:55:29
498.		92.	Budelmann, Claudia		19. W35	6034		00:55:30	00:55:30
499.	407.		Scholz, Günter		20. M55	6402		00:55:30	00:55:30
500.		93.	Flessner, Elke	Fortuna Logabirum	30. W40	7022		00:55:31	00:55:31
501.		94.	Schweers, Sabine		9. W45	6643		00:55:31	00:55:31
502.		95.	Gerdes, Susanne	Weyher Lauftreff	4. W50	6629		00:55:35	00:55:35
503.	408.		Loth, Reinhard	Tus- Hueting	21. M55	6212		00:55:36	00:55:36
504.	409.		Samp, Enno		82. M35	6812		00:55:37	00:55:37
505.		96.	Telieps, Kerstin	TuWas Wildeshausen	31. W40	6890		00:55:37	00:55:37
506.	410.		Hinners, Kim		51. M	7023		00:55:37	00:55:37
507.	411.		Luley, Heiko	swb-runners	52. M	6733		00:55:37	00:55:37
508.	412.		Reese, Dirk	Laufgruppe Weid-Bischof-Reese	22. M55	6272		00:55:38	00:55:38
509.	413.		Krafft, Thorsten		64. M40	6594		00:55:38	00:55:38
510.	414.		Eken, Sebastian		83. M35	6071		00:55:38	00:55:38
511.		97.	Aakmann-Mimkes, Marlene	FC Hatten-Sandkrug	10. W45	7082		00:55:39	00:55:39
512.		98.	Ohlsen, Rafaela	Lifestylegroup	20. W35	7080		00:55:39	00:55:39
513.	415.		Markmeyer, Frank	VfL Stenum	84. M35	6836		00:55:39	00:55:39
514.		99.	Drews, Marlies		11. W45	6061		00:55:41	00:55:41
515.	416.		Oster, Sascha	Lauftreff Schwanewede	49. M30	6566		00:55:42	00:55:42
516.	417.		Kuhnke, Günter		65. M40	6443		00:55:42	00:55:42
517.		100.	Otto, Friederike		14. W	6851		00:55:43	00:55:43
518.	418.		Janßen, Markus		53. M	6434		00:55:43	00:55:43
519.	419.		Berger, Klemens		40. M50	7061		00:55:44	00:55:44
520.		101.	König, Bettina		11. W30	6181		00:55:44	00:55:44
521.	420.		Stemberg, Friedhelm	TSV Neuenkirchen	48. M45	6482		00:55:47	00:55:47
522.	421.		Polley, Wolfgang		23. M55	7032		00:55:47	00:55:47
523.	422.		Baudisch, Hermann	Post- SV Bremen	1. M75	6821		00:55:49	00:55:49
524.	423.		Kluge, Andreas		85. M35	6415		00:55:50	00:55:50
525.	424.		Henken, Ralf	Physio HB-Nord	86. M35	6824		00:55:51	00:55:51
526.	425.		Ihlow, Werner	TV Norden	13. M60	6155		00:55:52	00:55:52
527.		102.	Meyer, Inga		15. W	6226		00:55:53	00:55:53
528.		103.	Petermann, Susanne		16. W	6256		00:55:54	00:55:54

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
529.	426.		Morstein, Holger		66. M40	6656		00:55:55	00:55:55
530.		104.	Renken, Birgit		21. W35	6275		00:55:55	00:55:55
531.	427.		Bringmann, Georg		67. M40	6534		00:55:58	00:55:58
532.	428.		Leschke, Thomas		49. M45	6624		00:55:58	00:55:58
533.		105.	Engelbarts, Hannelore	Emder LG	12. W45	6072		00:55:59	00:55:59
534.	429.		Vogecer, Jörg		68. M40	7031		00:56:00	00:56:00
535.	430.		Strodthoff, Markus		87. M35	7094		00:56:00	00:56:00
536.	431.		Dohse, Ulrich		50. M45	6057		00:56:01	00:56:01
537.	432.		Lehmhus, Hauke		50. M30	6202		00:56:01	00:56:01
538.		106.	Dierks, Monika	Bremen 1860	32. W40	6519		00:56:02	00:56:02
539.	433.		Hoffmeister, Günter	SV Löhnhorst	14. M60	6492		00:56:04	00:56:04
540.	434.		Bösselmann, Andreas	Brinkum-Blizzards	88. M35	7051		00:56:05	00:56:05
541.		107.	Jürgens-Reimann, Steffi		17. W	6164		00:56:06	00:56:06
542.	435.		Fesser, André		51. M30	6515		00:56:07	00:56:07
543.	436.		Schwartz, Gunnar	Universum Gym	52. M30	6309		00:56:09	00:56:09
544.		108.	Bullwinkel, Tatjana	TSV Abbehausen	1. SID	6038		00:56:12	00:56:12
545.		109.	Weyers, Anne	Emder LG	22. W35	6358		00:56:12	00:56:12
546.		110.	Hoffmann, Lena		18. W	6142		00:56:17	00:56:17
547.	437.		Schindler, Peter	SV Löhnhorst	69. M40	6943		00:56:21	00:56:21
548.	438.		Müller, Klaus	SV Aderlingen	51. M45	6232		00:56:21	00:56:21
549.		111.	Conrad-Juhls, Sandra		12. W30	6447		00:56:23	00:56:23
550.		112.	Cakir, Hayriye		1. WJB	6731		00:56:23	00:56:23
551.		113.	Kutzschbauch, Astrid		13. W30	6884		00:56:26	00:56:26
552.		114.	Thiel, Regina		23. W35	6983		00:56:26	00:56:26
553.	439.		Holzhausen, Bernd		53. M30	6490		00:56:27	00:56:27
554.	440.		Christian, Sell		70. M40	6527		00:56:29	00:56:29
555.	441.		Dörschel, Jürgen		15. M60	6765		00:56:32	00:56:32
556.	442.		Bock, Bennet		54. M	6761		00:56:32	00:56:32
557.	443.		Oltmann, Wolfgang	Verein Bremer Segelfreunde	52. M45	6250		00:56:33	00:56:33
558.		115.	Urban, Sabine		24. W35	6341		00:56:35	00:56:35
559.	444.		Schumacher-Himmelskamp, Britta	ATF Portentor Bremen	89. M35	6498		00:56:36	00:56:36
560.		116.	Friede, Dagmar	BSG Sparkasse Bremen	13. W45	6796		00:56:42	00:56:42
561.	445.		Schmeling, Kai		71. M40	6297		00:56:48	00:56:48
562.	446.		Wölker, Harald	VfB Komet	4. M65	7004		00:56:50	00:56:50
563.	447.		Böhmer, Martin	Altes Gymnasium	10. MJA	6022		00:56:50	00:56:50
564.	448.		Herma, Volker		72. M40	6132		00:56:52	00:56:52
565.		117.	Behrens, Ute		25. W35	6931		00:56:55	00:56:55
566.		118.	Foraita, Ronja	BIPS	14. W30	6508		00:56:56	00:56:56
567.	449.		Bittner-Lohmann, Bodenhe		53. M45	6865		00:56:59	00:56:59
568.		119.	Friedenreich, Gerda	Weyher Lauftreff	5. W50	6860		00:57:00	00:57:00
569.	450.		Stuehmeier, Olaf	swb-runners	73. M40	6328		00:57:01	00:57:01
570.	451.		Jäger, Claus		41. M50	6156		00:57:08	00:57:08
571.	452.		Nietfeld, Volker	TuS Gie-Bre	54. M30	6246		00:57:11	00:57:11
572.	453.		Pahl, Michael		55. M30	6253		00:57:13	00:57:13
573.		120.	Gasse, Elisabeth	VfL Wolfsburg	6. W50	7059		00:57:13	00:57:13
574.	454.		Goethling, Manfred		42. M50	6518		00:57:15	00:57:15
575.		121.	Bullwinkel, Susanne	TSV Abbehausen	26. W35	6037		00:57:17	00:57:17
576.		122.	Beckmann, Ruth		19. W	6488		00:57:18	00:57:18
577.	455.		Lehmkuhl, Holger	swb-runners	74. M40	6203		00:57:19	00:57:19
578.	456.		Gaumann, Heinrich		24. M55	6880		00:57:20	00:57:20
579.		123.	Linnecke, Ulla	TSV Lahausen	7. W50	6209		00:57:20	00:57:20
580.	457.		Klugkist, Hartmut		55. M	6176		00:57:24	00:57:24
581.		124.	Leidreiter, Elfriede	Weyher Lauftreff	8. W50	6878		00:57:24	00:57:24
582.		125.	Klenke, Brigitta	TuS Huchting	1. W70	6173		00:57:26	00:57:26
583.		126.	Höhne, Susanne		33. W40	6147		00:57:27	00:57:27
584.		127.	Sevik, Nevin		15. W30	7007		00:57:30	00:57:30
585.	458.		Kurzke, Thomas		75. M40	6196		00:57:30	00:57:30
586.	459.		Maier, Jan		76. M40	6648		00:57:33	00:57:33
587.	460.		Weid, Hans-Georg	Laufgruppe Weid-Bischof-Reese	43. M50	6352		00:57:36	00:57:36
588.	461.		Kück, Michael		77. M40	6840		00:57:36	00:57:36
589.	462.		Neumann, Horst		16. M60	6242		00:57:39	00:57:39
590.		128.	Schulze-Worms, Gudrun	BSZ Findorff	14. W45	7108		00:57:40	00:57:40
591.		129.	Ohde, Sandra		20. W	6248		00:57:42	00:57:42
592.	463.		Recklies, Wolfram		25. M55	6862		00:57:43	00:57:43
593.		130.	Brüning, Conny		27. W35	6777		00:57:45	00:57:45
594.	464.		Krieger, Rainer	Weyher Lauftreff	5. M65	6909		00:57:47	00:57:47
595.	465.		Groene, Oliver		7. SB	6108		00:57:49	00:57:49
596.	466.		Harder, Nils		56. M30	6883		00:57:51	00:57:51
597.	467.		Schulze, Jens		56. M	6885		00:57:51	00:57:51
598.		131.	Timmermann, Kerstin		28. W35	6336		00:57:53	00:57:53
599.	468.		Herzig, Axel		57. M30	6134		00:57:53	00:57:53
600.	469.		Münch, Carsten	Laufgruppe Weid-Bischof-Reese	44. M50	6235		00:57:55	00:57:55
601.	470.		Evering, Gerhard		6. M65	6421		00:57:58	00:57:58
602.		132.	Heise, Birgit		29. W35	6783		00:58:00	00:58:00
603.	471.		Schön, Stefan		78. M40	7045		00:58:00	00:58:00
604.	472.		Ziems, Holger		58. M30	6374		00:58:01	00:58:01
605.	473.		Leue, Mathias		79. M40	6397		00:58:04	00:58:04
606.	474.		Wille, Hartmut		45. M50	7020		00:58:05	00:58:05
607.		133.	Bauriedl, Angela		34. W40	6009		00:58:06	00:58:06
608.	475.		Weers, Carsten	SVN Nordenham	46. M50	6814		00:58:07	00:58:07
609.	476.		Fathai, Rahmatullah	Komet	47. M50	6896		00:58:08	00:58:08
610.		134.	Wetekam, Regina		16. W30	6872		00:58:08	00:58:08
611.	477.		Piontek, Joachim		48. M50	6725		00:58:10	00:58:10
612.	478.		Hesse, Benjamin	Equipo Loco	57. M	6135		00:58:10	00:58:10
613.		135.	Pesselova, Zuzana		17. W30	6813		00:58:15	00:58:15
614.	479.		Schmidt, Roland		17. M60	7024		00:58:15	00:58:15
615.	480.		Osmer, Uwe		26. M55	6958		00:58:16	00:58:16
616.		136.	Pusch, Johanna	LG Kreis Verden	9. W50	6389		00:58:17	00:58:17

Ergebnis Einlauf >> 10km AOK Lauf <<

Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
617.		137.	Simon, Birgit		30. W35	6832		00:58:18	00:58:18
618.	481.		Rolappe, Ernst		90. M35	6283		00:58:18	00:58:18
619.		138.	Weber, Kristina		21. W	6398		00:58:19	00:58:19
620.		139.	Fichtner, Brid		18. W30	6776		00:58:20	00:58:20
621.	482.		Thöle, Rainer		54. M45	6332		00:58:20	00:58:20
622.	483.		Ruther, Markus		58. M	7053		00:58:21	00:58:21
623.	484.		Ewald, Günter		18. M60	6076		00:58:21	00:58:21
624.		140.	Remus, Britta		19. W30	6274		00:58:22	00:58:22
625.	485.		Gerdes, Dieter		27. M55	6095		00:58:22	00:58:22
626.		141.	Schneeberg, Kirsten		35. W40	6636		00:58:22	00:58:22
627.		142.	Wallentin-Ranft, Susette		15. W45	6486		00:58:23	00:58:23
628.		143.	Wilkins, Doris	Triathlon Club Bremen	36. W40	6626		00:58:23	00:58:23
629.		144.	Holzcamp, Silke		20. W30	6721		00:58:25	00:58:25
630.	486.		Gorholt, Peter	VfB Komet	28. M55	6102		00:58:25	00:58:25
631.		145.	Da Cruz, Savitri		21. W30	6051		00:58:35	00:58:35
632.		146.	Nolte, Tina-Mareen		22. W30	6247		00:58:38	00:58:38
633.	487.		Meyer-Frese, Carl-Heinz		80. M40	6227		00:58:41	00:58:41
634.		147.	Persch, Caroline		22. W	6906		00:58:46	00:58:46
635.	488.		Grossmann, Ruprecht		3. M70	6755		00:58:47	00:58:47
636.	489.		Leymann, Frank		91. M35	7074		00:58:48	00:58:48
637.		148.	van Beek, Ina		23. W30	6657		00:58:48	00:58:48
638.		149.	Thal, Cordula		24. W30	6635		00:58:48	00:58:48
639.	490.		Heitmann, Thomas		81. M40	6952		00:58:51	00:58:51
640.	491.		Haddinga, Edzard		82. M40	6388		00:58:54	00:58:54
641.	492.		Diehl, Volker		83. M40	6053		00:58:55	00:58:55
642.	493.		Jochmann, Henning		59. M	6463		00:58:56	00:58:56
643.		150.	Regenbogen, Christina	Triathloewen Bremen	23. W	6703		00:58:56	00:58:56
644.	494.		Burmeister, Michael		92. M35	6041		00:58:57	00:58:57
645.	495.		Pertold, Arthur	LG Stadtbergen	49. M50	6934		00:59:02	00:59:02
646.		151.	Steuerte, Swantje	OSC Bremerhaven	25. W30	6327		00:59:04	00:59:04
647.	496.		Lokatsch, Marc		59. M30	6502		00:59:06	00:59:06
648.		152.	Wacker, Susanne	Blau-Weiß Dörpen	26. W30	6531		00:59:09	00:59:09
649.	497.		Blechschild, Ralf		84. M40	6018		00:59:10	00:59:10
650.		153.	Hoschka, Waltraud	TSV Barrien	1. W60	6151		00:59:18	00:59:18
651.	498.		Plecher, Markus		93. M35	6623		00:59:19	00:59:19
652.	499.		Greune, Jan		85. M40	6684		00:59:22	00:59:22
653.	500.		Hamel, Jürgen		86. M40	6118		00:59:23	00:59:23
654.	501.		Wessels, Jens		60. M	6357		00:59:24	00:59:24
655.		154.	Bischoff, Karin		2. W55	6603		00:59:25	00:59:25
656.		155.	Bischoff, Claudia		27. W30	6602		00:59:25	00:59:25
657.	502.		Kunold, Stefan	TuS Walle	55. M45	6526		00:59:26	00:59:26
658.		156.	Horstmann, Angela		31. W35	6150		00:59:26	00:59:26
659.		157.	Bultmann, Annette	TSV Asendorf	32. W35	6908		00:59:27	00:59:27
660.	503.		Evering, Johannes		87. M40	6420		00:59:27	00:59:27
661.	504.		Hahn, Christian		61. M	6790		00:59:28	00:59:28
662.	505.		Schlüter, Ingo		88. M40	6296		00:59:28	00:59:28
663.	506.		Finke, Thomas		60. M30	6082		00:59:29	00:59:29
664.	507.		Schröder, Martin	Herbord	62. M	6303		00:59:33	00:59:33
665.		158.	Schröder, Claudia	BSV Bentlulle	24. W	6302		00:59:33	00:59:33
666.		159.	Klamka, Silke		33. W35	6379		00:59:36	00:59:36
667.	508.		Kasampalis, Nicolas		89. M40	6167		00:59:41	00:59:41
668.		160.	Dreßler, Gabriele	Laufftreff Donnermoor	37. W40	6613		00:59:41	00:59:41
669.	509.		Raatz, Klaus-Peter		50. M50	6974		00:59:44	00:59:44
670.		161.	Chowdhury, Sabine		16. W45	6641		00:59:48	00:59:48
671.		162.	Altig, Simone		34. W35	6505		00:59:49	00:59:49
672.		163.	Breuer, Karin		3. W55	6029		00:59:49	00:59:49
673.	510.		Niele, Frank		63. M	6592		00:59:51	00:59:51
674.		164.	Livschitz, Marina		38. W40	6211		00:59:53	00:59:53
675.	511.		Doehring, Michael		61. M30	6528		00:59:57	00:59:57
676.	512.		Drechsler, Rainer		29. M55	6842		00:59:59	00:59:59
677.		165.	Martyn, Natalia		25. W	7015		01:00:00	01:00:00
678.	513.		Gravenkamp-Drobner,		56. M45	6822		01:00:00	01:00:00
679.		166.	Cornels, Elisabeth		17. W45	6050		01:00:01	01:00:01
680.	514.		van Der Sloot, Lars		90. M40	6342		01:00:01	01:00:01
681.		167.	Buckmann, Cathrin	SG-Platjenwerbe	35. W35	6997		01:00:02	01:00:02
682.		168.	Schmidt, Betina		18. W45	6298		01:00:05	01:00:05
683.	515.		Muschkat, Steffen	swb-runners	64. M	6236		01:00:05	01:00:05
684.	516.		Fricke, Holger		94. M35	6587		01:00:06	01:00:06
685.		169.	Tacke, Birgit		36. W35	6789		01:00:08	01:00:08
686.	517.		Barfoss, Klaus	TSV Achim	7. M65	7099		01:00:09	01:00:09
687.	518.		Dilsky, Erich		57. M45	6387		01:00:09	01:00:09
688.	519.		Trage, Ralf		91. M40	6545		01:00:09	01:00:09
689.		170.	Bath, Myriam		37. W35	6008		01:00:11	01:00:11
690.	520.		Dobat, Arno		51. M50	6702		01:00:12	01:00:12
691.		171.	Eger, Nina		26. W	7048		01:00:12	01:00:12
692.	521.		Konuralp, Özden		62. M30	6182		01:00:15	01:00:15
693.	522.		Thyselius, Kay		92. M40	6998		01:00:15	01:00:15
694.		172.	Habermann, Anke		28. W30	6109		01:00:15	01:00:15
695.		173.	Förstmann, Wiebke		4. WJA	6405		01:00:16	01:00:16
696.	523.		Hillmann, Kay Christian		58. M45	6809		01:00:16	01:00:16
697.		174.	Kolkowski, Svenja		27. W	6406		01:00:17	01:00:17
698.		175.	Melchers, Bettina		38. W35	6964		01:00:17	01:00:17
699.		176.	Jarzak, Anne-Mareike		5. WJA	6653		01:00:17	01:00:17
700.		177.	Stadler, Lena		28. W	6762		01:00:18	01:00:18
701.	524.		Justies, Klaus		59. M45	6579		01:00:20	01:00:20
702.		178.	Hilkemeier, Edith		10. W50	6137		01:00:21	01:00:21
703.	525.		Coldewe, Ruediger		93. M40	6048		01:00:21	01:00:21
704.	526.		Skripalle, Manfred	ATSV Habenhausen	60. M45	6617		01:00:22	01:00:22

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
705.	527.		Koch, Julien		1. SD	6516		01:00:23	01:00:23
706.	528.		Koch, Matthias		95. M35	7069		01:00:24	01:00:24
707.	529.		Seliger, Wolfgang		30. M55	6674		01:00:26	01:00:26
708.		179.	Mebarek, Nathalie		19. W45	6639		01:00:26	01:00:26
709.	530.		Jedzig, Bernd		94. M40	6160		01:00:30	01:00:30
710.		180.	Holle, Doris		39. W40	7006		01:00:32	01:00:32
711.	531.		Ritter, Anke		31. M55	6971		01:00:36	01:00:36
712.	532.		Hoffmann, Sascha		65. M	6585		01:00:36	01:00:36
713.	533.		Habelt, Edgar		61. M45	6586		01:00:37	01:00:37
714.		181.	Campione, Luisa		29. W	6043		01:00:39	01:00:39
715.	534.		Grönning, Jan		96. M35	6547		01:00:41	01:00:41
716.	535.		Jensen, Mads		63. M30	6582		01:00:41	01:00:41
717.		182.	Homann, Almut		29. W30	6477		01:00:47	01:00:47
718.	536.		Oeljeschläger, Lothar	Brinkum-Blizzards	95. M40	6598		01:00:48	01:00:48
719.		183.	Schmaedecke, Anne	LT Ganderkese	4. W55	6533		01:00:50	01:00:50
720.	537.		Fricke, Kai Peter	Hirsch	96. M40	6611		01:00:53	01:00:53
721.		184.	Bruns, Cathrin		30. W	6446		01:00:54	01:00:54
722.		185.	Röger, Sonja		11. W50	6282		01:01:00	01:01:00
723.	538.		Schenk, Peter		52. M50	6424		01:01:01	01:01:01
724.	539.		Mehrtens, Uwe	TSV Ottersberg	97. M35	6220		01:01:05	01:01:05
725.		186.	Ihlow, Giseltraud	TV Norden	5. W55	6154		01:01:06	01:01:06
726.	540.		Kathmeyer, Stefan		64. M30	6781		01:01:07	01:01:07
727.		187.	Burgardt, Nikola		39. W35	7060		01:01:10	01:01:10
728.		188.	Bock, Jenny		31. W	7078		01:01:11	01:01:11
729.		189.	Henk, Vanessa		32. W	6442		01:01:12	01:01:12
730.		190.	Mannott, Silke		40. W35	6644		01:01:12	01:01:12
731.		191.	Niemeyer, Hildegard	Emder LG	6. W55	6245		01:01:16	01:01:16
732.		192.	Meier, Sabine		41. W35	6529		01:01:17	01:01:17
733.		193.	Bergmann, Insa		5. SIA	6620		01:01:20	01:01:20
734.		194.	Bohm, Britta		40. W40	6999		01:01:24	01:01:24
735.	541.		Junghöfer, André	HSG Hohne/Lengerich	66. M	6543		01:01:25	01:01:25
736.	542.		Mikulla, Harald		53. M50	6756		01:01:29	01:01:29
737.	543.		Escher, Daniel		67. M	6074		01:01:31	01:01:31
738.	544.		Linburg, Thomas		62. M45	6670		01:01:33	01:01:33
739.	545.		Schaa, Markus		65. M30	6288		01:01:33	01:01:33
740.	546.		Eikmeier, Jan		98. M35	6069		01:01:34	01:01:34
741.	547.		Küsel, Marlon		66. M30	6197		01:01:34	01:01:34
742.		195.	Pusch, Judith	LG Kreis Verden	33. W	6596		01:01:35	01:01:35
743.	548.		Geils, Andreas		68. M	6470		01:01:37	01:01:37
744.	549.		Schwarz, Thorsten		99. M35	6408		01:01:38	01:01:38
745.	550.		Bellmer, Sören	TSV Bederkesa	69. M	6012		01:01:42	01:01:42
746.	551.		Bellmer, Gerald	TSV Bederkesa	63. M45	6011		01:01:42	01:01:42
747.	552.		Persch, Rainer	Triathloewen Bremen	19. M60	6907		01:01:47	01:01:47
748.		196.	Marks, Petra		41. W40	6414		01:01:52	01:01:52
749.		197.	Brandhorst, Claudia		42. W35	6028		01:01:59	01:01:59
750.		198.	Wannmacher, Corinna		42. W40	6649		01:02:01	01:02:01
751.	553.		Frerichs, Frerich		64. M45	6090		01:02:12	01:02:12
752.	554.		Voigt, Bodo	TV Arbergen	8. M65	6343		01:02:12	01:02:12
753.		199.	Sauerbaum, Dinah	TSV Plön	20. W45	6287		01:02:14	01:02:14
754.	555.		Karstens, Peter		54. M50	6616		01:02:21	01:02:21
755.	556.		Beckert, Ulrich F.		32. M55	6615		01:02:21	01:02:21
756.	557.		Martins, Peter	THS Sulingen	65. M45	7076		01:02:21	01:02:21
757.	558.		Kasper, Oliver		70. M	6622		01:02:24	01:02:24
758.	559.		Hoffmann, Thomas		66. M45	6933		01:02:25	01:02:25
759.	560.		Stoltenburg, Dirk		97. M40	6802		01:02:25	01:02:25
760.		200.	Naumburg, Sandra		34. W	7008		01:02:26	01:02:26
761.	561.		Stein, Clemens		55. M50	6323		01:02:36	01:02:36
762.		201.	Frere, Cornelia		43. W35	6833		01:02:36	01:02:36
763.		202.	Wenzel, Julia	swb-runners	35. W	6380		01:02:36	01:02:36
764.	562.		Mäcker, Diana		67. M30	6569		01:02:37	01:02:37
765.		203.	Brandt, Karina	TV Grambke Bremen	30. W30	6487		01:02:44	01:02:44
766.		204.	Brandt, Steffi	Laufftreff Schwanewede	31. W30	6565		01:02:44	01:02:44
767.	563.		Sumpf, Roger		71. M	7092		01:02:45	01:02:45
768.	564.		Cizewski, Thomas		72. M	7091		01:02:45	01:02:45
769.	565.		Gomez, Martin		73. M	7090		01:02:45	01:02:45
770.		205.	Rathjen, Marlo		21. W45	7039		01:02:48	01:02:48
771.	566.		Herms, Olaf		100. M35	6133		01:02:48	01:02:48
772.	567.		Stockmann, Karl-Heinz		56. M50	7026		01:02:50	01:02:50
773.	568.		wendemeyer, Timo		68. M30	6979		01:02:51	01:02:51
774.		206.	Wöstenkühler, Evelin		22. W45	6495		01:02:51	01:02:51
775.	569.		Dreyer, Tjark	TuS Rotenburg	11. SA	7097		01:02:53	01:02:53
776.		207.	Freymark, Birthe		44. W35	7010		01:02:54	01:02:54
777.	570.		Ambrosius, Stefan		98. M40	6838		01:02:55	01:02:55
778.	571.		Schumacher, Harald		74. M	7077		01:02:55	01:02:55
779.		208.	Wenzel, Bianka	swb-runners	43. W40	6356		01:02:56	01:02:56
780.	572.		Janko, Thomas	FTSV Straubing	5. M80	6830		01:03:01	01:03:01
781.		209.	Hildisch, Gisela		7. W55	6903		01:03:02	01:03:02
782.	573.		Radula, Thomas		99. M40	6267		01:03:11	01:03:11
783.	574.		Haberhauer, Jörg		100. M40	6637		01:03:13	01:03:13
784.	575.		Steil, H.- Jürgen	BAB	4. M70	6322		01:03:14	01:03:14
785.		210.	Dopp, Hedwig	LT Wardenburger TV	23. W45	6059		01:03:14	01:03:14
786.		211.	Braden, Alice		24. W45	6875		01:03:14	01:03:14
787.	576.		Baumann, Hermann		20. M60	7005		01:03:16	01:03:16
788.	577.		Poppe, Benjamin		75. M	6264		01:03:22	01:03:22
789.		212.	Tolle-Koop, Sandra		45. W35	6394		01:03:26	01:03:26
790.		213.	Dienstmaier, Barbara		8. W55	6054		01:03:27	01:03:27
791.		214.	Martreiter, Anna		36. W	6936		01:03:30	01:03:30
792.	578.		Bengsch, Ingo		101. M35	6013		01:03:31	01:03:31

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Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
793.		215.	Rusche, Anke	TuS Varrel	44. W40	6775		01:03:32	01:03:32
794.		216.	Bischof, Gabriele	Laufgruppe Weid-Bischof-Reese	25. W45	6015		01:03:36	01:03:36
795.		217.	Dohle, Sara		2. SIB	6563		01:03:44	01:03:44
796.	579.		Götsch-Dohle, Björn		67. M45	6104		01:03:44	01:03:44
797.		218.	Paulsen, Kari		45. W40	6255		01:03:45	01:03:45
798.	580.		Dienstmaier, Uwe		57. M50	6055		01:03:50	01:03:50
799.		219.	Hepke, Marion		46. W40	6131		01:03:51	01:03:51
800.	581.		Buchterkirche, Wilfried von-null-auf-42		21. M60	6448		01:03:52	01:03:52
801.	582.		Maedje, Hermann		9. M65	7025		01:03:54	01:03:54
802.		220.	Ziegel, Gudrun		26. W45	6372		01:04:01	01:04:01
803.	583.		Lenkeit, Stephan		33. M55	6949		01:04:01	01:04:01
804.		221.	Golnik, Ute		27. W45	6100		01:04:01	01:04:01
805.		222.	Winkelmann, Amelie	BTV von 1877 Bremen	6. SIA	6987		01:04:03	01:04:03
806.	584.		Brosig, Dieter	Terry Fox Wilhelmshaven	5. M70	6031		01:04:06	01:04:06
807.	585.		Lampe-Winkelmann, Heiko	BTV von 1877 Bremen	10. M65	6986		01:04:08	01:04:08
808.		223.	Marquardt, Kerstin	TSV Wriedel	46. W35	6217		01:04:10	01:04:10
809.	586.		Bleyer, Mike	SG Bremen-Ost	102. M35	6019		01:04:12	01:04:12
810.		224.	Ludmann, Jana		32. W30	6215		01:04:15	01:04:15
811.		225.	Ahmadi-Talesh, Doryeh		47. W35	7019		01:04:21	01:04:21
812.	587.		Thomas, Frank-Torsten		34. M55	6333		01:04:23	01:04:23
813.	588.		Fihck, Wolfgang		35. M55	6982		01:04:23	01:04:23
814.	589.		Mehrtens, Lueder		11. M65	6894		01:04:24	01:04:24
815.	590.		Widemann, Klaus		68. M45	6359		01:04:26	01:04:26
816.		226.	Heim, Valentina		48. W35	6125		01:04:26	01:04:26
817.		227.	Bohlen, Kirsten		49. W35	6021		01:04:30	01:04:30
818.		228.	Lenzing, Karin		50. W35	6205		01:04:30	01:04:30
819.		229.	von Glan, Ulrike		47. W40	7009		01:04:35	01:04:35
820.	591.		Hoffmann, Stefan		103. M35	6144		01:04:36	01:04:36
821.	592.		Hagens, Tim		69. M30	6112		01:04:37	01:04:37
822.	593.		Meuter, Horst		36. M55	6484		01:04:41	01:04:41
823.	594.		Müller, Jörg		101. M40	6891		01:04:41	01:04:41
824.		230.	Perez, Marie-Luise		12. W50	6815		01:04:43	01:04:43
825.	595.		Dreyer, Norbert	ZGP	69. M45	7098		01:04:44	01:04:44
826.		231.	Siemens, Edda		51. W35	6313		01:04:55	01:04:55
827.		232.	Strodthoff, Stefani		52. W35	6826		01:04:58	01:04:58
828.		233.	Franke, Cornelia		48. W40	6088		01:04:58	01:04:58
829.	596.		Ibrahim, Mohammed		2. SC	6153		01:05:01	01:05:01
830.		234.	Kluwe, Janet		37. W	6178		01:05:03	01:05:03
831.		235.	Kunze, Klara		9. W55	6991		01:05:04	01:05:04
832.	597.		Mathia, Burkhard		58. M50	6458		01:05:05	01:05:05
833.	598.		Lauth, Eberhard		22. M60	6200		01:05:18	01:05:18
834.		236.	Rahm, Sibylle		13. W50	6450		01:05:20	01:05:20
835.	599.		Schaefer, Fred		37. M55	6449		01:05:21	01:05:21
836.		237.	Stechele, Gesa Valeria		53. W35	6320		01:05:23	01:05:23
837.	600.		Viergutz, Thomas		102. M40	6852		01:05:25	01:05:25
838.	601.		Meyer, Horst		70. M45	7049		01:05:26	01:05:26
839.		238.	Schulz, Maren	Lauftreff Sport Ziel	54. W35	6568		01:05:32	01:05:32
840.	602.		Keil, Udo		59. M50	6969		01:05:35	01:05:35
841.	603.		Tschorn, Thorben		11. MJA	6744		01:05:41	01:05:41
842.	604.		Sterthues, Ralf		71. M45	7021		01:05:47	01:05:47
843.	605.		Boettcher, Kevin		8. SB	7014		01:05:58	01:05:58
844.		239.	Tschorn, Katharina	Club zur Vahr Bremen	6. WJA	6743		01:06:02	01:06:02
845.	606.		Nickel, Sven		104. M35	6981		01:06:05	01:06:05
846.	607.		Teschner, Jürgen		38. M55	6694		01:06:17	01:06:17
847.	608.		Hauptmann, Rainer		105. M35	6685		01:06:17	01:06:17
848.	609.		Niemann, Hendrik		76. M	6688		01:06:17	01:06:17
849.		240.	Adam, Heike		55. W35	6485		01:06:20	01:06:20
850.		241.	Finke, Britta		49. W40	6081		01:06:25	01:06:25
851.		242.	Kreßling, Cornelia		33. W30	6861		01:06:25	01:06:25
852.		243.	Bernhardt, Wiebke		50. W40	6853		01:06:25	01:06:25
853.		244.	Winkler, Marion		51. W40	6362		01:06:26	01:06:26
854.		245.	Artus, Kersten		52. W40	6006		01:06:39	01:06:39
855.		246.	Köhler, Christiane		53. W40	6779		01:06:41	01:06:41
856.	610.		Dirks, Manfred		72. M45	6436		01:06:45	01:06:45
857.	611.		Röhr, Reinhard		60. M50	6784		01:06:51	01:06:51
858.	612.		Gerken, Heinz		39. M55	6097		01:06:51	01:06:51
859.		247.	Kirschke, Franziska		14. W50	6395		01:06:51	01:06:51
860.		248.	Jantzen, Stefanie		28. W45	6159		01:06:51	01:06:51
861.		249.	Boettjer, Birgit		56. W35	6834		01:06:55	01:06:55
862.		250.	Linke, Annett		57. W35	6207		01:06:58	01:06:58
863.		251.	Waerdt, Angela		58. W35	6346		01:06:59	01:06:59
864.		252.	Wüstefeld, Katrin		38. W	6537		01:07:09	01:07:09
865.		253.	Beckmann, Katrin		39. W	6539		01:07:09	01:07:09
866.		254.	Ibrahim, Hala		40. W	6383		01:07:15	01:07:15
867.		255.	Meckel, Nicole		59. W35	6801		01:07:19	01:07:19
868.		256.	Vargas, Isabel		60. W35	7034		01:07:20	01:07:20
869.		257.	Mekiska, Astrid		41. W	7033		01:07:20	01:07:20
870.	613.		Neumann, Werner	Dt. Bank	61. M50	6244		01:07:22	01:07:22
871.		258.	Brünings-Kuppe, Claudia	Bremer Institut für Präventionsforschung und Gesundheitsmedizin	54. W35	6493		01:07:35	01:07:35
872.		259.	Riekers, Bärbel		54. W40	6910		01:07:36	01:07:36
873.	614.		Peters, Joachim	Oldenburger Ruderverein	73. M45	6257		01:07:41	01:07:41
874.	615.		Blanke, Gernot	Oldenburger Ruderverein	103. M40	6017		01:07:41	01:07:41
875.		260.	Held, Tina	Equipo Loco	42. W	6129		01:07:46	01:07:46
876.	616.		Jonashoff, Bernd	SV Heiligenfelde	106. M35	6433		01:07:48	01:07:48
877.	617.		Blank, Thomas	SV Heiligenfelde	107. M35	6016		01:07:48	01:07:48
878.		261.	Hass, Mazella		62. W35	6816		01:07:49	01:07:49
879.	618.		Herbst, Klaus		74. M45	6750		01:07:49	01:07:49
880.	619.		Disselborg, Ingo		77. M	6429		01:07:50	01:07:50

Ergebnis Einlauf >> 10km AOK Lauf <<

Rang	M	W	Name	Verein	AK	SN#	Zw-Zeit	Netto	Brutto
881.		262.	Schulze, Christiane		43. W	6428		01:07:53	01:07:53
882.		263.	Steins, Dorothea		29. W45	6324		01:07:58	01:07:58
883.	620.		Warmbein, Roland		108. M35	6349		01:08:05	01:08:05
884.		264.	Stuetzie-Jung, Ellen		10. W55	6904		01:08:07	01:08:07
885.		265.	Böseler, Alexandra		63. W35	6026		01:08:08	01:08:08
886.		266.	Büring, Wiebke		44. W	7046		01:08:09	01:08:09
887.		267.	Claussen, Tanja	Hude-Wuesting	34. W30	6532		01:08:12	01:08:12
888.		268.	Sontowski, Anke		35. W30	6316		01:08:22	01:08:22
889.		269.	Schmidt, Doris		55. W40	6299		01:08:27	01:08:27
890.		270.	Oppermann, Stefanie		64. W35	6251		01:08:33	01:08:33
891.	621.		Köpke, Jens		104. M40	6183		01:08:37	01:08:37
892.	622.		Schlottfeldt, Achim		62. M50	7104		01:08:46	01:08:46
893.		271.	Berger, Andrea		65. W35	6014		01:09:00	01:09:00
894.		272.	Helmes, Uschi		11. W55	6554		01:09:01	01:09:01
895.		273.	Hoppe, Ilse	SG Platjenwerbe	12. W55	6557		01:09:24	01:09:24
896.		274.	Burkschat, Jeanette		66. W35	6945		01:09:24	01:09:24
897.	623.		Duddeck, Christine		63. M50	6063		01:09:39	01:09:39
898.		275.	Schierloh, Eleonore	VfL Stenum	30. W45	6293		01:09:40	01:09:40
899.		276.	Burkat, Petra		56. W40	6040		01:09:46	01:09:46
900.		277.	Kirschenhofer, Tanja		45. W	6171		01:10:06	01:10:06
901.		278.	Müller, Claudia		57. W40	6570		01:10:13	01:10:13
902.		279.	Janßen, Jasmin		36. W30	6571		01:10:13	01:10:13
903.		280.	Trey, Maren		3. SIB	6808		01:10:17	01:10:17
904.	624.		Olomski, Ronald		75. M45	6881		01:10:17	01:10:17
905.		281.	Werker, Anke		67. W35	6473		01:10:19	01:10:19
906.		282.	Schwiebert, Ursula	TuS Bothel	15. W50	6312		01:10:23	01:10:23
907.		283.	Zajons, Petra	Bremer Kanu Wanderer e.V.	31. W45	7096		01:10:41	01:10:41
908.	625.		Schmidt, Werner		12. M65	6960		01:11:24	01:11:24
909.		284.	Weidenhöfer, Jana		46. W	6354		01:11:50	01:11:50
910.	626.		Weidenhöfer, Henning		78. M	6353		01:11:51	01:11:51
911.	627.		Lakmann, Thomas		105. M40	6687		01:12:22	01:12:22
912.		285.	Hahn, Martina		37. W30	6115		01:12:25	01:12:25
913.	628.		Fiesel, Jens		106. M40	6837		01:12:27	01:12:27
914.		286.	Tangemann, Monika		58. W40	6407		01:12:30	01:12:30
915.		287.	Gerdas, Andrea		59. W40	6683		01:12:30	01:12:30
916.		288.	Raschke, Helga		32. W45	6270		01:12:47	01:12:47
917.		289.	Stabenow, Katja		60. W40	6318		01:12:51	01:12:51
918.		290.	Hohnhorst, Kerstin		38. W30	6148		01:12:54	01:12:54
919.		291.	Schwinghammer, Sylvia	Netzschnecken	61. W40	6874		01:13:15	01:13:15
920.		292.	Hohenester, Helga		2. W60	6146		01:13:36	01:13:36
921.		293.	Preuschhaft, Jessica	TuS Ofen	47. W	6655		01:13:39	01:13:39
922.		294.	von Der Heide, Kerstin		68. W35	6597		01:13:51	01:13:51
923.		295.	Keßler, Bianca	laufen-aktuell	39. W30	6678		01:14:06	01:14:06
924.		296.	Hobein, Hilke		69. W35	6141		01:14:15	01:14:15
925.		297.	Weber, Martina	TUS Heidkrug Delmenhorst	33. W45	6350		01:14:55	01:14:55
926.	629.		Kettelhake, Frank		109. M35	6461		01:15:32	01:15:32
927.		298.	Kettelhake, Sandra		40. W30	6460		01:15:32	01:15:32
928.		299.	Braje, Eva		48. W	6759		01:15:38	01:15:38
929.	630.		Spranz, Wolfgang	Ruderclub Hansa	40. M55	6940		01:16:26	01:16:26
930.		300.	Kurscheid, Karoline		70. W35	6195		01:17:21	01:17:21
931.		301.	Schulz, Katrin		71. W35	6681		01:17:21	01:17:21
932.		302.	Schumacher, Nadine		41. W30	6715		01:17:27	01:17:27
933.		303.	V.D. Wittenboer-Beier, Berrie		72. W35	6720		01:17:53	01:17:53
934.		304.	Obel-Dümke, Lieselotte		16. W50	7081		01:18:42	01:18:42
935.		305.	Dammann, Helke		73. W35	6621		01:18:42	01:18:42
936.	631.		Lassmann, Bernd		107. M40	7065		01:19:26	01:19:26
937.	632.		Popp, Roland		64. M50	6263		01:20:11	01:20:11
938.	633.		Gerhard, Joachim		108. M40	6096		01:20:11	01:20:11
939.		306.	Finkernagel, Ulrike		13. W55	6083		01:20:11	01:20:11
940.		307.	Evers, Jutta		17. W50	6075		01:20:50	01:20:50
941.	634.		Abel, Nils	Team Bittel	2. SD	6002		01:22:21	01:22:21
942.		308.	Abel, Svea	Team Bittel	2. SID	6003		01:22:21	01:22:21
943.		309.	Abel, Michaela	Team Bittel	74. W35	6001		01:22:21	01:22:21
944.	635.		Hastedt, Jürgen	TUS Bothel	109. M40	6823		01:24:12	01:24:12
945.		310.	Rancke, Frauke		18. W50	6268		01:27:52	01:27:52
946.	636.		Steffen, Theodor		2. M75	6760		01:31:55	01:31:55
947.		311.	Ottersberg, Simone	LT Klinik Norddeich	75. W35	6810		01:32:42	01:32:42
948.	637.		Zander, Carsten		110. M35	6371		01:32:42	01:32:42
949.	638.		Helms, Peter	LT Schwanewede	65. M50	6130		01:32:43	01:32:43
950.		312.	Weichert, Ina	laufftreff schwanewede	76. W35	6351		01:32:45	01:32:45
951.	639.		Reckeweg, Dennis		79. M	6271		01:39:19	01:39:19
952.		313.	Koenders, Janke		49. W	6646		01:39:19	01:39:19
953.		314.	Stellmacher, Marion		62. W40	6426		01:41:08	01:41:08